MAYOR'S MESSAGE

Dear Residents,

You know the Holiday Season is just around the corner and it appears along with early winter. The City of Palos Hills Public Works Department has recently purchased two 5 ton dump trucks with plows which should enhance even more effective snow plowing in the City. Speaking of Public Works, our crews have had a busy summer/fall with completing many sewer and water infrastructure improvements. The City of Palos Hills went out to bid over the summer and work has begun on the new 40,000 sq. foot Public Works building to be located east of Roberts Road on 108th Street. As I have mentioned in the past, this long awaited facility will put our men and equipment all under one roof at one location. The estimated completion date of the building project should be accomplished by the end of April 2020.

This past spring I was truly honored by the City Council to have the 30 acre Pleasure Lake property be named Gerald R. Bennett Park, also known as Bennett Park. I am also humbled by this recognition but more excited and pleased that this Park which includes the Public Works facility will be, when completed, one of the largest park and recreational facilities in Palos Hills. Last year the City received a grant of $250,000 to enhance the eastern part of Bennett Park which includes the lake and walking trail. The new plan includes a waterfall, pavilion, small amphitheater, outdoor exercise equipment, small play pods and handicapped accessible sidewalk. We are 80% completed with the project and all should be done by late, April 2020. The City of Palos Hills is planning to dedicate both the new Public Works facility and Bennett Park around the first of June. We will invite our residents to this event and hope you will be amazed at the transition and development of this 30 acre site. More importantly, the work will continue on the park recreation concept of the west portion of Bennett Park off Roberts Road which will include such things as a sled hill, large playground area, additional walking trails and large open space. Again, my thanks to the City Council for this honor.

The City of Palos Hills and the Palos Hills Police Department were again recognized this fall for having the 10th lowest crime rate in the State of Illinois. Crime prevention is helped by the cooperation and assistance of our residents and we thank you for helping keep our crime rate down.

Continued on inside cover....
Mayor’s Message-con’t

The City concludes its calendar year with continued investment in the building of new homes and the location of new business in our community. Three new restaurants have opened up in town: Thassos Authentic Greek Restaurant on Southwest Highway; Dalia’s Pancake House at 107th & Roberts Road; and the Sea Catcher on Roberts Road next to City Hall. Coming next year will be the new Thornton Gas Station at 111th & Roberts and a new Dunkin Donuts on 95th Street with additional retailers to be located on the remaining few vacant lots.

I am pleased to announce that after many years, Cook County will be completely resurfacing Roberts Road next spring. In addition, the City of Palos Hills in cooperation with IDOT and the Cook County Highway Department will be making major improvements to the intersection of 111th & Roberts Road including turning lanes and new gateway landscaping on each of the corners. The program is planned for the spring of 2020.

Finally, the Park and Resource Department will be offering many programs and special events over the next few months - please check them out - we encourage you to participate. As we conclude the year, I would like to thank the members of the City Council for their spirit and cooperation in the continued progress of our City. To the residents of Palos Hills - my sincere appreciation of your spirit and may you all enjoy the Holiday Season and I hope next year brings you all joy and happiness.

Sincerely

Mayor Jerry Bennett
First Ward News
Meet your Neighbors!
If you ride down Terry Drive anytime near Halloween, you can’t miss the home of Scott and Lisa Kline. Every year they decorate their front yard and home with spooky decorations including gravestones, ghouls, coffins, skeletons and more. Cars stop throughout the evening with many people getting out of their cars just to get a better look! Scott and Lisa have lived here in Palos Hills for 12 years along with their faithful dog, Xena. Scott has worked as a heavy collision expert mechanic in Chicago for over 32 years and makes Cornhole boxes and bags as a hobby. Lisa works for the City at our Community Center and her hobbies include buying and selling vintage collectables and antiques.

Bird Watching at Bennett Park
If you are an avid walker or fisherman at Bennett Park (formerly Pleasure Lake Park), you may have noticed the wide variety of birds that visit the quaint nature preserve. One of our locals has photographed many species including woodpeckers, herons, cardinals, flickers, blue jays, finches, hawks and even a bald eagle! A couple of great horned owls can be heard at dusk, but they are difficult to spot. Early mornings and early evenings are great times to walk the trail and see how many different bird species you can spot! If you have not visited Bennett Park recently, you should take the opportunity to do so and see many of the improvements the City has made there!

Second Ward News
Now that school is in session please be aware of 20 mph speed limits for school zones and residential streets. Watch for stopped school buses and children who might run into the street without looking for cars.

Rodents: Please take every precaution so we do not have a problem with rodents. There is no feeding of deer, feral cats, or any wildlife. Rodents will eat any food outside, including bird and chicken feed. Garbage must be kept in tightly closed containers. Any animal feces must be properly disposed of...not on sidewalks or grass.

Addresses: The numbers must be clearly visible from the street.

Police Department: If there is a police emergency, do not hesitate to call 911. If you need a police officer dispatched, call 598-2121. The police station is open Monday through Friday from 9:00am to 5:00pm.

Flooding: Sewer covers that do not have leaves or debris covering the holes will enable rain to go into the sewer and not cause a problem on city streets or to homeowners. Please check sewer covers on the street by your home and remove any debris. Do not dump anything, or put leaves or grass in any ditches or Lucas Ditch. Dumping can and does cause flooding.
News From Your Aldermen - continued

Second Ward News—con’t

**Beautification:** Congratulations to our 2nd ward residents who were recognized for this prestigious award:
- Oblanza Family 10639 S. 81st Court
- Newtoff Family 10646 S. 82nd Avenue
- Jurzec Family 10605 Chamonieux
- Kimmey Family 10607 Chamonieux
- Nykiel Family 8532 W. 107th Street
- Domagata Family 10340 S. 81st Avenue
- Petrie Family 10612 S. 82nd Avenue
- Gasior Family 10560 S. 83rd Court

**Do Not Block Sidewalks:** It is not only a local ordinance, but also a state law that sidewalks cannot be blocked.

**Lock Vehicles:** If you leave a car on the driveway, always remove any valuables and lock the doors.

**Stopped School Buses:** Do not pass a stopped school bus if the red stop sign is extended.

**No Burning:** Do not burn leaves, yard waste or garbage.

**Expired and old medications:** You can drop these medications in a box in the police station during business hours. No liquids, sharp objects, or needles can be deposited.

**Update Phone Numbers:** Please call Margareth Balan at City Hall if you no longer use a land line. It would be very helpful to us and City Hall to have your cell number in case we need to contact you. Margareth works in the water department (598-3400, ext. 1106).

**Right Turn on Red:** You must make a complete stop before turning right at a stop light. You could receive a ticket if there is vehicle motion before making the turn.

**Yard Waste:** Yard waste will be picked up until the last Wednesday in November.

**January Newsletter:** The January newsletter will be found on the internet on the city website (www.paloshillsweb.org). If you do not have a computer, please call one of us and we will be happy to bring you a paper copy.

Your 2nd Ward Aldermen,
Pauline A. Stratton Mark Brachman
430-2240 710-9844
aldpstratton@aol.com m.brachman@sbcglobal.net

Third Ward News

**MERRY CHRISTMAS, HAPPY HOLIDAYS, and HAPPY NEW YEAR to all of the residents of Palos Hills!**

**Snow is Here!**
Be careful shoveling. Back injuries and heart attacks can happen.

**TRASH, specifically used TV’s**
In my travels through our city, I have noticed TVs sitting curbside that have not been picked up by our waste hauler. This is because you need to call our waste hauler for a special pick-up: Republic Services at 385-8252. They will need your account number, address and type of electronic appliance. There is no added fee for this special pick-up.

**Cell phones & texting while driving = DISTRACTED DRIVERS**
*It is against the law to hold your cell phone, make calls or text while driving.* Enough said.

Have a happy & safe winter season.
Alderman AJ Pasek
Cell: 738-9167

**Third Ward News**
Supporting our community can bring a whole host of benefits to you and the people around you. Lending a helping hand can help you to make new friends, learn new skills, advance your career and, most importantly, give something back.

**How to help your community—Get involved as a volunteer!**

**Collect Food:** Contact our local food banks and they will provide you with the necessary information and materials to have a food drive.

**Join a local service group:** These clubs and organizations are already working in our community to help assist those in need, and they are always looking for those who want to lend a helping hand.

**Help your neighbors:** Take the time to get to know the people around you and see how you can help them. It could be planning a budget, doing the food shopping or just having a chat.

*Continued on next page*
Third Ward news-con’t
You never know how much a little of your time can help someone in need.

Offer your skills: Become a mentor or tutor to someone who would benefit from your experience.

Coach: Become a volunteer coach or referee with a local youth team.

Shop locally: Local business owners donate more to local charities than non-local owners. Unique businesses create character and prosperity, most new jobs are provided by local businesses.

Attend community events: Keep your eyes open for events that are happening in your area such as festivals, community theater, and business grand openings.

Adults should also: Allow teen volunteers to make decisions and actions on their own, which will give them a sense of ownership. Their successes will build confidence, and mistakes will offer valuable learning experiences.

There are many ways to support our community these are just a few examples.

Some of the Community Service Groups in our area:

If you would like to be kept up on local happenings, email me at lebarremike@gmail.com.
Mike Lebarre

Fourth Ward news-con’t
1. Prepare for power outages and blocked roads. Winds, ice and snow tend to bring down power lines. Make sure that you have candles, matches or lighters, a battery operated radio, emergency food supplies and tons of blankets. Think about where you will put candles to keep them lit and safe. Have plenty of food staples like powdered milk and protein bars. If your water supply depends on an electric pump, bottled water may be a good idea.

2. Staying warm when the power goes out may be a problem. Don’t think you’re immune if you don’t use electricity to heat your home. Many people don’t realize that their heating system depends on a boiler that is powered by electricity. Electric stoves and gas stoves that depend on electricity will be powerless if the storm knocks the lines down. Be prepared with alternative heat sources and plenty of blankets.

