# CITY OF PALOS HILLS **RESOURCE & RECREATION**



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# PALOS HILLS FRIENDSHIP FEST 2024 107th and 88th Avenue



# Thursday, July 11 6:00 - 10:30 pm

All Around Amusements 6: 00-10 pm
One Price Day of \$30 from 6: 00-10 pm
Food Court opens at 6: 00 pm
Free face painting by
Paint on Me Inc. - 6:30-8:30 pm
Music Line-up - Beer Garden
Hill Billy Rockstarz - 7: 30-10: 30 pm
(Country band)

# Friday, July 12 6:00 - Midnight

Special Needs Time - 3: 00-5: 00 pm
All Around Amusements - 6: 00-11: 30 pm
One Price Day of \$35 from 6: 00-11: 30pm
Food Court Opens at 6: 00 pm
BINGO 7 - 10: 00 pm
Music Line-up - Beer Garden
The Chicago Experience - 6: 00-8: 15 pm
(Rock)
Infinity - 9: 00-11: 30 pm (Rock)

# Mega Passes

\$50.00 if purchased - July 11th by Noon \$60.00 at Friendship Festival Advanced purchase of Mega Passes available only at Palos Hills Community Center.

# Saturday, July 13 Noon - Midnight

All Around Amusements - 12-11: 30 pm
Pay One Price of \$30 from 12 - 5: 00 pm
\$35 from 5: 00pm - close
Food Court Opens at noon
Arts & Crafts Vendors - 12-8: 00 pm
Palos Hills Horsemen Association - 1-4: 00 pm
Free Pony Rides & Petting Zoo 1 - 5: 00 pm
BINGO 7: 00-10: 00 pm

Kid's Entertainment - 2 - 3: 00 pm
Scribble Monster

Music Line-up - Beer Garden
The Ron Burgundy's - 6: 00-8: 15 pm
(80's)
American English - 9: 00-11: 30 pm
(Beatles cover band)

# Sunday, July 14 1:00 - 10:30 pm

All Around Amusements - 1: 00-10: 30 pm
Pay One Price of \$30 from 12 - 5: 00 pm
\$35 from 5: 00pm - close
Food Court Opens at noon
Arts & Crafts Vendors - 1-10: 00 pm
Palos Hills Horsemen Association - 1-4: 00 pm
Free Pony Rides & Petting Zoo - 1 - 5: 00 pm
BINGO 7-10: 00 pm

\*\*Vid's Entertainment - 2 - 2: 00 pm

*Kid's Entertainment -* 2 - 3: 00 pm Reptile Den

# Music Line-up - Beer Garden

Ambidextrous - 4:45-6:15 pm (Pop/Rock) Anthem (Rock) - 7:00-10:30 pm Fireworks at Dusk!

### DOUBLE K PRODUCTIONS CLASSIC CAR SHOW

Sunday, July 14
9:00 am - 4:00 pm
Registration - 9 am
\$25 day of the show
www.doublekproductions.com

### **Park Memorial Program**

The City of Palos Hills offers an opportunity for you to honor a loved one in a special way through our park memorial program. Opportunities are available to purchase an oak tree with a plaque or park bench with a plaque at Bennett Park. For more information, please call Kristin at the Palos Hills Community Center, 708-430-4500.



### **2024 Beautification Contest**

With the beautiful days of spring upon us, Alderman Kleefisch, the Beautification Committee and the Community Resource Department want to inform residents that we are preparing to conduct our annual beautification contest for residences, businesses, multiple family residences, churches and schools. Over the past 17 years, we have had many positive comments about this friendly competition, which encourages everyone to put their gardening and decorating talents to good use.

Last year Aldermen nominated at least ten residents in their Ward. In addition, you can choose to nominate your neighbor or local business, also. You can email your nomination to recreation@paloshillsweb.org or either mail or drop off your nomination to the Community Resource Department at 8455 W. 103rd Street, Palos Hills. If you are nominating someone or a business, please provide your name and phone number, as well as that of the person or business you are nominating. A completed nomination form gives that property an opportunity to be judged as a possible winner. However, the judges must determine that the property rates highly in all or a majority of the categories. Upgrading your property from two years ago should improve your chances.

All judging will be conducted by local Aldermen and volunteers. Due to time constraints, the judges will focus solely on front and side yards. Our judges will be rating properties in these categories: general appearance of buildings, fencing and edging, and overall landscaping including lawns, shrubs, evergreens, trees and color accents.

All winners will receive a certificate of recognition at an awards ceremony and a lawn sign. <u>Each ward will also have a grand prize winner (multiple in each ward depending on scoring) and will receive a prize.</u>

Start sprucing up your property, and planting your spring annuals as you add to the overall beauty of our attractive city and enhance the quality of life for everyone in Palos Hills. Good Luck to All! The contest entry form is on the next page.



# City of Palos Hills 2024 Beautification Contest Entry Form



Homeowner's Name:
Address:Ward property is in:
Phone: E-mail:
Nominator's Name:
Phone:E-mail:
Please check the appropriate box:
Home Townhome Condo Multi-family
Retail Business Religious BuildingBanking Institution
Service Station Commercial Building Restaurant
Our judges will be rating properties in these categories:  1. General appearance of buildings, fencing and edging  2. Overall landscaping  • Lawns  • Shrubs, evergreens and trees  • Color accents  3. Only those properties who have completed an entry form will be judged.  4. Judging will focus solely on front and side yards.  5. Winners from the 2023 Beautification Contest are not eligible to enter until 2025.  6. Judging will take place from August 5 to 9, 2024.  7. All entries must be received by August 2, 2024 at 5:00 pm.
Please read carefully. I understand that by entering the 2024 Beautification contest I allow, should I be a winner, the City of Palos Hills to publish a photograph, my family name and the address of my home in published material, including City website in connection with the contest. I release and agree to hold the City of Palos Hills, its agents, and its contractors harmless from any and all claims, damages, or liabilities resulting from entry into the Beautification Contest and I agree not to bring any such claims against the released parties at any time in the future. If I am not the owner on record I am over 18 years of age and have the full right and authority to execute this Release and Waiver.  Signature  Date
Signature Date

Community Resource & Recreation Dept. 8455 W. 103rd Street

> (708) 430-4500 Fax (708) 430-8376

Palos Hills, IL 60465

Website: www.paloshillsweb.org Email: recreation@paloshillsweb.org Facebook—City of Palos Hills Resource and Recreation Department

### Mission Statement

The Palos Hills Community Resource & Recreation Department (CRD) strives to maximize its resources to provide the community with high quality, diverse and economic leisure opportunities; through open space preservation, park development, administration and active and passive recreational program offerings.

### Americans with Disabilities Act

In compliance with the Americans with Disabilities Act, the City of Palos Hills Community Resource & Recreation Department will make reasonable accommodations for individuals with a disability when using facilities or programs to enable participation. If you have any questions about the Park Department's compliance, please contact the Palos Hills Community Resource & Recreation Department at 430-4500.