3. Traveling in a blizzard is just not a good idea. If you are on the road during a blizzard, look for a hotel or motel nearby and stay off the road until driving conditions are safe again.

4. If you get stranded in your car during a bad snow storm be prepared with plenty of warm clothes and packaged snack foods. It may seem sensible to leave the engine running to keep warm, but it isn’t. The danger of carbon monoxide poisoning is high. Snow can block your exhaust pipe and fill the car with deadly fumes. Keeping one window open just a bit will help avoid this. If you keep the engine running you may run out of gas before the storm is over. A better idea is to run the engine in short bursts. Turn the engine on long enough to keep the car warm and then turn it off. Keep this routine up until the conditions are stable enough for you to get back on the road.

Continued on next page
4. Designate a spot, in the hall closet, to keep a bag of warm clothes for each person in the household. If the lights are out, it will be hard to find that really warm turtle neck or a pair of warm socks or gloves...in the dark. Count on the power being out for at least a day or two and have some board games and a deck of cards on hand. Arts and crafts are always fun for the kids (especially if there isn’t any television to distract them) so make sure you have some of those supplies easily available.

5. Along with warm clothes and blankets, consider stocking your Blizzard Kit with the following: batteries, flash lights, battery operated radio/television, bottled water, toilet paper, nonperishable foods such as cereal or crackers, canned goods, a non-electric can opener, a small cooler, candles, prescription medicines and any over-the-counter remedies you use regularly; and if you have young infants or toddlers—diapers, baby wipes, formula and baby food.

6. Stock up on shovels and snow removal equipment before the snow storm. You may also want to cover the windows and spaces around the doors to keep drafts at a minimum in the event the heat shuts off.

7. Consider investing in an emergency generator. Having an alternate source of power if the main lines go down can be a life saver.

8. A cellular phone is a “hot” commodity for the snowbound. If you have a cell phone, make sure it is charged and easy to find. Even if the phone and power lines go out you can get word out that you are stranded and need help.

9. Finally, STAY INSIDE. However tempting it may be for kids to go out and make snow angels or play in the falling snow, use caution. Those blowing winds—both before and after a blizzard—are cold enough to cause frostbite, and snow drifts may hide dangers children might otherwise see. Stay indoors where it’s safe, and warm!

News From Your Aldermen - continued

Blizzards are serious business. Weather forecasters can only predict so much. Educate yourself and stay on top of the updates in your area. There is no harm in being overly cautious. In most cases where a blizzard is concerned, it truly is better to be safe than sorry.

Reminders

Street Parking - when 2 or more inches of snow accumulate, all vehicles must be removed from the street. Also, 365 days a year all vehicles MUST be removed from our streets or they will be ticketed and possibly towed after 2:00 am. If you will need a waiver to leave a vehicle over night, please call 598-2992 before 5pm or 911 after 5pm and advise the operator as such. Each residence is allowed a certain number of these allowances each year. Also note, parking a vehicle on your lawn in the City of Palos Hills is illegal. Violators will be ticketed.

Yard waste - pick up will cease at the end of November but resume in April on our pick up day. Free yard waste stickers are still available at City Hall.

Trash & Recycling bins - Broken bins will be exchanged free of charge from Republic Services. Call 385-8252 for details.

Vacation Watch - Please don’t hesitate to use the City of Palos Hills Police Department vacation watch when traveling this holiday season. It is as simple as picking up your phone and calling 598-2151 during the hours of 9:00am - 5:00pm, Monday through Friday. Please let them know the date and time you will leave, if lights will be left on a timer, if anyone will be stopping by your house (they need their name, phone number, and vehicle information), the name and phone number of someone they contact if needed, and any other information you feel they may need. Please call them upon your return so the watch can be canceled.

Continued on next page
Prescription Drugs - The Palos Hills Police Department will now accept expired or unwanted prescription drugs that residents wish to legally destroy. A sealed drop box is now available in the lobby of the police department and residents may drop off these drugs during normal business hours, 9:00am-5:00pm, Monday—Friday. The Cook County Sheriff’s Department will pick up and destroy the narcotics once a month.

Please don’t forget to visit the brand new City of Palos Hills website www.paloshillsweb.org. There is a ton of information and helpful ways for you to perform city tasks.

As you will notice below, Alderman Moore and I have different phone numbers effective October 1, 2019. When you call this number and leave a message, we will be notified immediately and will return your call as soon as possible. Please make a note of this change as well as our recently updated email addresses.

Stay safe and have a fantastic holiday season and thank you for allowing us to serve you.

Joe Marrotta, 4th Ward Alderman
jmarrotta@paloshillsweb.org
430-4375

Ricky Moore, 4th Ward Alderman
rmoore@paloshillsweb.org
430-4367

Fifth Ward News
Snow in October?? Unfortunately, yes! So, let this be a reminder to all of us to get our “snow gear” ready! Everything from snow shovels to plows to hats, scarves, boots & gloves! Also, please be sure to clear your sidewalks of snow as many residents & children use the sidewalks daily walking to school or the bus stop.

We have been talking with residents in our ward and wanted to share some of the positive comments we have received with you.

Continued on next column
News From Your Aldermen - continued

Fifth Ward News-con’t

We are currently collecting old sheets, pillowcases and towels for Beds Plus, one of our local homeless shelters. Please contact us if you would like to donate. We are happy to pick-up the items from you or you can drop them off as well. We are also looking for donations of non-expired food for the Palos Township food pantry. The food pantry helps individuals/families in need. You can drop off donations at Palos Township, 10802 S. Roberts Road, or feel free to contact us and we can pick up the items.

We would like to wish each and everyone of you a joyous, happy and healthy holiday season and the very best wishes for a wonderful New Year!

We can be contacted anytime at the phone numbers or email addresses provided below! Thank you for allowing us to serve you!

Dawn Nowak
nowak@paloshillsweb.org
430-4377 x 1168

Donna O’Connell
doconnell@paloshillsweb.org
430-4502 x 1169

NORTH PALOS FIRE PROTECTION DISTRICT CPR TRAINING

The North Palos Fire Protection District offers CPR classes every month to individuals 16 years or older that require credentials for employment, school, personal use, etc. The class meets the American Heart Association (AHA) Health Care Provider BLS curriculum and teaches participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED.

To attend the class, you must pre-register in person at Station #1, 10629 S. Roberts Road in Palos Hills prior to the date. The cost for District Residents is $65 and Non-Residents is $80. Cash or check is accepted. No credit/debit cards. Class size is limited and no walk-ins will be allowed.

2020 dates: February 8, April 11, June 13, August 8, October 10 & December 12

For additional information on the course and a link to the AHA curriculum please visit www.northpalosfpd.org and click the CPR Training tab or call with questions, 974-4474.
City Beautification Program

This past summer a number of local residents and businesses participated in the 2019 City of Palos Hills Beautification Program. Seniors from the 39er’s club served as judges and traveled throughout the City to determine the best of the City’s best. Those residents who entered the contest were judged on the general appearance of their residence including fencing and edging, as well as their overall landscaping. Judges also visited local businesses to determine whose exteriors were the best. This year’s winners were presented a certificate and yard sign by Mayor Jerry Bennett and Beautification Chairman and 1st Ward Alderman, Marty Kleefisch.

Winners include:

Ward 1 Winners
The Dyer, Cachero, Larimore, Tilley, Recio, Fencl & Zarebczan Families,
Grand Prize Winners: The Spiros Family

Ward 2 Winners
The Oblanza, Jurzec, Kimney, Nykiel, Domagata & Petrie Families
Grand Prize Winner: The Gasior & Newtoff Families

Ward 3 Winners
The Piton, Witek, Dobrocky, Stempniak & Rzadkosz Families

Ward 4 Winners
The Guidarelli, Markatos, Serna & Kwiatek Families
Grand Prize Winner: They Myrda Family

Ward 5 Winners
The O’Neil, Brzezinski, Kalinsky & Pacura Families
Grand Prize Winner: The Sartori Family

Business Winners
Belvidere Chateau, Moraine Valley, Avalon and Bria.

Thank you to SIDS Landscaping and Graff Gardens for their donation to the City’s 2019 beautification awards program! Look for information about the beautification program in the summer 2020 newsletter.
The men and women of the Palos Hill’s Police Department want to wish everyone a safe and happy holiday season.

Please be careful driving on the streets of Palos Hills. Expect bad weather conditions - slippery roads, high winds, snow and rain. The weather stations are all predicting a harsh winter this year.

The Palos Hills Police are paying special attention to drivers who are using electronic devices while driving, which not only is against the law but places everyone at risk of a collision. Also remember to use seat belts for everyone in the auto. We want you to be safe and arrive at your destination without any unfortunate incidents.

Remember no motor vehicles are allowed to park on the street between the hours of 2am and 6am and when 2 inches or more snow has accumulated.

During the holiday season people are out and away from their homes more often. Remember if you are going to be away for extended periods of time contact the police department to request a house watch. It’s always better to be safe than sorry.

We are living in an era of annoying ROBO calls and scam artists. Don’t allow yourself to become a victim. Never share personal information on-line unless you are dealing with a company you know and trust.

Never give your social security number, credit card number, or checking or savings account number to unknown callers. Always verify if you get a call from someone claiming to be a relative needing money. Never send money until you have verified that there is a real need.

Remember most robo calls are coming from out of the country even if it looks like a local number. Hang up if you suspect a scam.

Never leave your car unlocked. Always lock you car and put valuables out of sight. Lock it or lose it. Call 9-1-1 immediately if you see any suspicious activity. DO NOT WAIT. Palos Hills is one of the safest cities in Illinois. We need to work together to keep it that way.