### **Special Recreation**

The Palos Hills Community Resource & Recreation Department is a cooperative member of the Oak Lawn Park District Special Recreation Agency. Residents of Palos Hills with special needs can participate in programs at Oak Lawn at the resident rate. Brochures for Oak Lawn Park District Special Recreation, 708-857-2200, programs are available at the Palos Hills Community Center, 8455 W. 103rd St.

### Registration

Because we cannot control when the post office delivers this publication to all of our residents, please call the Community Center to ask when resident and non-resident registration begins.

### Staff

Kristin Violante, Commissioner Sandy DeMoor, Community Resources Supervisor Lisa Kline, Office Clerk Kelly Schaefer, Youth Supervisor

### City of Palos Hills Recreation Board

Mayor Gerald R. Bennett Alderman Dawn M Nowak, Chairman Alderman Marty Kleefisch Alderman Pauline Stratton

### City of Palos Hills Community Resource Board

Mayor Gerald R. Bennett Alderman Mike Price, Chairman Alderman Pauline Stratton Alderman Phil Abed

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# **FALL TOT SCHOOL**

### **TOT-STUFF PLAYSCHOOL**

Tot Stuff Playschool is a balanced program designed to meet the educational, social, creative and emotional needs of children. Each class will include pre-academic reading skills; learning games for colors, shapes, and letters; circle time; songs; and play time. **Kids must be potty-trained in order to attend.** 

Parents of first time registrants should bring a copy of their child's birth certificate along with their registration form. Due to purchasing supplies in advance, no refunds or credits will be given after the first day of class. In order to provide consistency to our students, no new students will be accepted after the first session. Your child will have to wait until the winter 2025 session to register. Students enrolled in playschool may come in and drop off supplies on Wednesday, August 14 from 10:00 am - noon. Note: No class September 2, October 14, November 5, 11, 26-29.

A \$50.00 non-refundable, non-transferable deposit is required to hold your spot for the 2024/2025 school year. Full payment for at least the first session must be paid by July 5 or your spot may be given to the next child on the waiting list.

### 4 & 5 year olds — WAIT LIST ONLY!

**Location:** Community Activity Center

Ages: 4 & 5 years old (Must be 4 by September 1, 2024)

**Time:** 9:00 - 11:30 am

Days: Mondays, Wednesdays & Fridays

**Dates:** Session 1 August 19 - October 11 (23 classes) #220704-A R:\$299.00/\$319.00

**Session 2** October 16 - December 20 (25 classes) **#220704-B** R:\$325.00/\$345.00 **Session 1 Balance #220704-C** R:\$249.00/\$269.00

Session 1 Deposit #220704-D \$50.00

Maximum: 15 students

**Teacher:** Ms. Kelly **Assistant:** Mrs. Hearne

### 3 & 4 year olds

Ages: 3 years old (Must be 3 by September 1, 2024)

**Time:** 9:30 - 11:30 am

**Dates:** Session 1 August 20 - October 10 (16 classes) #220705-A R:\$192.00/\$212.00

 Session 2
 October 15 - December 19 (17 classes)
 #220705-B
 R:\$204.00/\$224.00

 Session 1 Balance
 #220705-C
 R:\$142.00/\$162.00

Session 1 Deposit #220705-D \$50.00

Maximum: 13 students

Note: This class will meet on Friday, December 20 for the Holiday Show.

Time: Noon - 2:00 pm (\*This class needs 5 students to run.)

**Dates:** Session 1 August 20 - October 10 (16 classes) #220707-A R:\$192.00/\$212.00

 Session 2
 October 15 - December 19 (17 classes)
 #220707-B
 R:\$204.00/\$224.00

 Session 1 Balance
 #220707-C
 R:\$142.00/\$162.00

Session 1 Deposit #220707-D \$50.00

Note: This class will meet on Friday, December 20 for the Holiday Show.

Days: Tuesdays & Thursdays

**Teacher:** Ms. Kelly **Assistant:** Mrs. Hearne

# **SMALLS & EARLY CHILDHOOD PROGRAMS**

### FALL START SMALL. - PRE-PLAYSCHOOL CLASS

Join us for SMALLS. This 90 minute class is perfect for those just beginning to leave mom, dad, or other caregivers for a short time or are too young for preschool. We will introduce school skills, math and reading readiness, and have fun doing it. Kids do not need to be potty-trained but parents need to be available by phone. Teachers cannot change diapers.

Location: Community Activity Center

9:30-11:00 am Time:

Tuesdays & Thursdays Day:

Dates: Session 1: August 27 - October 17 (16 classes) #220702-A #220702-B

Session 2: October 22 - December 19 (15 classes)

Not November 5, 26, 28

Session 1: Resident: \$144.00 Non-Resident: \$164.00 Cost:

Session 2: Resident: \$135.00 Non-Resident: \$155.00

Wednesdays & Fridays Day:

Session 1: August 28 - October 18 (16 classes) Dates: #220703-A #220703-B

Session 2: October 23 - December 20 (16 classes)

Not November 27, 29

Session 1: Resident: \$144.00 Non-Resident: \$164.00 Cost:

Session 2: Resident: \$144.00 Non-Resident: \$164.00

2 - 3 year olds Age:

Min/Max: 4/9

Teacher: Ms. Sophia



# SOCCER FOR KIDS

The Recreation Department is excited to announce that we have partnered with No 23 Futbol and owner/player/coach, Michael Szaflarski, to provide elite soccer training for area youth. Michael is a professional soccer player as well as a coach at Harry S. Truman College in Chicago. He is very excited to partner up with us to provide the Palos Hills area with expert training. Coach will be available for an informational meeting on **Saturday, May 11, at 10:00am at the Palos Hills Community Center.** Please note that the first week of registration is open to Palos Hills residents only. Non-residents can begin registering a week after residents. Please call 708-430-4500 to determine when registration begins.

### SOCCER (3-5 year olds)

This class will meet twice a week. The first week will include fun games related to the sport and then each week after will include passing, dribbling and shooting drills. Wear gym shoes and shin quards.

Ages: 3-5 years

Days:Tuesday & WednesdayLocation:Community Activity Center

**Dates:** Session 1: June 4—June 26 #121013-1

Session 2: July 9—July 31 #121013-2

**Time:** 4:30—5:30 pm

Cost R: \$80.00/Session NR: \$100.00/Session

Min/Max: 4/8

### SOCCER (6-8 year olds)

This class will meet twice a week. The first week will include fun games related to the sport and then each week after will include passing, dribbling and shooting drills. Wear gym shoes and shin quards.