_Pictured with Chief Paul Madigan (middle) is Officer James Cha (left) and Officer Ahmad Sows (right). Chief Madigan had nominated Sows and Cha for a life saving award which was presented at the Palos Lions Club recently. Officers Cha and Sows had responded to a house fire in Palos Hills and learned that there was a man trapped in the basement of the home. Through the heroic efforts of the police officers they were able to force open a window and rescue the man from the burning building._
Mission Statement
The Palos Hills Community Resource & Recreation Department (CRRD) strives to maximize its resources to provide the community with high quality, diverse and economic leisure opportunities; through open space preservation, park development, administration and active and passive recreational program offerings.

Americans with Disabilities Act
In compliance with the Americans with Disabilities Act, the City of Palos Hills Community Resource & Recreation Department will make reasonable accommodations for individuals with a disability when using facilities or programs to enable participation. If you have any questions about the Park Department’s compliance, please contact the Palos Hills Community Resource & Recreation Department at 430-4500.

Special Recreation
The Palos Hills Community Resource & Recreation Department is a cooperative member of the Oak Lawn Park District Special Recreation Agency. Residents of Palos Hills can participate in programs at Oak Lawn at the resident rate. Brochures for Oak Lawn Park District Special Recreation programs are available at the Community Activity Center, 8455 W. 103rd Street, Palos Hills.

Registration
Because we cannot control when the post office delivers this publication to all of our residents, please call the Community Center to ask when resident and non-registration begins. Thank you!
Fun Free Days!

More special events on the inside cover!

National Bubble Gum Day
Friday, February 7
Palos Hills Community Center
8455 W. 103rd Street
FREE Bubble Gum available
9:00am-5:00pm
One free piece of gum per person.

National Crayon Day
Tuesday, March 31
Palos Hills Community Center
8455 W. 103rd Street
FREE coloring page available
9:00am-5:00pm
Come color a picture with us.
10 and under

National Raisin Day
Thursday, April 30
Palos Hills Community Center
8455 W. 103rd Street
FREE box of raisins available
9:00am-5:00pm
One box of raisins per person.
Glacier Park will be home to an ice rink in Palos Hills this winter season (weather permitting). The rink is located at 101st St & 78th Ave. and is open from dawn to dusk. Get out and enjoy the outdoors this winter. For ice rink conditions, please call the CRRD at 430-4500.

Thank you to these local pizzerias who were part of our 2nd annual Pizza night!

- Durbin’s
- Fasano’s
- Joe’s Italian Villa
- John Gino’s
- Phil’s Pizza
- Pizza Hut
- Vito & Nick’s II of Hickory Hills
- Zacarelli’s

A big thank you goes out to those individuals and area businesses who donated prizes for the 2019 Turkey Shoot. We would not have been able to run the program without you!

Green Hills Public Library District
State Senator Bill Cunningham * Dr. Denise Hale
State Representative Kelly Burke * Palos Diner
Park Printing

Glacier Park will be home to an ice rink in Palos Hills this winter season (weather permitting). The rink is located at 101st St & 78th Ave. and is open from dawn to dusk. Get out and enjoy the outdoors this winter. For ice rink conditions, please call the CRRD at 430-4500.
HOLIDAY CAMPS

WINTER BREAK CAMP
Come beat the winter blues with Camp Palos Hills! Spend some time with your friends. Crafts, cooking, board games, gym time and other fun things will be available throughout the day. Bring a sack lunch every day. Camp is supervised by college aged counselors. Please note: camp will not be taking place on December 24 & 25 or December 31st & January 1 due to the Community Center being closed.

Location: Palos Hills Community Center
Days: Wednesday - Friday
Dates: **Session 1** December 23 & 26 - 27  #330814-1
         **Session 2** December 30 & January 2-3  #330814-2
Time: 9:00 am - 4:00 pm
Cost: R: $60.00/NR: $70.00 per session
Ages: 6-12 years old
Min/Max: 7/30

BEFORE CAMP CARE
Time: 7:30 - 9:00 am
Dates: **Session 1** December 23 & 26 - 27  #330815-1
         **Session 2** December 30 & January 2-3  #330815-2
Cost: R: $20.00/NR: $30.00 per session
Minimum: 5

AFTER CAMP CARE
Time: 4:00 - 6:00 pm
Dates: **Session 1** December 23 & 26 - 27  #330817-1
         **Session 2** December 30 & January 2-3  #330817-2
Cost: R: $30.00/NR: $40.00 per session*
Minimum: 5
*PLEASE NOTE: IF A CAMPER IS PICKED UP AFTER 6:10 PM THERE WILL BE A $10 CHARGE, PLUS AN ADDITIONAL $1 PER MINUTE CHARGE FOR EVERY MINUTE AFTER 6:10 PM.

SPRING BREAK CAMP
Spend some time with your friends. Crafts, movies, board games, Wii games and more will be available throughout the day. Bring a sack lunch every day. The week will end with a field trip to Brookfield Zoo on Friday. Please register by March 9th.

Location: Palos Hills Community Center
Date: March 23 - March 27  #330813-1
Days: Monday - Friday,
Time: 9:00 am - 4:00 pm
Cost: R: $100.00/NR: $110.00
Ages: 6-12 years old  Min/Max: 4/13
TOT-STUFF PLAY SCHOOL - closed to new registrations
Tot Stuff Playschool is a balanced program designed to meet the educational, social, creative and emotional needs of children. Each class will include pre-academic reading skills, learning games for colors, shapes, letters, group names, songs, and play time. **Kids must be potty-trained.**

Parents of first time registrants should bring a copy of their child’s birth certificate along with their registration form. Due to purchasing supplies in advance, no refunds or credits will be given after the first day of class. We do follow the North Palos School District 117 school calendar. **Note: No class January 6, 20, February 17, March 2, 23-27, April 10 & 13.**

**Location:** Palos Hills Community Center
**Ages:** 4 & 5 years old (Must be 4 by September 1, 2018)
**Time:** 9:00 - 11:30 am - **CLOSED TO NEW REGISTRATIONS**
**Dates:**
- **Session 1** January 8 - March 6 (23 classes) #320704-A
- **Session 2** March 9 - May 15 (25 classes) #320704-B
- **Both Sessions** January 8 - May 15 #320704-C
**Time:** Noon - 2:30 pm - **CLOSED TO NEW REGISTRATIONS**
**Dates:**
- **Session 1** January 8 - March 6 (23 classes) #320706-A
- **Session 2** March 9 - May 15 (25 classes) #320706-B
- **Both Sessions** January 8 - May 15 #320706-C
**Days:** Mondays, Wednesdays & Fridays
**Cost:**
- **Session 1** R:$276.00/NR:$296.00
- **Session 2** R:$300.00/NR:$320.00
- **Both Sessions** R:$576.00/NR:$616.00
**Instructor:** Ms. Kelly **Assistant:** Mrs. Hearne

**Ages:** 3 & 4 years old (Must be 3 by September 1, 2018)
**Time:** 9:30 - 11:30 am - **CLOSED TO NEW REGISTRATIONS**
**Dates:**
- **Session 1** January 7 - March 5 (18 classes) #320705-A
- **Session 2** March 10 - May 14 (18 classes) #320705-B
- **Both Sessions** January 7 - May 14 #320705-C
**Time:** Noon - 2:00 pm
**Dates:**
- **Session 1** January 7 - March 5 (18 classes) #320707-A
- **Session 2** March 10 - May 14 (18 classes) #320707-B
- **Both Sessions** January 7 - May 14 #320707-C
**Days:** Tuesdays & Thursdays - **CLOSED TO NEW REGISTRATIONS**
**Cost:**
- **Session 1** R:$207.00/NR:$227.00
- **Session 2** R:$207.00/NR:$227.00
- **Both Sessions** R:$414.00/NR:$454.00
**Instructor:** Ms. Kelly **Assistant:** Mrs. Hearne

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**2019/2020 Playschool and SMALL Open House**
The Palos Hills Playschool & SMALL programs will be having an open house on Monday, February 17, from 10:00 am—noon or Thursday, February 20, from 6-7:00 pm to discuss each program. For more information call 430-4500.
EXTENDED PLAYSCHOOL PROGRAMS FOR 4 & 5’s - AM CLASSES

Extended playschool classes are an opportunity for kids to apply their knowledge of letters, math and science in a fun, yet structured setting. Big Bookworms and Junior Einstein's are taught by Mrs. G who has several years of teaching experience. The sports fanatics class exposes the kids to a variety of sports and promotes teamwork. Supervision is provided between Playschool and each class. Students are asked to bring a lunch. This program is also open to kids, ages 4 & 5, not attending our Playschool program.

BIG BOOKWORMS (Age 4 - 5 years old)
You can never get enough of practicing letters, sounds and putting them all together. In this class we will work on different phonics techniques to help your child begin the process of reading and reinforce concepts taught in class. **No class January 20, February 17, March 2, 23 and April 13.**

**Location:** Palos Hills Community Center
**Day:** Mondays
**Dates:** January 13 - May 11
**Time:** 11:30 am - 12:30 pm *bring a lunch
**Cost:** $65.00

**Junior Einstein's (Age 4 - 5 years old)**
Want to conduct experiments or learn some basic math? Then this is the class for you! Introduction to math and science principles will be presented. This class is without a parent. **No class March 25.**

**Location:** Palos Hills Community Center
**Day:** Wednesdays
**Dates:** January 15 - May 13
**Time:** 11:30 am - 12:30 pm *bring a lunch
**Cost:** $102.00

**Sports Fanatics (Age 3 - 5 years old)**
Children will be introduced to a variety of sports such as basketball and soccer. The goal is to provide the opportunity for each child to develop motor skills, grow socially and learn teamwork and good sportsmanship. This class is taught by Hot Shot Sports. **No class April 10.**

**Location:** Palos Hills Community Center
**Day:** Fridays
**Dates:**
  - **Session 1** January 10 - February 14
  - **Session 2** February 21 - March 20
  - **Session 3** April 3 - May 8, not April 10
**Time:** 11:30 am - 12:45 pm *bring a lunch
**Cost:**
  - Session 1: R:$72.00/NR:$77.00
  - Session 2: R:$60.00/NR:$65.00
  - Session 3: R:$60.00/NR:$65.00
**Min/Max:** 4/12
BIG BOOKWORMS (Age 4 - 5 years old)
You can never get enough of practicing letters, sounds and putting them all together. In this class we will
work on different phonics techniques to help your child begin the process of reading and reinforce concepts
taught in class.  **No class January 20, February 17, March 2, 23 and April 13.**
**Location:** Palos Hills Community Center
**Day:** Mondays
**Dates:** January 13 - May 11  #330251-1
**Time:** 2:30 pm - 3:30 pm  **bring a lunch**
**Cost:** $65.00  Min/Max: 4/12

JUNIOR EINSTEIN'S (Age 4 - 5 years old)
Want to conduct experiments or learn some basic math? Then this is the class for you! Introduction to math
and science principles will be presented. This class is without a parent. **No class March 25.**
**Location:** Palos Hills Community Center
**Day:** Wednesdays
**Dates:** January 15 - May 13  #330219-A
**Time:** 2:30 - 3:30 pm  **bring a lunch**
**Cost:** $102.00  Min/Max: 4/12

SPORTS FANATICS (Age 3 - 5 years old)
Children will be introduced to a variety of sports such as basketball and soccer. The goal is to provide the
opportunity for each child to develop motor skills, grow socially and learn teamwork and good
sportsmanship. This class is taught by Hot Shot Sports.  **No class April 10.**
**Location:** Palos Hills Community Center
**Day:** Fridays
**Dates:**
- **Session 1**  January 10 - February 14  #330227-1
- **Session 2**  February 21 - March 20  #330227-2
- **Session 3**  April 3 - May 8, not April 10  #330227-3
**Time:** 2:30 pm - 3:15 pm  **bring a lunch**
**Cost:**
- **Session 1**  R:$72.00/NR:$77.00
- **Session 2**  R:$60.00/NR:$65.00
- **Session 3**  R:$60.00/NR:$65.00  Min/Max: 4/12
TOT CLASSES

START S.M.A.L.L.
Join us for Stories, Math, Art, Letters, and Listening. This 90 minute class is perfect for those just beginning to leave mom, dad, or other caregivers for a short time. We will introduce school skills, math and reading readiness, and have fun doing it. Kids do not need to be potty-trained but parents need to be available by phone. Teachers cannot change diapers. **Note: No class January 6, 20, February 17, March 2, 23-26, April 10 & 13.**

Age: 2 - 3 year olds  
Location: Palos Hills Community Center  
Time: 9:00 – 10:30 am  
Day: Mondays & Wednesdays—**PLEASE CALL FOR AVAILABILITY**

**Dates:**  
Session 1: January 8 - March 4 (14 classes)  
Session 2: March 9 - May 13 (17 classes)

**Cost:**  
Session 1: R:$112.00/NR:$132.00  
Session 2: R:$136.00/NR:$156.00

**Day:** Tuesdays & Thursdays—**PLEASE CALL FOR AVAILABILITY**

**Dates:**  
Session 1: January 7 - March 5 (18 classes)  
Session 2: March 10 - May 14 (18 classes)

**Cost:**  
Session 1: R:$144.00/NR:$164.00  
Session 2: R:$144.00/NR:$164.00

**Min/Max:** 4/12  
Teacher: Mrs. G

PALOS PLAYGROUP (with parent/caregiver)
Playtime, stories, songs and crafts are offered for parents or caregivers and their little ones. Spend some time with your child while meeting other parents and caregivers in the community. This class is led by a teacher, who will help guide your child through certain activities, but the emphasis is on social interaction with the assistance of the parent or caregiver. Only children registered for this class will be allowed to attend. **No class March 26.**

**Location:** Palos Hills Community Center  
**Day:** Thursdays  
**Date:**  
Session 1: January 9 - February 20  
Session 2: February 27 - April 16

**Time:** 10:45 – 11:30 am  
**Cost:** R:$28.00/NR:$33.00 per session  
Age: Walking - 2 year olds with parent  
**Min/Max:** 4/12

PIPSQUEAK OPEN GYM
Parents, come join your child and have fun in the gym. The equipment used allows your child to experience all manner of actions, such as rolling, climbing, balancing, jumping and a variety of floor exercises. The layout is altered regularly to provide new challenges. Socialization will be a positive for both parent and child. This will be parent or guardian supervision, there is no instructor for this open gym program. This is a drop-in class. Fees are paid weekly. **No class March 27 & April 10.**

**Location:** Palos Hills Community Center Gym  
**Day:** Fridays  
**Date:** January 10 – May 22  
**Time:** 9:30 – 11:00 am  
**Cost:** R:$2.00/NR:$3.00 each week  
Age: Walking - 3 year olds with parent
BREAK FOR THE BUNNY!
Come spend some of your spring break with us. In this class we will make a bunny craft, go on an egg hunt and prepare a vegetable snack. This is a bunny themed party you don’t want to miss! Please inform us of any food allergies.

Location: Palos Hills Community Center
Day: Wednesday
Dates: March 25
Time: 10:30 - 11:30 am
Ages: 3 - 5 years old
Cost: $15.00
Min/Max: 4/20

LITTLE CHEFS & SOCIAL HOUR!
Kids love to cook! Join us once a week in the kitchen as we not only create yummy snacks and desserts, but learn simple cooking tasks such as measuring, blending and cutting. There will be time built in for the kids to play in the youth room. Please let us know of any food allergies at the time of registration.

Location: Palos Hills Community Center
Day: Fridays
Dates: February 14-April 3, not March 27
Time: 9:30 - 11:00 am
Ages: 3 - 4 year olds
Cost: $42.00
Min/Max: 4/8
Note: Dress to get messy! Please bring a container for our food creations.

BREKKFAST WITH THE BUNNY!
Come join us for annual Easter tradition. Price includes breakfast, entertainment, private egg hunt and a bunny gift. Buy your tickets early - no tickets will be sold at the door!

Location: Palos Hills Community Center
Day: Saturday
Date: April 4
Time: 10:00-11:15 am
Costs: $8.00 per adult #360315-A
$10.00 per child #360315-C
Under 1 year free #360315-B

For those interested in just an Egg Hunt, a separate hunt will be taking place at noon SHARP on April 4 at Town Square Park. Registration for that hunt is not required.
Welcome back dancers, it’s recital season! This year’s dance recital is HEROES & VILLAINS! The dance recital will be at Lincoln-Way East in Mokena on May 17. Costumes and appropriate dance shoes will need to be purchased for the recital. I look forward to continuing to teach your young dancers for the Spring session and working on our recital dances! All classes require four kids to run the program. There will be no classes Tuesdays, February 25 & March 24. Classes subject to change depending on attendance and popularity.

**BALLET**
This class will introduce the basic steps and positions of ballet while learning a fun song and dance routine. Your child’s confidence and appreciation for the art will grow as they master new skills and make new friends.

**HIP-HOP/JAZZ**
Learn the latest street-style moves just like your favorite pop stars. Dance to the beat and get an excellent work-out while improving muscle strength and flexibility. Fun choreography will be inspired by popular music.

<table>
<thead>
<tr>
<th><strong>BEGINNING BALLET</strong></th>
<th><strong>HIP-HOP/JAZZ</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Location:</strong> Palos Hills Community Center</td>
<td><strong>Location:</strong> Palos Hills Community Center</td>
</tr>
<tr>
<td><strong>Day:</strong> Tuesdays</td>
<td><strong>Day:</strong> Tuesdays</td>
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<tr>
<td><strong>Dates:</strong> Jan. 14 - May 17</td>
<td><strong>Dates:</strong> Jan. 14 - May 17</td>
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<tr>
<td><strong>#330233-1</strong></td>
<td><strong>#330352-1</strong></td>
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<tr>
<td><strong>Time:</strong> 5:00 - 5:45 pm</td>
<td><strong>Time:</strong> 5:45 - 6:30 pm</td>
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<tr>
<td><strong>Ages:</strong> 4 - 6 years old</td>
<td><strong>Ages:</strong> 4th - 6th Grade</td>
</tr>
<tr>
<td><strong>Cost:</strong> $140.00</td>
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</tbody>
</table>

**MUSIC LESSONS**

**MUSIC LESSONS - GUITAR, KEYBOARD AND DRUM PAD**
These private lessons are designed for those with beginner to intermediate skills. Guitar students must provide their own guitar. Drum pad students must provide one pair of drum sticks. Keyboard is available on site. Each lesson is 30 minutes long. Slots are assigned on a first-come/first-serve basis. Students should bring a spiral notebook and 2 pencils to class. A tote bag is suggested. Additional books may be required depending on the type of instrument lessons.

| **Location:** Palos Hills Community Center | **Dates:** January 6 - March 2 |
| **Days:** Mondays | **#330353-1** |
| **Times:** 5:30 - 7:30 pm (Register for a 30 minute lesson between these times.) | **Instructor:** Kevin Wood |
| **Ages:** 8 years old and up | **Cost:** R:$150.00/NR:$155.00 |

Call the Palos Hills Community Center to set up a time, 430-4500.
ILLINOIS SHOTOKAN KARATE - NEW!

Illinois Shotokan Karate Club is Chicagoland’s premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation.

In our Pre-Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child’s confidence blossom and their skills improve.

ISKC’s Youth Karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to class rules.