Ages: 6-8 years

Days:Tuesday & WednesdayLocation:Community Activity Center

**Dates:** Session 1: June 4—June 26 #121014-1

Session 2: July 9—July 31 #121014-2

**Time:** 5:40—6:55 pm

Cost R: \$80.00/Session NR: \$100.00/Session

Min/Max: 4/12

### SOCCER (9-11 year olds)

This class will meet twice a week. The first week will include fun games related to the sport and then each week after will include passing, dribbling and shooting drills. Wear gym shoes and shin quards.

Ages: 9-11years

Days: Tuesday & Wednesday Location: Community Activity Center

Dates: Session 1: June 4—June 26 #121015-1

Session 2: July 9—July 31 #121015-2

**Time:** 7:05—8:20 pm

Cost R: \$80.00/Session NR: \$100.00/Session

Min/Max: 4/12

# EARLY CHILDHOOD KARATE

### **ILLINOIS SHOTOKAN KARATE**

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

In our **Pre-Karate** Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

**Location:** Apollo Recreation Center (12521 S. Kostner, Alsip) - Gym #2

**Day:** Fridays

Date: June 14—August 23

**Cost:** \$157.00

**Age:** Pre-Karate - 4 - 6 years

Times: <u>Pre-Karate</u>

4:30 - 5:15 pm Beginner (no prior experience) #120220-1 5:20 - 6:05 pm Continuing (White w/stripes & up) #120220-2



# ONE DAY YOUTH SPORT TOURNAMENTS

NO.23 Futbol will be putting on mini tournaments throughout the summer. During the one-day tournament, the coach will allocate the first 10-15 minutes to explain the rules to the players and organize them into their respective teams. Following this, the tournament will commence with staggered gameplay, where all matches contribute to the ranking within the group. This format ensures that every game played during the tournament carries significance in determining the overall standings of the team. Ending times are tentative, depending on how many teams we are able to get. If your child would like to be placed on a team of four with specific kids, please let us know at registration.

### INDOOR SOCCER TOURNAMENT

**Location:** Community Activity Center

Day/Date: Saturday, June 15 Age 7-9 years old

Time: 12:30-4:00pm—ending time tentative

Cost: \$25.00/person #130205-1

### INDOOR SOCCER TOURNAMENT

**Location:** Community Activity Center

Day/Date: Saturday, June 22 Age 10-12 years old

Time: 12:30-4:00pm—ending time tentative

**Cost:** \$25.00/person #130205-2

### INDOOR BASKETBALL TOURNAMENT

**Location:** Community Activity Center

Day/Date: Saturday, July 13
Age 7-9 years old

Time: 12:30-4:00pm—ending time tentative

**Cost:** \$25.00/person #130207-1

### INDOOR BASKETBALL TOURNAMENT

**Location:** Community Activity Center

Day/Date: Saturday, July 20 Age 10-12 years old

Time: 12:30-4:00pm—ending time tentative

**Cost:** \$25.00/person #130207-2

# NATURE PROGRAMS AT BENNETT PARK

The Palos Hills Resource & Recreation Department is excited to announce that we have a local resident, Christine Purol, who will be teaching kids' nature classes. Christine has a wealth of experience teaching classes about everything nature related. All programs will meet at the pavilion on the east side of the Bennett Park. If you have any questions about any of these programs, please give us a call at 708-430-4500. Children in 2– 4 year old classes must be accompanied by an adult.

### **BEES & BUTTERFLIES AT WORK**

What are pollinators and what do they do? Bennett Park is full of different types of pollinators. Learn the role of pollinators on the entire ecosystem. Kids will build their own pom-pom pollinator and make a butterfly bath.

Day/Date: Saturday, June 8

Time: 10:00-10:30am— 2– 4 year olds #160010—1

10:40-11:25am—5 -7 year olds #160010—2 11:35—12:35 pm - 8 - 12 year olds #160010—3

Cost: \$5.00/class Minimum: 3

### HELPING POLLINATORS

Now that we know what pollinators are and what do they, we will proceed to the next part of this class. Why do native plants help pollinators? How can we help them? We will play a match game and make a seed bomb..

**Day/Date:** Saturday, June 22

Time: 10:00-10:30am— 2– 4 year olds #160200—1

10:40-11:25am—5 -7 year olds #160200—2 11:35—12:35 pm - 8 - 12 year olds #160200—3

Cost: \$5.00/class Minimum: 3

### **SOIL & BUGS**

What are those little things under our feet? We will explore bugs in action on a nature walk and create a bug hotel!

Day/Date: Saturday, July 27

Time: 10:00-10:30am— 2- 4 year olds #160300—1

10:40-11:25am—5 -7 year olds #160300—2 11:35—12:35 pm - 8 - 12 year olds #160300—3

Cost: \$5.00/class Minimum: 3

### **ANYONE CAN GROW!**

How does soil help plants grow? Run a relay race to learn the essentials of growing and take home your own seed.

Day/Date: Saturday, August 3

Time: 10:00-10:30am— 2– 4 year olds #160400—1

10:40-11:25am—5 -7 year olds #160400—2 11:35—12:35 pm - 8 - 12 year olds #160400—3

Cost: \$5.00/class Minimum: 3

# NATURE PROGRAMS AT BENNETT PARK—Con't

### RECYCLING

What is recycling? Why is plastic bad for the environment? How can we give a new life to single use plastics and paper? Put on your thinking caps to turn plastic into something new and make your own homemade paper.

Day/Date: Thursday, June 13

Time: 6:00—7:00 pm - 8 - 12 year olds #160500-1

Cost: \$5.00/class Minimum: 3

### STEM BOAT BUILDING COMPETITION

Why do things float? How did people throughout history use natural resource to create? Find out and compete to build and race a boat.

Day/Date: Thursday, June 20

Time: 6:00-7:00pm—8 -12 year olds #160600-1

Cost: \$5.00/class Minimum: 3

# YOUTH KARATE

### **ILLINOIS SHOTOKAN KARATE**

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

ISKC's karate classes offer a good mix of strength training, with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth and Adult classes train together.
- Beginner students will not be permitted to register into the current session after the second class
  has met. Registration for continuers through advanced students will be accepted after the start
  date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

**Location:** Apollo Recreation Center (12521 S. Kostner, Alsip) - Gym #2

**Day:** Fridays

Date: June 14—August 23

 Cost:
 \$157.00

 Age:
 7 years & up

 Times:
 Youth/Adult

6:15 - 7:10 pm Beginner/Continuer (White-Red Belts) #130241-1 7:15 - 8:10 pm H130241-2

<sup>\*</sup>Please note that the Youth and Adult classes will train together.