- Uniforms and belt-testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

Location: Apollo Recreation Center (12521 S. Kostner, Alsip)
Day: Fridays
Date:  
  Session 1  January 10 - March 27  
  Session 2  April 3 - June 12, not May 15
Cost:  
  Session 1  $132.00  
  Session 2  $110.00
Age:  
  Pre-Karate - 4 - 7 years  
  Youth Karate - 8 - 14 years
Times:  
  Pre-Karate  
  Session 1  
  4:30 - 5:15 pm  Beginner (no prior experience)  #320217-A  
  5:20 - 6:05 pm  Continuing (White w/stripe & up)  #320217-B  
  Session 2  
  4:30 - 5:15 pm  Beginner (no prior experience)  #320217-C  
  5:20 - 6:05 pm  Continuing (White w/stripe & up)  #320217-D  
  Youth  
  Session 1  
  6:15 - 7:10 pm  Beginner/Continuer (White-Red Belts)  #330221-1  
  7:15 - 8:10 pm  Inter/Advanced (Orange belts & up)  #330221-2  
  Session 2  
  6:15 - 7:10 pm  Beginner/Continuer (White-Red Belts)  #330221-3  
  7:15 - 8:10 pm  Inter/Advanced (Orange belts & up)  #330221-4
HOT SHOT SPORTS FOR KIDS

CLASS DESCRIPTIONS

SPORTS AND MORE
Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.

TOTAL SPORTS
This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes.

LIL DRIBBLERS
The lil’ dribblers basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions.

BASKETBALL CLINIC 101
Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun!

BASKETBALL CLINIC 201
Players begin to develop more advanced skills such as various guard/post techniques, setting screens, moving without the ball, and offensive spacing. Defensive instruction includes man-to-man, denying the ball, help-line and boxing out. Players spend time developing their shot using proper mechanics to be effective further from the basket. Scrimmages are played every week.

PEE WEE SOCCER
Let your child’s early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more.

T-BALL SKILLS CLINIC
This introductory t-ball program is perfect for a child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. All you need to bring is a glove!

ADULT-TOT SPORTS
Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required.

ALL PROGRAMS TAKE PLACE AT THE PALOS HILLS COMMUNITY CENTER, 8455 W. 103RD STREET
<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Dates</th>
<th>Times</th>
<th>Fees</th>
<th>Program #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lil Dribblers</td>
<td>Tuesdays</td>
<td>January 7—February 11</td>
<td>4:00-4:45 pm</td>
<td>R: $60.00</td>
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<td>Lil Dribblers</td>
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<td>4:00-4:45 pm</td>
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<td>Pee Wee Soccer</td>
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<td>T-Ball Clinic</td>
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<td>Sports and More</td>
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HOT SHOT SPORTS-Cont.

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<tr>
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<th>Days</th>
<th>Dates</th>
<th>Times</th>
<th>Fees</th>
<th>Program #</th>
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<tr>
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<td>Mondays</td>
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PALOS HILLS COMMUNITY CENTER OPEN GYM

The Palos Hills Community Center Gym will be available for open gym. Participants must be eligible to attend school in District 117, 118, 230 or be a resident of Palos Hills. Each participant must have a registration form filled out and signed prior to first day. If participant is under the age of 18 years old, a parent or legal guardian must sign the registration form. Gym shoes, shorts and ID are required - no jeans! All participants are expected to abide by all gym rules. Those breaking the rules may be asked to leave for the day or be suspended from future open gym dates. OPEN GYM SCHEDULE IS SUBJECT TO CHANGE - we suggest calling 430-4500 prior to ensure open gym is taking place. IDs required each time!

<table>
<thead>
<tr>
<th>JUNIOR HIGH OPEN GYM</th>
<th>HIGH SCHOOL OPEN GYM</th>
<th>FAMILY OPEN GYM</th>
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<tbody>
<tr>
<td>Days: Wednesdays</td>
<td>Days: Wednesdays</td>
<td>Day: Saturdays</td>
</tr>
<tr>
<td>Time: 3:00 - 4:45 pm</td>
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### HOT SHOT SPORTS - Cont.

**HOT SHOT SPORTS FOR 9-12 year olds**

<table>
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<th>Dates</th>
<th>Times</th>
<th>Fees</th>
<th>Program #</th>
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<td>Basketball Skills 201 SESSION 1</td>
<td>Tuesdays</td>
<td>January 7—February 11</td>
<td>5:30-6:15 pm</td>
<td>R: $60.00</td>
<td>#330238-1</td>
</tr>
<tr>
<td>Basketball Skills 201 SESSION 2</td>
<td>Tuesdays</td>
<td>February 18—March 17</td>
<td>5:30-6:15 pm</td>
<td>R: $50.00</td>
<td>#330238-2</td>
</tr>
<tr>
<td>Basketball Skills 201 SESSION 3</td>
<td>Tuesdays</td>
<td>March 31—April 28</td>
<td>5:30-6:15 pm</td>
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<tr>
<td>Basketball Skills 201 SESSION 1</td>
<td>Saturdays</td>
<td>January 11-February 15</td>
<td>11:15-12:00 pm</td>
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<td>#330213-1</td>
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<tr>
<td>Basketball Skills 201 SESSION 2</td>
<td>Saturdays</td>
<td>February 22-March 21</td>
<td>11:15-12:00 pm</td>
<td>R: $50.00</td>
<td>#330213-2</td>
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<tr>
<td>Basketball Skills 201 SESSION 3</td>
<td>Saturdays</td>
<td>April 4-May 2</td>
<td>11:15-12:00 am</td>
<td>R: $50.00</td>
<td>#330213-3</td>
</tr>
</tbody>
</table>

### HOT SHOT SPORTS FOR 10-12 year olds

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Dates</th>
<th>Times</th>
<th>Fees</th>
<th>Program #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball 201 SESSION 1</td>
<td>Mondays</td>
<td>January 7—February 11, not January 21</td>
<td>6:00-7:00 pm</td>
<td>R: $50.00</td>
<td>#330927-1</td>
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<tr>
<td>Basketball 201 SESSION 2</td>
<td>Mondays</td>
<td>February 25—March 18</td>
<td>6:00-7:00 pm</td>
<td>R: $40.00</td>
<td>#330927-2</td>
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<tr>
<td>Basketball 201 SESSION 3</td>
<td>Mondays</td>
<td>April 8—May 20, not April 22</td>
<td>6:00-7:00 pm</td>
<td>R: $60.00</td>
<td>#330927-3</td>
</tr>
</tbody>
</table>

Looking to keep busy over the Holidays?  
**Check out our December & Spring Break Camps.**  
For more information, refer to page 12.
ICE SKATING

Southwest Ice Arena (5505 W. 127th St., Crestwood) is offering instructional ice skating classes for all ages. Helmets with face masks are required for all hockey classes. The instructor ratio is 15:1. All instructors are either I.S.I. (Illinois Ice Skating Institute) or U.S.F.S.A. (United States Figure Skating Association) certified. If you have any questions concerning classes or equipment, please call Southwest Ice Arena at 708-371-1344.

**Location:** Southwest Ice Arena, 5505 W. 127th St., Crestwood

**ICE SKATING**

<table>
<thead>
<tr>
<th>Class:</th>
<th>Snow Plow 1 (Tot)</th>
<th>Basic 1 - 2</th>
<th>Snow Plow 1 (Tot)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages:</td>
<td>3 - 5 years old</td>
<td>6 - 12 years old</td>
<td>3 - 5 years old</td>
</tr>
<tr>
<td>Dates:</td>
<td>Jan. 11 - Feb. 29</td>
<td>Jan. 11 - Feb. 29</td>
<td>Jan. 7 - Mar. 3</td>
</tr>
<tr>
<td>#320233-1</td>
<td>#330206-1</td>
<td>#330234-1</td>
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</tr>
<tr>
<td>Cost:</td>
<td>$110.00</td>
<td>$125.00</td>
<td>$125.00</td>
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<tr>
<td>Date:</td>
<td>Mar. 7 - Apr. 18</td>
<td>Mar. 7 - Apr. 18</td>
<td>Mar. 10 - Apr. 21</td>
</tr>
<tr>
<td>#320233-2</td>
<td>#330206-2</td>
<td>#330234-2</td>
<td></td>
</tr>
<tr>
<td>Cost:</td>
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<td>$110.00</td>
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</tr>
<tr>
<td>Day:</td>
<td>Saturday</td>
<td>Saturday</td>
<td>Tuesday</td>
</tr>
<tr>
<td>Time:</td>
<td>11:30 am - 12:00 pm</td>
<td>12:00 - 1:00 pm</td>
<td>4:30 - 5:00 pm</td>
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</table>

Class: Basic 1 - 2 Skating

Ages: 6 - 11 years old
Date: Jan. 7 - Mar. 3
#330211-1
Cost: $135.00
Date: Mar. 10 - Apr. 21
#330211-2
Cost: $110.00
Day: Tuesday
Time: 5:00 - 6:00 pm

Class: Teen/Adult

Ages: 13 years and up
Date: Jan. 8 - Mar. 4
#340216-1
Cost: $135.00
Date: Mar. 11 - Apr. 22
#340216-2
Cost: $110.00
Day: Wednesday
Time: 8:00 - 9:00 pm

Class: Basic Hockey

Ages: 6 - 12 years old
Date: Jan. 9 - Mar. 5
#330212-1
Cost: $135.00
Date: Mar. 12 - Apr. 23
#330212-2
Cost: $110.00
Day: Thursday
Time: 4:45 - 5:30 pm

MAGIC CLASS

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you’ll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught at each class!