# **SUMMER CAMP**

### **FULL DAY CAMP**

### (Entering Kindergarten - 7th Grade)

Spend the day participating in a variety of events. Each day will be filled with something different to do: games, crafts, sports, theme days and more. Campers will participate in a special event most sessions. Those events are listed by session. A parent meeting will be held on June 6 at **No camp July 4 or July 15.** 

**Location:** Community Activity Center

Days: Monday - Friday

Dates: Session 1 June 10 - June 21—Reptile Show, In House Field Trip
Session 2 June 24 - July 5 - Foam Party, In House Field Trip
Session 3 July 8 - July 19 - Palos Lanes, Bowling
Session 4 July 22 - Augusts 2 - Science Show, In House Field Trip
Session 5 August 5 - August 9 - End of summer Bash
Whole Summer June 10—August 9
#130651-A
#130651-B
#130651-B

Cost: Session 1 R:\$263.00/NR:\$283.00

Session 2 R:\$237.00/NR:\$257.00 Session 3 R:\$237.00/NR:\$257.00 Session 4 R:\$263.00/NR:\$283.00 Session 5 R:\$132.00/NR:\$152.00

Whole Summer R \$1018.00/NR: \$1108.00 (10 % discount is reflected in fee.)

**Time:** 9:00 am - 4:00 pm

**Note:** Kids entering kindergarten in the fall are eligible for this camp. Those entering 4/5 year old preschool in the fall should enroll in tot camp.

Maximum/Session: 60 campers

### TOT CAMP

### (3 - 4 years old)

This camp is for those who are 3 - 4 years old. It is taught by our Playschool teachers who have years of experience in the preschool setting. Come and play the summer away with us. **Kids must be potty trained! No exceptions please.** We will play, make crafts, listen to stories, and play with our friends. **No camp July 4.** 

**Location:** Community Activity Center **Day:** Tuesday through Thursday

**Dates:** Session 1: June 11—July 11, not July 4 #120645-1

Session 2: July 16-August 8 #120645-2

**Time:** 9:00-11:30 am

**Cost:** Session 1: R:\$132.00/NR:\$152.00

Session 2: R:\$113.00/NR: \$133.00

**Ages:** 3 - 4 years old

Min/Max: 8/12

**Note:** Those kids still in preschool in the fall are eligible for this camp. Those kids entering kindergarten in the fall should register for full day camp. This camp fills quickly!

# KIDS COOKING & MAGIC

### **CULINARY CREATORS**

Join us for an hour of fun in the kitchen. We will spend the first class searching for fun recipes to make throughout the summer. Let your creativity wander. Please let staff know about any food allergies or restrictions. Please bring a container to bring home any leftovers. **Perfect after camp** 

program!

**Location:** Community Activity Center

Dates: June 11 - August 6

**Day:** Tuesdays

**Time:** 4:00 - 5:15 pm **#130927-1** 

**Ages:** 5 - 8 years old **Cost:** R:\$56.00/NR:\$61.00

**Min/Max**: 4/8

### **CULINARY CREATORS TOO!**

Join us for an hour of fun in the kitchen. We will spend the first class searching for fun recipes to make throughout the summer. Let your creativity wander. Please let staff know about any food allergies or restrictions. Please bring a container to bring home any leftovers. **Perfect after camp program!** 

Location: Community Activity Center

Dates: June 13 - August 8, Not July 4

Day: Thursdays

**Time:** 4:00 - 5:15 pm **#130927-2** 

**Ages:** 9 - 12 years old **Cost:** R:\$48.00/NR:\$68.00

Min/Max: 4/8

### **MAGIC CLASS**

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught at each class!

**Location:** Palos Heights Recreation Center (6601 W. 127th St.)

**Day/Date**: Tuesday, June 11 #130431-1

Time: 6:45 - 7:40 pm Ages: 5 - 12 years old

**Cost:** \$23.00

Min/Max: 5/30 Instructor: Gary Kantor

# HORSEBACK RIDING LESSONS & CAMPS

# HORSEBACK RIDING LESSONS PALOS HILLS NEW TRADITIONS RIDING ACADEMY 10100 S. KEAN AVE. PALOS HILLS 708 598-7718

New Traditions Riding Academy, LLC is dedicated to provide you with the highest level of horsemanship. Classes for all experience levels, beginner to advanced. Classes available year round (January—December)

Please Note:

- 1. Classes are offered for children & adults. Minimum Age: 7 years
- 2. All riders must wear long pants and a shoe with a heel no higher than 1 1/2 inches.
- 3. All riders must sign a release waiver and wear an ASTM/SEI Certified Riding Helmet. Helmet rental is two dollars per lesson and are available for purchase for \$39.95. SALES ON HEADGEAR ARE FINAL!
- 4. All lessons are supervised, but riders are reminded that all riding is done at your own risk.
- 5. Each participant will register at the Community Center but will need to set up their own riding dates with the academy. Call 598-7718 for lessons.
- 6. For more information on all class schedules, go to newtraditionridingacademy.com Riding levels are assigned at the discretion of the instructor.

### Beginners Horseback Riding Lessons

Sun: Noon/Adult Beginner Class #170215-G (5)/H(10)

Mon. 4:30pm #170215-A (5) / B (10) Wed. 4:30 pm #170215-C (5) / D (10) Sat. 2:30 pm #170215-E (5) / F (10)

COST: (5 Lessons) \$265.00 (10 Lessons) \$530.00

### **CAMP**

Riding Camps (ALL CAMPS ARE ONE WEEK IN DURATION MONDAY-THURSDAY)
Location: Palos Hills New Traditions Riding Academy 10100 S. Kean Ave., Palos Hills

**BEGINNER** Riding camp for riders with little to no riding experience. All riders will ride one hour per day, as well as have lessons on horse handling techniques. Riders will learn basic control of the horse in the saddle of their choice. There will be exercises in moving the horse forward and stopping, turning and circling, and riding the sitting and posting trot. Participants will develop correct riding positions through guided explanations, exercise techniques and demonstrations. Stable management will also be discussed. Please bring a lunch and water bottle daily!

June 17 - 20 **#170204-A** June 24 - 27 **#170204-B** July 22-25 **#170204-C** 

**Time:** 10:00 am - 3:00 pm, Monday-Thursday **Cost:** \$400.00

**PONY** camp is the pride of our riding academy. A way for the wee ones to get a positive experience on our wonderful ponies and small horses. Riders will have pony rides for the first hour of camp, then to the barn for grooming and brushing. The third hour is lunch (woohoo!) and a special art project each day. Please bring a lunch and water bottle daily!

July 15 - 18 #170206-A July 22-25 #170206-B

**Time:** 10:00 am - 1:00 pm, Monday-Thursday **Cost:** \$250.00

New Traditions Riding Academy through the New Beginnings Therapeutic Riding Foundation is offering therapeutic riding lessons. Lessons are offered at Palos Hills Riding Stables by a PATH, International Certified Instructor. For more detailed information, please call 598-7718.

# MUSIC INSTRUCTION

We are happy to be collaborating with Palos Music Instruction in Palos Hills for piano, voice and guitar lessons. All lessons take place at their store located at 10604 S. Roberts Road. After registration, please call Frank at 708—974-8002 to schedule a lesson time and day.

### Piano-NEW!

Lessons are available for students 3 years to adult. Learn fundamentals of sight reading, technique, theory and most of all, play songs! Lesson books are sold separately through Palos Music Instruction for any given age and skill level. This is an 8-week program (1 lesson/week). Monday-Thursday time, 2:00-8:00pm Fridays, 2:00-6:00pm and Saturdays, 8:00am—2:00pm. (30 minute private individual lesson.) Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week in June.

#340202-1 R: \$176.00/NR: \$186.00

### Voice -NEW!

Lessons are available for students 8 years to adult. Learn fundamentals of breathing, posture, tone, diction, intonation and most of all sing songs! Sheet music is sold separately through Palos Music Instruction for your song of choice. This is an 8-week program (1 lesson/week). Monday-Thursday time slots available, 2:00-8:00pm, Fridays, 2:00-6:00pm and Saturdays, 8:00am—2:00pm (30 minute private individual lesson.) Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week of June.

#340203-1 R: \$176.00/NR: \$186.00

### Guitar -NEW!

Lessons are available for students 7 years to adult. Learn fundamentals of sight-reading, tablature, technique, theory, rhythm and learn to play songs of choice from a variety of styles! Books and sheet music are sold separately through Palos Music Instruction. This is an 8-week program (1 lesson/week). Monday-Thursday time slots available, 10:00am—8:00pm, Fridays, 10:00am–6:00pm and Saturdays, 8:00am—2:00pm (30 minute private individual lesson.) For homeschoolers daytime hours are available. Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week of June.

#340204-1 R: \$176.00/NR: \$186.00



# **ADULT KARATE**

### **ILLINOIS SHOTOKAN KARATE**

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

ISKC's karate classes offer a good mix of strength training, with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth and Adult classes train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

**Location:** Apollo Recreation Center (12521 S. Kostner, Alsip) - Gym #2

**Day:** Fridays

Date: June 14—August 23

 Cost:
 \$157.00

 Age:
 7 years & up

 Times:
 Youth/Adult

6:15 - 7:10 pm Beginner/Continuer (White-Red Belts) #130241-1 7:15 - 8:10 pm H130241-2

# When does registration begin?

Please call the Community Center at 708-430-4500 to determine when resident registration begins. Non-resident registration will begin one week following resident registration. Mail in and drop off registrations will be placed in open program slots in the order they are received. Registrants will be notified of any class conflicts at the time of registration.

<sup>\*</sup>Please note that the Youth and Adult classes will train together.

# **BAKING CLASSES - NEW!**

The Recreation Department is excited to announce that local resident, Reem Barham, will be bringing her unique baking skills to our residents and teaching baking classes. Reem comes with years of work experience as a baker and cake decorator. Her passion is evident and will be a great asset to our Community.

Please come to each class with your hair either in a hat or pulled back and bring a Tupperware container for left over food. If you are interested, you can also wear an apron. Dress comfortably, but please do not wear open toed shoes. Please let us know if you do not want your picture taken as we will be documenting each class in pictures.

The price for each class includes all ingredients. Sign up quickly, space is limited! **Maximum of 8** people per class.

### **CLASS #1 - BUTTER COOKIES**

**Location:** Community Activity Center

Day/Date: Saturday, June 22

**Age:** 18 & older **Time:** 10:30-11:30am

Cost: \$30.00 #160550-1

CLASS #2 - PIZZA

**Location:** Community Activity Center

Day/Date: Saturday, June 29

Age: 18 & older Time: 10:30-noon

Cost: \$35.00 #160551-1

**CLASS #3 - CHOCOLATE CHIP COOKIES** 

**Location:** Community Activity Center

Day/Date: Saturday, July 20

**Age**: 18 & older **Time**: 10:30-11:30am

Cost: \$30.00 #160552-1

**CLASS #4 - BANANA CUP CAKE** 

**Location:** Community Activity Center

Day/Date: Saturday, July 27
Age: 18 & older
Time: 10:30-noon

Cost: \$35.00 #160553-1

CLASS #5 - CUP CAKE & DECORATING (2 day class!)
Location: Community Activity Center

Day/Date: Friday, August 9 & Saturday, August 10

Age: 18 & older

Time: Friday—3:00-4:30pm & Saturday-10:30-noon

Cost: \$50.00 #160554-1

# **ADULT YOGA**

### SENIOR CHAIR YOGA

A gentle class where most poses are done seated or standing with the assistance of a chair. Increase strength and range of motion as well as regain balance. Please bring a small pillow or blanket to class. Wear clothing that allows movement. It is recommended but not mandatory that you wear footwear (you may keep your socks on) that can be easily removed and replaced for class. Even the muscles and tendons of the feet and toes need yoga! Breathing techniques to increase awareness and relax the nervous system. **No class May 27**.

**Location:** Community Activity Center

**Dates:** Session 1 May 13 - June 24 #150912-A

**Session 2** July 8 - August 26 #150912-B

**Day:** Mondays **Time:** 4:45 - 5:45 pm

Cost: Session 1: R:\$48.00/NR:\$53.00

Session 2: R:\$64.00/NR:\$69.00

**Ages:** 50 years old and up

Min/Max: 8/30 Instructor: Kathy Ruiter

### STRONG, STRETCHED & SERENE YOGA

This class is for those (but not exclusive to) previous yoga experience. As you progress, more strenuous postures will gradually increase muscle power and longer holds will increase strength and flexibility. Focus will be on relaxation and meditation in each pose by way of proper breathing. Note: Previous Yoga experience is recommended, but is not required. **No class May 27.** 

**Location:** Community Activity Center

**Dates:** Session 1 May 13 - June 24 #150917-A

Session 2 July 8 - August 26 #150917-B

Day: Mondays Time: 6:00 - 7:00 pm

Cost: Session 1: R:\$48.00/NR:\$53.00

Session 2: R:\$64.00/NR:\$69.00

Ages: 16 years old and up

Min/Max: 8/30 Instructor: Kathy Ruiter

### YOGA FOR EVERYONE

Rejuvenate and Relax! No previous experience in yoga is necessary. This class will address flexibility, strength, mental focus and most importantly, relaxation. Proper breathing and posture will be emphasized. Bring a yoga mat and a yoga strap to class. **No class May 27.** 

**Location:** Community Activity Center

**Dates:** Session 1 May 13 - June 24 #150916-A

**Session 2** July 8 - August 26 #150916-B

**Day:** Mondays **Time:** 7:15 - 8:15 pm

Cost: Session 1: R:\$48.00/NR:\$53.00

Session 2: R:\$64.00/NR:\$69.00

Ages: 16 years old and up

Min/Max: 8/30 Instructor: Kathy Ruiter

# ADULT YOGA - Con't

### **GENTLE YOGA**

Gentle but effective movements in a chair to increase range of motion, build strength and increase overall well-being. Wonderful for those with arthritis or knee/hip replacements or those who cannot otherwise get on the floor for traditional poses. Bring a small, firm pillow or blanket for back support.