**Location:** Palos Heights Recreation Center (6601 W. 127th St.)

**Day/Date:** Wednesday, February 19  #330229-1

**Time:** 6:45 - 7:40 pm

**Ages:** 5 - 12 years old

**Cost:** $20.00/program  **Min/Max:** 5/30  **Instructor:** Gary Kantor
TAEKWONDO

NEW INTRODUCTORY PROGRAM OPTIONS FROM T-USA MARTIAL ARTS
FLEXIBLE SCHEDULE - CHOOSE YOUR DAYS TO TRAIN! TWO CLASSES PER WEEK RECOMMENDED
AFTERNOON AND EVENING OPTIONS FOR ALL AGES
20 CLASS INTRODUCTORY PROGRAM INCLUDES A T-USA UNIFORM AND BELT
PROGRAMS FOR ALL AGES:  PRE-SCHOOL, SCHOOL AGERS, TEEN & ADULT

All classes are held at
T-USA Martial Arts, 12041 S. Harlem Ave., Palos Heights
708-361-5657

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
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<tbody>
<tr>
<td>TINY TIGER</td>
<td>3:30 PM - 4:05 PM</td>
<td>3:30 PM - 4:05 PM</td>
<td>3:30 PM - 4:05 PM</td>
<td>3:30 PM - 4:05 PM</td>
<td></td>
</tr>
<tr>
<td>CHILD BEGINNER</td>
<td>4:00 PM - 4:45 PM</td>
<td>4:45 PM - 5:30 PM</td>
<td>4:00 PM - 4:45 PM</td>
<td>4:45 PM - 5:30 PM</td>
<td>4:00 PM - 4:45 PM</td>
</tr>
<tr>
<td>TEEN/ADULT TAEKWONDO</td>
<td>7:00 PM - 8:00 PM</td>
<td>8:00 PM - 9:00 PM</td>
<td>8:00 PM - 9:00 PM</td>
<td>8:00 PM - 9:00 PM</td>
<td></td>
</tr>
<tr>
<td>TEEN/ADULT HAPKIDO</td>
<td>8:00 PM - 9:00 PM</td>
<td>7:00 PM - 8:00 PM</td>
<td>8:00 PM - 9:00 PM</td>
<td>7:00 PM - 8:00 PM</td>
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</tr>
</tbody>
</table>

SPECIAL EVENING ONLY options for Children Beginner age 4 - 10 years old.
Cannot be combined with afternoon classes.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>WEDNESDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:15 PM - 7:15 PM</td>
<td>6:15 PM - 7:15 PM</td>
<td>6:15 PM - 7:15 PM</td>
</tr>
</tbody>
</table>

FLEX-BLOCK:  20 CLASSES INCLUDING UNIFORM
STUDENTS RECEIVE PUNCH CARD AND WILL BE FITTED FOR UNIFORM AT FIRST CLASS
FEE: $130.00
#340907-1

TINY TIGER TAEKWONDO  Ages: 3 1/2 - 5 years
It’s never too early to offer your pre-school age child the benefits of martial arts education. Taekwondo above all else builds focus and attention; confidence and discipline. T-USA instructors guide your child through the fundamental physical techniques in a fun and engaging class developed just for the young child.

JUNIOR/CHILD BEGINNER TAEKWONDO  Ages: 6 - 12 years
Learn the fundamental techniques of the Korean art of Taekwondo. Taught by T-USA’s master instructors, this class introduces the student to introductory elements of this internationally know martial art. This program also builds focus, concentration, discipline and respect.

TEEN/ADULT BEGINNER TAEKWONDO  Ages: 13 years and up
Taekwondo is a unique martial art incorporating quick, straight-line movements in a highly cardio vascular exercise routine of self-defense. Taekwondo is especially known for its varied and uniquely powerful kicking techniques. Taekwondo embraces self-esteem, builds confidence and develops discipline in its students as it teaches self-defense. An Olympic gold medal sport, Taekwondo enjoys increasing popularity internationally with children and adults alike.

HAPKIDO FOR ADULTS  Ages: 13 years and up
Hapkido Master instructors teach close contact self-defense using wrist-twisting, joint-locks, strikes, throws, breaks, kicks, punches, grapples, rolls, and falling techniques. The Hapkido practitioner uses circular patterns to gain momentum and executing the techniques in a natural and free-flowing manner.
KIDS BASKETBALL LEAGUE

SOUTH SUBURBAN CO-ED WINTER BASKETBALL LEAGUE

NEW!!! This youth basketball league is for boys and girls entering 1st—8th grade. The league is designed for participants to utilize fundamental skills of basketball in game situations. A volunteer head coach, who will provide instruction on basketball fundamentals, in a positive and fun environment, will direct each team. The head coach, staff and referees will be reinforcing the skills that have been taught or are being developed during games. In addition to the focus on basketball skills, the program offers children the opportunity to interact with both peers and coaches, learn good sportsmanship and how to work as part of a team.

The season will run from January 11 - March 21, playoffs included. Practices will be scheduled during the week, games will take place on Saturday mornings. All teams will receive medals. If there are not enough Palos Hills residents to form a team at any age, then Palos Hills residents will be put on teams with Palos Park residents. **Registration deadline is December 20.**

If you are interested in being a parent coach, please contact Ed at the Palos Hills Community Center, 430-4500.

**Location:**
- Practices—Palos West
- Games—Palos East for home games, other area facilities for away games

**Dates:**
- January 11—March 21

**Day:**
- Saturday games, Weekly practices as assigned

**Cost:**
- Resident: $60.00/Non-Resident: $75.00

<table>
<thead>
<tr>
<th>Grade</th>
<th>Program Number</th>
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<tbody>
<tr>
<td>1st-2nd Grade - Coed</td>
<td>#320226-1</td>
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<tr>
<td>3rd-4th Grade - Coed</td>
<td>#330101-1</td>
</tr>
<tr>
<td>5th-6th Grade - Coed</td>
<td>#330209-1</td>
</tr>
<tr>
<td>7th-8th Grade - Coed</td>
<td>#350210-1</td>
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</table>
SCHOOL DAY OFF & HORSEBACK RIDING

NERF WARS—SCHOOL DAY OFF TRIP!
Moms, tired of telling kids not to shoot those nerf guns in the house? Come on over for a nerf gun war. Obstacles will be set up and the games will begin. Our gym will be transformed into a fun place to run and shoot those nerf guns. We will have 2 separate times. All players will be supervised. Each person must bring their own nerf gun. Safety glasses will be provided.
Location: Palos Hills Community Center
Dates: January 20
Day: Monday
Time 10:30 - 12:00 pm #330258-1
2:00 - 3:30 pm #330258-2
Dates: February 17
Day: Monday
Time 10:30 - 12:00 pm #330927-1
2:00 - 3:30 pm #330927-2
Ages: 2nd - 5th Grade
Cost: R:$10.00/NR:$12.00
Min/Max: 5/20

HORSEBACK RIDING LESSONS
PALOS HILLS NEW TRADITIONS RIDING ACADEMY
10100 S. KEAN AVE. PALOS HILLS
708 598-7718

New Traditions Riding Academy, LLC is dedicated to providing you with the highest level of horsemanship. Classes for all experience levels, beginner to advanced. Classes available year round (Jan.-Dec.).

Please Note: 1. Classes are offered for children & adults. Minimum Age is 8 years old.
2. All riders must wear long pants and a shoe with a heel no higher than 1 1/2 inches.
3. It is recommended that all riders wear safety helmets (Bicycle helmets are not allowed).
4. Helmets are available for rent at the academy.
5. All riders must have their own health insurance to ride at this facility.
6. Each participant will register at the Community Center but will need to set up their own riding dates with the academy.
7. Call 708-598-7718 for lessons.

Beginners Horseback Riding Lessons
Children’s Beginner
Wed. 4:30 pm #370215-A (5) /C (10)
Sat. 2:30 pm #370215-B (5) /D (10)
Adult Beginner
Sat. 2:30 pm #370216-A (5) /B (10)

COST: (5 Lessons) $180.00
(10 Lessons) $300.00
DOG THERAPY TRAINING

AKA S.T.A.R. PUPPY CLASS
Get started on the right paw with your new puppy in this fun and informative class! Learn how to effectively communicate with your puppy and begin building a lifelong relationship. Classes include socialization with people and dogs, problem prevention, and introduction to obedience and solutions. Class ends with a AKC S.T.A.R. puppy test. The program is open to all puppies 12 weeks and up until their first birthday. Proof of vaccinations are required, and please bring a dog waste bag. The names of all individuals attending the class MUST be on the registration form!

Location: Palos Hills Community Center
Dates: February 19 - March 25
Day: Wednesdays
Time: 6:00 - 7:00 pm
Ages: 18 years and older with dog
Cost: R:$60.00/NR:$65.00
Min/Max: 5/8
Instructor: Tommy Whang

GOOD DOG! DOG OBEDIENCE
How would you like to have a better dog in just a few weeks? Learn training techniques in this affordable class. Dog obedience classes include instruction in basic obedience, manners, socialization and tips on general health. Dog obedience is for dogs ages 6 months and up. The class can also serve as a refresher course for dogs with previous training, and include some tricks and the opportunity to earn the AKC Canine Good Citizen Certificate. The class is designed for adults, and while the children may participate in the class with their parents, an adult must be the primary trainer. Proof of vaccinations is required, and please bring a dog waste bag. The names of all individuals attending the class MUST be on the registration form!

Location: Community Activity Center
Dates: February 19 - March 25
Day: Wednesdays
Time: 7:00 - 8:00 pm
Ages: 18 years and older with dog
Cost: R:$60.00/NR:$65.00
Min/Max: 5/8
Instructor: Tommy Whang

INTRODUCTION TO DOG THERAPY TRAINING
Have you thought about giving back to your community? Have you been told on more than one occasion that you have a well behaved dog? Have you heard of volunteering your time with your dog at senior centers, nursing homes, Alzheimer’s assisted living centers, residential facilities, schools, youth programs, college campuses, libraries, hospitals, rehabilitation facilities, etc.? Would you like to learn how?

This class is for the pet dog owner who has a well behaved dog that enjoys being in the company of people of all ages. The dog must be tolerant of other dogs and display non-aggression towards other pets and animals; is friendly to women, men and children; and enjoys meeting new people, being petted, brushed and walked short distances by other people. Your dog must have an excellent temperament and disposition to be eligible for this class.