**Location:** Community Center

 Dates:
 Session 1
 May 15 - June 26
 #350920-A

 Session 2
 July 10 - August 28
 #350920-B

Session 2 July 10 - Au
Day: Wednesdays
Time: 10:30 - 11:30 am

**Cost:** Session 1 R:\$56.00/NR:\$61.00

Session 2 R:\$64.00/NR:\$69.00

Ages: 18 years old and up

Min/Max: 8/30

**Instructor**: Kathy Ruiter

# **DOG OBEDIENCE**

### **GOOD DOG! DOG OBEDIENCE**

How would you like to have a better dog in just a few weeks? Learn training techniques in this affordable class. Dog obedience classes include instruction in basic obedience, manners, socialization and tips on general health. Dog obedience is for dogs ages 6 months and up. The class can also serve as a refresher course for dogs with previous training, and include some tricks and the opportunity to earn the AKC Canine Good Citizen Certificate. The class is designed for adults and while the children may participate in the class with their parents, an adult must be the primary trainer. Proof of vaccinations is required. Also, please bring a dog waste bag. The names of all individuals attending the class must be listed on the registration form.

**Location:** Community Activity Center

Dates: July 18-August 22 #150815-1

Day: Thursdays Time: 7:30 - 8:30 pm

Ages: 18 years and older with dog

Cost: R:\$70.00/NR:\$75.00 Min/Max: 5/8

**Instructor**: Tommy Whang

# **JAZZERCISE**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 am	9:15 am	9:15 am		9:15 am	9:00 am
4:50 pm			4:50 pm		
6:15 pm	6:15 pm		6:15 pm		

Jazzercise offers group fitness classes for all levels. Burn up to 700 calories in one fun and powerfully effective 60-minute total body workout.

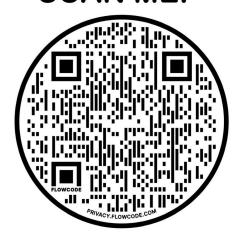
Limited time offer: 2 weeks for \$59

#OneYearStronger offer (good only between 5/01-5/15) - get 3 months FREE (25% savings) when you pay for 12 months up front.

Summer Deal (5/27 - 6/24) - unlimited classes for 2 months at 20% off of month to month EFT.

For more information, check our website at www.Jazzercise.com (type in Palos Hills location) or email Aggie Lubon at Lubonki@aol.com.

# **SCAN ME:**



# **ADULT SUMMER TRIPS**

### BINGO IN THE PARK - BENNETT PARK - EAST SIDE

Palos Hills active seniors, let's get the bingo party started at Bennett Park. First, we will have lunch under the east pavilion before we play games of bingo for prizes. Lunch will not be provided, bring a picnic style lunch from home. Join in the fun as we enjoy a relaxing June afternoon at the park and , yes, BINGO. Program includes bingo only, no lunch. This event is only open to Palos Hills

residents.

**Locations:** Bennett Park—entrance off of Michael Drive

**Day/Date:** Friday, June 7 #150224-1

**Time:** 11:30 am - 1:00 pm

Cost: Palos Hills Resident:: \$5.00 Ages: 55 years old and older

Min/Max: 8/15

### HOLLYWOOD CASINO DAY TRIP, Joliet

Join us for a fun and exciting day at Hollywood Casino, Joliet. There you will find the latest casino games and all of your favorites you love to play. Lunch will be at 99 Hops House located in the casino lobby, or choose the Grab N Go, Take Two Deli located downstairs in the casino.

**Depart/Return:** Community Activity Center (Transportation in CRRD Bus)

Day/Date: Thursday, June 27 #150924-1

Time: 10:30 am - 3:30 pm (approx.)

Cost: R:\$10.00/NR:\$15.00 (transportation only, lunch on own)

Ages: 18 years old and older

Min/Max: 6/14

### **COUNTY LINE ORCHARDS - Hobart, Indiana**

We will travel by CRRD vehicle to County Line Orchards & Farm in Hobart, IN, for the best apple picking around. Our trip begins with a fun and educational guided tour to learn how nature helps to make these delicious apples. We will then take a scenic wagon ride out to the orchards, where you can pick your own apples. The Giant Timber Barn, has shopping, and a bakery, where you will find County Line Orchards' famous pumpkin and apple donuts, pies, cookies, fresh honey products and cheddar and caramel popcorn made daily. You can grab a bite (lunch on your own) at the County Line Country Kitchen. Trip includes a 1/4 peck of apples you pick yourself, guided tour and transportation in CRRD Paratransit vehicle.

**Depart/Return:** Community Activity Center (Transportation in CRRD Bus)

Day/Date: Thursday, September 19 #150904-1

Time: 9:00 am - 2:30 pm (approx.)

Cost: R:\$30.00/NR:\$35.00 (includes transportation, tour, 1/4 peck of apples)

Ages: 18 years old and older

Min/Max: 6/14

# **ADULT SUMMER TRIPS-cont.**

### **LUNCH BUNCH**

Stay Active, Stay Social!

Don't miss the Lunch Bunch! Join your friends for a monthly lunch date. Perhaps you want to check out a new restaurant, but are looking for a lunch buddy to go with you. We will explore new restaurants and enjoy some old time favorites. You are welcome to join us. Spots are limited, don't wait to sign up. The fee includes transportation only; lunch is on your own. **Note: Please bring cash on the trips.** 

**Location:** Depart from Community Activity Center

Day: Thursdays

Time: 11:00 am - 2:30 pm Cost: R:\$10.00/NR:\$15.00

Ages: 18 years old and up Min/Max: 6/14

May 16 - Neat Kitchen & Bar, Westmont

#150423-1

A restaurant and bar serving a variety of comforting favorites with refreshing twists on classics like salad, burgers, and tacos and a variety of craft beers.

June 20 - Williamson's Restaurant & Bar, New Lenox

#150425-1

With over 45 years of restaurant experience, offering traditional recipes with a new and modern approach for a great dining experience. Items include sandwiches, steaks, seafood and other American classics.

July 18 - Mamma Onesta's Italian Restaurant, Lockport

# 150427-1

An authentic, family owned Italian Restaurant in Lockport. Traditional Italian fare served in a charming European-style setting.

August 15 - Season's 52, Oakbrook

#150428-1

Seasons 52 is a fresh grill and wine bar offering a seasonal menu that is naturally lighter and flavorful. Menu items featuring ingredients at their peak of freshness, prepared on an oak-fire grill or roasted on a brick oven.

### **LUNCH & LINGER**

Join us as we head to a local location to eat & shop. We will explore a new restaurant and then shop nearby. Please note that this program involves walking. The fee includes transportation only; lunch is on your own. Note: Please bring cash on the trips.

**Location**: Depart from Community Center **Day**: Friday

Time: 11:00 am - 4:00 pm Cost: R:\$10.00/NR:\$15.00

Ages: 18 years old and up Min/Max: 4/6

September 20—Downtown Frankfort

#150055-1

Lunch will be at the Trails Edge Brewing Company. Enjoy a great salad, sandwich or entree. After lunch, enjoy shopping at the various shops in downtown Frankfort.

# **ADULT SUMMER TRIPS-cont. & SENIORS**

### **COSLEY ZOO - Wheaton**

Outside of Chicago, located in Wheaton, Illinois, is the Cosley Zoo. This nationally recognized zoo offers an intimate experience as it is situated on only five acres. Cosley Zoo has 20 exhibits with more than 200 animals that represent 70 species for you to discover. Cosley Zoo's main building once served as Wheaton's first train station in the mid-1800's. Snack and gift shops are available. Make sure to dress for the weather and bring a long a camera. After our visit to the zoo we will stop for lunch at a nearby restaurant. (Lunch is on your own.)

**Depart/Return:** Community Activity Center

Day/Date: Thursday, August 1 #150227-1

**Time:** 9:15 am - 2:30 pm (approx.)

Cost: R:\$25.00/NR:\$30.00 (transportation and admission only, lunch on own)

Ages: 18 years old and older

Min/Max: 6/14

### PATSE BUS SERVICE

The PATSE Bus services provides bus service for individuals 60 and older who live within the Palos Township. The service is open Monday - Friday from 8:30 am - 2:00 pm for rides to doctors, medical appointments, stores and beauty shops. For more information about PATSE bus please call 430-3822.



# 39'ers SENIOR CLUB

Come join the fun! The Palos Hills Seniors Club is looking for new members. There is always something exciting happening at the Palos Hills Community Center for seniors. It's a place to meet new people and get together with old friends. The laughs and fun will keep you feeling young. Luncheons, Entertainment and Bingo are offered. Activities are held at the Community Center located at 8455 W. 103rd Street, 12:00 - 2:00 pm on the 2nd and 4th Wednesdays of the month to Palos Hills residents, age 55+. If you can't make every event, that's ok, we would love to see you when you do. Activity Fee for events and luncheons must be paid at least one week in advance. Sorry no walk-ins or refunds. If you have any questions, or would like a list of upcoming activities call Sandy at the Community Center at 708-430-4500.

60's music, you will be a winner	May 22 - \$4.00 per person Entertainer—Maureen Christine  Maureen Christine is a premier vocalist and Broadway style entertainer who will bring her talents to the Community Center		Match the baseball movie to the		
Peppo's Sandwich, and lemonade	Sloppy Joes & Cole Slaw		Hot Dogs & Nachos		
June 26 - \$3.00 per person We salute the red, white and blue. Picnic fun and games!  Join the fun as we compete in a variety of fun picnic games. LRC is a fast paced dice game—winner at each table.  Fried Chicken, Potato Salad, Watermelon & Lemonade	We will be back on July 24, see you then! Stop by the Friendship Festival, amazing fireworks on Sunday, July 14, at dusk.  Mark your calendar for National		novelties and a few salty snacks.  Crazy Bunco—Bring a \$2.00 gift to		
August 14 - \$2.00 White Elephant Sale and Auction!		August 28 — \$3.0 Summer Bash Triv			
Clean out your closets! Bring your gently used items to the sale. Get ready for a fun filled afternoon with lots of laughs and bargains.  Tickets to buy items—10 tickets for \$1.00.					
Chicken Salad		Cheese and seasonal fruit plates			

# Palos Hills New Horizons Senior Club

Membership is open to adults and their guests 60 years of age and older residing in Palos Hills. Enjoy BINGO, Casino Trips and Parties. Meetings are held on the 1st and 3rd Wednesday of the month at 6:00 pm at the Community Center, 8455 W. 103rd St. New members can join anytime. Yearly dues are \$3.00 payable at the start of the 1st meeting.

Call the Community Center at 430-4500. A club member will return your call.

# REGISTRATION INFORMATION

### How to Register

- 1. The best way to register for programs is to come into the Community Center, 8455 W. 103rd Street. We take cash, check or charge. Complete the registration form; be sure to include the program number and Please read all registration signatures. carefully instructions because some programs have special registration requirements.
- 2. If mailing in and paying by check, please Include the registration form with check for the correct total fee. Please include your phone number on the check and make check payable to the Palos Hills Community Resource & Recreation Department.
- 3. The Community Resource & Recreation Department will check proof of residency.
- 4. The Palos Hills Community Resource & Recreation Department does not mail confirmation cards to confirm program registration. You may assume that you are enrolled in your first choice of programs for which you have registered unless you receive a phone call from our staff.
- 5. Telephone registration is not accepted.
- 6. Proof of residency must be shown at time of registration. Non-Residents may enroll in any program for an extra fee.

### When does registration begin?

Please call the Community Center at 708-430-4500 to determine when resident registration begins. Non-resident registration will begin one week following resident registration. Mail in and drop off registrations will be placed in open program slots in the order they are received. Registrants will be notified of any class conflicts at the time of registration.

### **Registration Policies**

- 1. Fees for late registration will not be prorated.
- 2. The Palos Hills Community Resource & Recreation Department reserves the right to cancel or postpone programs due to insufficient participation numbers.
- 3. Registration fees are transferable if requested prior to the first day of class.
- 4. It is the registrant's responsibility to record times and locations of programs they are enrolled in.
- 5. The Palos Community Resource & Recreation Department is not responsible for lost or late mail or drop off registrations.
- 6. By registering for Community Resource & Recreation Department programs, each registrant realizes the inherent risks involved in the program and appreciates the nature of these risks. The applicant holds the Palos Hills Resource & Recreation Department harmless for any damages caused by participation in these programs.
- 7. Participants or their parents (if participant is under 18) permit the taking of photos, audio and videotapes during Palos Hills Community Resource & Recreation Department activities for publication and use as the department deems necessary.
- 8. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.
- 9. Signatures on registration forms are mandatory. Forms without signatures will be returned to registrant thereby jeopardizing their registration.
- 10. <u>Individuals registering for other family member</u> and friends or neighbors must complete a separate registration form and make sure it is signed by the person who is participating in the program.

### Typographical Errors

Our staff has made every effort to prepare this brochure as accurately as possible; however errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. All typographical and printing errors are subject to correction.

# **Program Registration Form**

# Assistance Required If you or your child require some type of physical assistance due to a gracial need or condition, places indicate special need.