After an initial evaluation of your dog’s obedience skills, temperament and motivation to work, you will be notified of either a) acceptance into the program or b) given suggested additional eligibility training. There will be a second evaluation session for program eligibility. To set up an evaluation day and time please call the Community Center at 430-4500. There is a $5 fee for the evaluation; if you are approved for the class this fee will be applied towards the class. This class is designed to educate you and prepare you for the Therapy Dog Certification Testing Process from one of three national certifying organizations. At the end of this course, you and your dog partner will have a final evaluation and if passed, be given the American Kennel Club Canine Good Citizen Test.
ADULT ACTIVITIES

ADULT & PARENT/CHILD KARATE
Illinois Shotokan Karate Club is Chicagoland’s premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation.

Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength.

Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and belt-testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. -
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

| Location: | Apollo Recreation Center (12521 S. Kostner, Alsip) |
| Day:       | Fridays                                             |
| Dates:     | Session 1  January 10 - March 27                    |
|           | Session 2  April 3 - June 12, not May 15            |
| Time:      | Session 1  6:15 - 7:10 pm Beginner/Continuer        |
|           |                                                      | (White-Red Belts) #350918-A                         |
|           | 7:15 - 8:10 pm Inter/Advanced (Orange belts & up)   | #350918-B                                           |
|           | Session 2  6:15 - 7:10 pm Beginner/Continuer        |
|           |                                                      | (White-Red Belts) #350918-C                          |
|           | 7:15 - 8:10 pm Inter/Advanced (Orange belts & up)   | #350918-D                                           |
| Cost:      | Session 1  $132.00/per person                       |
|           | Session 2  $110.00 /per person                      |
| Ages:      | 15 years old and up                                 |

PINOCHLE
Drop by the Palos Hills Community Center to play Pinochle. Don’t know how to play? That is OK you will catch on quickly. This drop in program is a great opportunity to meet new friends who enjoy spending time playing cards.

| Location: | Palos Hills Community Center |
| Day:      | Thursdays                     |
| Date:     | January 16                    |
|           | February 13                   |
|           | March 19                      |
|           | April 16                      |
| Time:     | 12:30 - 2:00 pm               |
| Cost:     | FREE                          |
| Min/Max:  | 4/12                          |
LUNCH BUNCH
Stay Active, Stay Social!
Don’t miss the Lunch Bunch! Join in as we explore new restaurants and enjoy some old time favorites. Perhaps you want to check out a new restaurant, but are looking for a lunch buddy to go with you. Join us for fun, friendship, and conversation. The fee includes transportation only; lunch is on your own. **Note: Please bring cash on the trips.**

- **Location:** Depart from Palos Hills Community Center
- **Day:** Thursdays
- **Time:** 11:00 am - 2:30 pm
- **Cost:** R:$10.00/NR:$15.00
- **Ages:** 18 years old and up
- **Min/Max:** 6/11

**JANUARY 9 - JEN’S GUESTHOUSE** - Willow Springs #350342-1
“Jen’s Guesthouse (previously Courtright’s) opened their doors in August 2016, changing the menu and décor, serving American fare.”

**FEBRUARY 6 - BRIOS TUSCAN GRILLE** - Lombard #350344-1
“Reminiscent of a Tuscan county villa in décor and flavor. A warm, relaxed Italian eatery serving Tuscan-inspired fare.”

**MARCH 12 - AURELIO’S OF FRANKFORT** - Frankfort #350348-1
“Aurelio’s Pizza is Chicago’s oldest franchise pizza chain. Aurelio’s serving award winning thin crust recipe since 1959. Aurelio’s offers a lunch buffet.”

**APRIL 9 - DELL RHEA’S CHICKEN BASKET** - Willowbrook #350350-1
“World’s Famous Chicken. The Chicken Basket, as it is today, opened in the summer of 1946 on Historic Illinois Route 66. Dell Rhea’s offers a lunch buffet.”

LUNCH & LINGER
Don’t miss this fun new program! Join us as we head to local locations to eat & shop. We will explore new restaurants and then shop nearby. **Please note that this program involves walking.** The fee includes transportation only; lunch is on your own. **Note: Please bring cash on the trips.**

- **Location:** Depart from Community Center
- **Day:** Fridays
- **Time:** 11:00 am - 3:30 pm
- **Cost:** R:$10.00/NR:$15.00
- **Ages:** 18 years old and up
- **Min/Max:** 6/12

**April 24—Downtown Glen Ellyn** #350330-1
Lunch will be at the Nobel House. They have taken their inspiration from the legendary Alfred Nobel, creator of the Nobel Prize, to create a dining experience unlike any other. The restaurant specializes in BBQ and great beer.

**May 29 - Downtown Naperville** #350336-1
Lunch will be at El Meson Sabika. Located just west of downtown Naperville, Mesón Sabika has been serving the community since 1990. Built in 1847, the pristine four-acre estate and beautiful mansion welcome you before you reach the driveway. The cuisine of Spain and delicious drinks make for an unparalleled dining experience.
ADULT YOGA - NIGHT CLASSES

SENIOR CHAIR YOGA
As we mature we need to use it or we lose it! Gentle poses that strengthen and lengthen. Breathing techniques to foster peace of mind, reduce stress and yet energize. Bring a small, firm pillow or blanket.

Location: Palos Hills Community Center
Day: Mondays
Dates: Session 1 January 6 - February 24 #350913-1
       Session 2 March 9 - April 27 #350913-2
Time: 4:45 - 5:45 pm
Cost: R:$50.00/NR:$55.00 each session
Ages: 50 years old and up
Min/Max: 8/30
Instructor: Kathy Ruiter

STRONG, STRETCHED & SERENE YOGA
This class is for those with (but not exclusive to) previous yoga experience. As you progress, more strenuous postures will gradually increase muscle power and longer holds will increase strength and flexibility. Focus will be on relaxation and meditation in each pose by way of proper breathing. Note: Previous Yoga experience is recommended, but is not required.

Location: Palos Hills Community Center
Day: Mondays
Dates: Session 1 January 6 - February 24 #350917-A
       Session 2 March 9 - April 27 #350917-B
Time: 6:00 - 7:00 pm
Cost: R:$50.00/NR:$55.00 each session
Min/Max: 8/30
Instructor: Kathy Ruiter

YOGA FOR EVERYONE
Rejuvenate & Relax! No previous experience in yoga is necessary. This class will address flexibility, strength, mental focus and most importantly, relaxation. Proper breathing and posture will be emphasized. Bring a yoga mat and a yoga strap to class.

Location: Palos Hills Community Center
Day: Mondays
Dates: Session 1 January 6 - February 24 #350916-A
       Session 2 March 9 - April 27 #350916-B
Time: 7:15 - 8:15 pm
Cost: R:$50.00/NR:$55.00 each session
Min/Max: 8/30
Instructor: Kathy Ruiter
ADULT YOGA - MORNING CLASSES & WINTER/SPRING TRIPS

MEDITATION FOR BEGINNERS
Learn simple techniques to quiet the mental and emotional bodies and bring peace and balance to body mind and spirit. Techniques include breathing sounds and gentle posture adjustments. Improves sleep and increases joy. Bring a small, firm pillow or blanket for back support.

Location: Community Center
Dates: Session 1 January 8 - February 26 #350920-A
      Session 2 March 11 - April 29 #350920-B
Day: Wednesdays
Time: 9:30 - 10:30 am
Cost: R:$50.00/NR:$55.00 each session
Ages: 16 years old and up
Min/Max: 8/30
Instructor: Kathy Ruiter

CHAIR YOGA
Gentle but effective movements in a chair to increase range of motion, build strength and increase overall well-being. Wonderful for those with arthritis or knee/hip replacements or those who cannot otherwise get on the floor for traditional poses. Bring a small, firm pillow or blanket for back support.

Location: Community Center
Dates: Session 1 January 8 - February 26 #350922-1
      Session 2 March 11 - April 29 #350922-2
Day: Wednesdays
Time: 10:45 - 11:45 am
Cost: R:$50.00/NR:$55.00 each session
Ages: 18 years old and up
Min/Max: 8/30
Instructor: Kathy Ruiter

DUELING PIANOS COMEDY SHOW AT STARVED ROCK LODGE
The day begins with a signature lunch buffet before the show. Then sit back and enjoy an experience like no other! The show is an interactive musical comedy that will have you singing, shouting, dancing, and laughing so hard you’ll be doubled over. Don’t miss this wildly entertaining music and comedy dueling piano show at beautiful Starved Rock Lodge. Trip includes coach bus transportation, signature lunch buffet, dessert and soft drinks. Don’t miss out! This trip will fill fast.

Depart/Return: Palos Hills Community Center
Day/Date: Monday, February 3rd #350366-1
Time: 9:30 am - 5:00 pm (approximately)
Cost: R:$90.00/NR:$95.00
Ages: 18 years old and up
Min/Max: 20/25
AN AMERICAN IN PARIS—DRURY LANE, OAK BROOK
Music & Lyrics: George Gershwin and Ira Gershwin. A tale inspired by hope and possibility, An American in Paris brings breathtaking moments of dance and song to the musical stage. Come away with Jerry Mulligan, an American GI doing his best to make it as a painter in the bustling city of Paris following the end of World War II. The storied streets of the City of Lights become the dance floor to a ravishing and passionate voyage into art, friendship, and love following the aftermath of the war. This Grammy Award nominee has also won four Tony Awards for its heart and dedication. It will have you leaping to your feet and dancing along from the very first number. Lunch will include tomato basil soup, entrée choice of Grilled Chicken Breast with Marsala Sauce, Parmesan Crusted Tilapia with Caper Beurre Blanc and 8 Finger Cavatelli Creamy Marinara, Mozzarella, Parmesan, fresh baked bread dessert, coffee or tea. Lunch 11:30am, show 1:30pm.