Palos Hi Phone (7 Fax (70	t 103rd Street lls, IL 60465 08) 430-4500 8) 430-8376 v.paloshillsweb.org	due to a spec and the assis	cial need or conditance and/or accor	tion, please nmodation	e indicate special needed:	l need
Last Name:		Adul	t First Name:			
Email:						
Street Address:_						
City:	Zip:	Emerge	ency Name:			
Home( )	Wor Cell Pl	k/Cell( )	Е	mergency(	)	
	Cell Pl	hone Carrier				
alos Hills Resource & Recocessing fee. I have readformation.	n the activities of the program creation Dept. Any individual d and fully understand the Pro	or group, which submits ogram details on the reve	a non-sufficient check for perse side. I have read and f	payment of a reg	gistration fee, will be cha	rged a \$15.00
Participant SI	GNATURE (All Adı	ults 18 Years and	l Older)		Da	ite
Activity Number	Activity Name	Registrants Last Name	Registrants First Name	Sex	Birth Date Mo./Day/Yr	Fee
				]	TOTAL FEE	

See Registration Information on the back of this form

TOTAL FEE \_\_\_\_\_ CHECK # \_\_\_\_\_

# REGISTRATION INFORMATION

### **Refund Procedures**

- 1. All requests for refunds must be made on an official refund application available at the Community Center. The date the form is stamped by the office is the date for refund consideration. A copy of the date stamped application will be your proof of request.
- Once any class begins, no refunds will be given. All requested refunds will be assessed a service charge of \$10.00. Refunds will only be issued if the refund dollar amount is greater than \$10.00. Dollar amounts less than \$10.00 will be credited to the family household account which can be used for future registration purposes.
- 3. The Community Resource & Recreation Department reserves the right to cancel or consolidate any program(s) if registration is deemed inadequate. Classes will be canceled if the minimum enrollment is not met 3 business days before the start date of the program. If any program has been canceled by the department, participants will receive a refund or credit to be used for another program.
- 4. There will be no telephone refunds.
- Medical credit situations will be handled individually on a case by case basis and must be accompanied with a doctor's note. After the first week of class, no medical credits will be given.
- All field trips have a non-refundable fee unless canceled by the Palos Hills Community Resource & Recreation Dept.
- 7. Refunds will be processed the day they are submitted in writing. Processing takes three to four weeks. All refunds will be given by a check no matter how you originally paid for a program.
- 8. Cancellations for day camp or playschool must be received in writing on the Resource & Recreation Refund form two (2) weeks prior to the beginning of the session. No refunds/credits will be given after that date.
- **9.** Credits must be used within 6 months of issued date.
- **10.** There will be no prorating of programs due to late starts, early withdrawals or failure to attend classes.

### **Behavior Policy**

The Palos Hills Community Resource & Recreation Department has an established behavior policy relative to inappropriate behavior. Inappropriate behavior is defined as that which disrupts a recreation program and which requires a program leader to call for a stop of the behavior due to its effect on other participants or on the leader's ability to conduct the program. Such behavior may call for an immediate and/or permanent dismissal of the participant. Additional rules may be developed for individual programs and athletic events as deemed necessary by staff. No credits or refunds will be given for behavior dismissal.

### **Waiting Lists**

If a program is full, a waiting list will be started. When this is possible, individuals on the waiting list will be called in the order they are placed on the waiting list. However due to schedule restrictions, it is not always possible to accommodate all individuals on waiting lists and in such cases those individuals will not be called.

### **Credit Card Information**

Program registrants are able to pay for program fees with a Visa, Master Card or Discover Card. If paying by credit card, you must provide photo identification.

### **NSF Checks**

Any individual or group which submits a non-sufficient funds check for payment of a registration fee will be charged \$15.00.

### We Love Parents But...

Please do not remain in the classroom or gym after dropping off your child. Continual interruptions tend to affect the children's participation levels. You are more than welcome to sit and relax in the lobby.

# PALOS HILLS PARK SITES & FACILITIES

### **LOCATION INFORMATION**

City of Palos Hills - City Hall 10335 S. Roberts Road Palos Hills, IL 60465 (708) 598-3400

Community Activity Center 8455 W. 103rd Street Palos Hills, IL 60465 (708) 430-4500

Palos Hills Municipal Golf Course 7301 W. 105th Street Palos Hills, IL 60465 (708) 599-0202

> Palos Hills Riding Stables 10100 Kean Avenue Palos Hills, IL 60465 (708) 598-7718

Apollo Recreation Center 12521 S. Kostner Alsip, IL 60803 (708) 389-1003

Palos Park Recreation Center 8901 W. 123rd Street Palos Park, IL 60464 (708) 671-3760

> Worth Park District 11500 S. Beloit Avenue Worth, IL 60482 (708) 448-7080

### **GUIDELINE FOR PARKS**

City of Palos Hills Ordinance Section 2.48.070 For a complete list of rules visit our website at <a href="https://www.paloshillsweb.org">www.paloshillsweb.org</a>

### For All Parks

- 1. All Dogs Must be on a leash.
- 2. Dog Waste must be picked up and removed by the owner.
- 3. No person shall be allowed to swim, bathe, wade or enter into any water feature located on any City property. A water feature is any pond, lake, retention/detention pond or waterfall.
- 4. Ice skating is allowed on City made ice skating areas only.
- 5. No person may sleep overnight or camp in any park.
- 6. No person shall enter an area posted as "Closed to the Public" nor shall any person use any area in violation of posted notices, included but not limited to parking areas designated for the handicapped.
- 7. The City of Palos Hills reserves the right to close a park for City held functions.

### **Bennett Park Lake Rules**

No Swimming, Boating, Ice Skating, or Camping. Fishing is catch and release only.

### **PALOS HILLS PARKS**

Town Square - 8500 W. 103rd Street
Indian Woods - 100th Street & 82nd Avenue
Michael Park - Michael Drive & 105th Street
Loveland Park - 8500 W. 106th Street
Aspen Park - 105th Street & Aspen
Calvary Park - 111th Street & Roberts Road
Krasowski Park - 104th Place & Tod Drive
Volunteer Park - 99th Street & 88th Avenue
Bennett Park - 10801 Roberts Road
Glacier Park - 101st Street & 78th Avenue

Check Our Website for Additional Information at www.paloshillsweb.org







# **CELEBRATING LOCAL LAW ENFORCEMENT!**

Tuesday, August 6 6:00-8:00 pm Town Square Park

Inflatable \* Police Vehicles \* Bingo \* Live Entertainment

# Organizers:

City of Palos Hills Police Department
City of Palos Hills Community Resource & Recreation Department
Green Hills Public Library District
North Palos Fire Protection District



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# Providing a Healing Experience Palos-Gaidas FUNERAL HOME

The Gaidas family has been serving families for over two generations in the Chicago land area. With humble beginnings in Chicago's Back of the Yards and Brighton Park communities, we have been taking care of families by providing a "healing experience."

Over the years, Palos-Gaidas Funeral Home has continually provided dignified and compassionate service to the many families who call upon us. Our commitment to our family and community is reflected in our involvement with various organizations. We support many community endeavors, including church and civic groups, schools, and charitable organizations.





Let us show you how our commitment to excellent care can help your family when you need it most.

We look forward to hearing from you.

Dave and Loretta Gaidas

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