Depart/Return: Palos Hill Community Center
Day/Date: Thursday, February 20th #350323-1
Time: 10:30 am - 4:00 pm
Cost: R:$77.00/NR:$83.00
Age: 18 years old and up Min/Max: 10/14

“ALMOST HEAVEN” JOHN DENVER’S AMERICA-Theatre at the Center, Munster, IN
Music by John Denver and others. Written and Adapted by Peter Glazer: Directed by Linda Fortunato. This musical tribute is an intimate celebration of John Denver’s life and career. The show will show him growing up in a military family, his emergence on the 1960’s folk scene, his assent to ‘70s superstardom and his later career in the 1980s and 1990s. John Denver’s story is brought to life in this Chicago-area premiere through his countless hits “Country Roads,” Rocky Mountain High,” “Annie’s Song,” and “Sunshine on My Shoulders.” Trip includes lunch, show and transportation in Palos Hills Paratransit Bus. Lunch will include Beef Barley Soup, Fried Catfish Filet or Country Fried Chicken Breast W/Gravy, Home style Mashed Potatoes, Mixed Vegetables, Strawberry Whipped Cream Cake.

Depart/Return: Palos Hills Community Center
Day/Date: Thursday, March 5 #350338-1
Time: 11:00 am - 5:30 pm (approximately)
Cost: R:$68.00/NR:$73.00
Ages: 18 years old and up
Min/Max: 8/11

ROLLING THROUGH ROSEMONT
Join us for a fun afternoon as we roll through the Village of Rosemont/O’Hare area. Rosemont offers a rich variety of dining and gaming entertainment. We will stop for lunch at the famous Carmine’s Rosemont, a Rosebud Restaurant, serving delicious old school Italian cooking, outstanding service and a memorable experience. After lunch try your luck at nearby Rivers Casino or shop at the Fashion Outlets of Chicago, an enclosed outlet mall with designer goods. Trip includes transportation only in a paratransit bus (lunch on your own).

Location: Community Activity Center
Day/Date: Thursday, April 16th #350904-1
Time: 10:00 am - 4:00 pm
Cost: R:$20.00/NR:$25.00
Ages: 18 years old and up
Min/Max: 8/14
ADULT INTEREST CLASSES

AARP Driver Safety Course

Thursday, February 6 & Friday, February 7
Palos Hills Community Center, 8455 W. 103rd Street
9:00 am - 1:00 pm
AARP Members $15, Non-Members $20

Please make checks payable to AARP. You may register in person or by calling the Palos Hills Community Center 430-4500, 8455 W. 103rd St. Palos Hills, IL 60465. Payment is due when you arrive to take the class.

Three reasons to take the AARP Driving Class
1. Learn defensive driving techniques, new traffic laws, rules of the road and more.
2. Find out how to adjust your driving to age-related changes in vision, hearing and reaction time.
3. Many auto insurance companies provide a multi-year discount. Consult your insurance agent.

* Note: This safety course requires you to complete both days of lessons. No testing is required to graduate the course.

BLOOD PRESSURE SCREENING

Health Advocates Home Care will provide free blood pressure screenings at the Palos Hills Community Center, 8455 W. 103rd Street, on Wednesday, February 12, from 11:15 am - 12:15 pm. Stop in and meet the staff from Health Advocates Home Care. No appointment is necessary. Call the Community Center at 430-4500 for more information.

HEARING SCREENINGS

Sertoma Speech and Hearing will visit the Palos Hills Community Center, 8455 W 103rd Street on Tuesday, March 17th from 9-11 am to offer FREE hearing screenings and evaluations. The staff from Sertoma will be able to assist you in evaluating your hearing concerns. If you are interested and would like to take advantage of this free screening please contact Sandy at the Palos Hills Community Center at 708-430-4500.

RULES OF THE ROAD CLASS

The City of Palos Hills Resource & Recreation Department in cooperation with the Illinois Secretary of State’s office will offer a FREE Rules of the Road Class on Thursday, March 26th from 10 am - 12 pm at the Palos Hills Community Center, 8455 W 103rd Street. The class will review traffic laws, signs and safe driving techniques that will give the knowledge and confidence to obtain or renew your driver’s license. For more information or to register for this free class, please call 430-4500.
ADULT INTEREST CLASSES & JAZZERCISE

PROPERTY AFTER DEATH WORKSHOP
This is an informational workshop about how to transfer your home(s), car(s), and checking/savings account(s) without a will or trust, and how to save yourself and your loved ones thousands of dollars in legal and court fees. This workshop is being held in partnership with Edward M. Moody, Cook County Recorder of Deeds. Please call the Palos Hills Community Center at 430-4500 to register for this program.

Palos Hills Community Center, Tuesday, March 31, 10:00 am - Noon, FREE

Announcing our 2019 spring trip for adults....
EXPLORING NEW BUFFALO, MICHIGAN #350341-1
THURSDAY, MAY 7 – FRIDAY, MAY 8
Get away for our overnight adventure to Harbor Country in New Buffalo, Michigan. We had so much fun last time we had to go back. Join us as we travel to New Buffalo, Michigan for a relaxing one night stay at a Lake Michigan waterfront hotel the Marina Grand Resort within walking distance to the beach. Enjoy outstanding amenities including a harbor view restaurant, indoor pool, coffee bar and rooftop deck. Trip highlights include shopping in New Buffalo, a stop at gorgeous Tabor Hill Winery (tasting on your own is about $12.00) in nearby Buchanan, Michigan and a stop at the fun Four Winds Casino. Please join us as we escape our busy lives and have some fun in this quaint shoreline community located on the shores of Lake Michigan. Trip includes transportation in the Community Paratransit vehicle, overnight hotel accommodations, one dinner and one lunch. Breakfast and one lunch will be on your own. Call 430-4500 for pricing and information on this exciting getaway.
Min/Max: 6/12

ADULT INTEREST CLASSES & JAZZERCISE

Monday | Tuesday | Wednesday | Thursday | Friday | Saturday
--- | --- | --- | --- | --- | ---
9:15 am | 9:15 am | 9:15 am | 9:00 am | 9:00 am |
6:15 pm | 6:15 pm | 6:15 pm |

$47. Monthly Unlimited classes
Sign up before class
790-6286
karenzjazz@comcast.net

10 Class Pass = $120
**39’ers Senior Club**

Come join the fun! The Palos Hills Seniors Club is looking for new members. There is always something exciting happening at the Palos Hills Community Center for seniors. It’s a place to meet new people and get together with old friends. The laughs and fun will keep you feeling young. Luncheons, entertainment and bingo are offered. Activities are held at the Community Center, located at 8455 W. 103rd Street, 12:00 - 2:00 pm on the 2nd and 4th Wednesdays of the month for Palos Hills residents age 55+. Nonresident seniors are welcome for an additional fee. If you can’t make every event, that’s ok, we would love to see you when you can. Activity fee for events and luncheons must be paid at least one week in advance. Sorry no walk-ins or refunds. If you have any questions, or would like a list of activities call Sandy at 430-4500.

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity Description</th>
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<tbody>
<tr>
<td>January 8</td>
<td>FREE DAY For Palos Hills Seniors</td>
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<td><strong>Happy New Year</strong></td>
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<td><strong>HAPPY BIRTHDAY Bingo</strong></td>
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<td>Blow out the candles and make a wish! Come to the party today for friendship and a piece of birthday cake. We will play BINGO for prizes.</td>
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<td><em>Birthday cake for a snack today</em></td>
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<tr>
<td>January 22</td>
<td>$2.00 per person <strong>Winter Party &amp; Bingo</strong></td>
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<td>Warm up from the winter chill. Join friends on a cold day for warm greetings and a cup of hot chocolate. Stay for games of BINGO. Meet the new members of the 39’ers when we play Hello Bingo today.</td>
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<td><em>Sandy’s homemade chili and dessert</em></td>
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<tr>
<td>February 12</td>
<td>$2.00 per person <strong>Cupid’s Valentine Bingo</strong></td>
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<td>Celebrate Valentine’s Day with the 39’ers. Join us for a slice of yummy pizza and play games of Bingo for prizes.</td>
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<td><em>Pizza and a sweet treat for lunch today!</em></td>
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<tr>
<td><strong>February 26</strong></td>
<td>$2.00 per person <strong>Stagg Jazz Band</strong></td>
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<td>The Palos Hills Community Center is pleased to welcome the Stagg Jazz Band. Save the date for a musical afternoon you will not want to miss. Mr. Mecozzi and his group of talented students will have you moving and tapping your feet.</td>
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<td><em>Pasta &amp; garlic bread for lunch</em></td>
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<td>March 11</td>
<td>$6.00 St. Patrick’s Day <strong>Kym Frankovelgia - Lunch &amp; Show</strong></td>
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<td>Kiss me I’m Irish! Everyone is Irish today, wear your lucky Irish green today. Join us for a trip down memory lane with cabaret singer Kym Frankovelgia. Kym sings the standards, with style and personality.</td>
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<td><em>Corn Beef Sandwiches today</em></td>
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<td>March 25</td>
<td>$4.00 per person <strong>Entertainer: Ernie Hendrickson</strong></td>
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<td>Ernie sings and play guitar to the best of the American roots, Willie Nelson, Bob Dylan, Neil Young. Join us as we welcome recording artist Ernie Hendrickson.</td>
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<td><em>Sandwiches for lunch</em></td>
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<tr>
<td>April 8</td>
<td>$3.00 per person <strong>Blooming Brunch &amp; Bingo</strong></td>
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<td>Pack away the boots and mittens because spring is busting out all over. Bring your gardening gloves we will be planting an annual flower today. Come celebrate spring with us. Brunch includes bagels, fruit, coffee cake non-alcoholic bubbly.</td>
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<td><em>Did you hear the news? The Palos Hills Community Center is hosting its 3rd annual Spring Fling on Friday, May 1st at 6 pm. You do not want to miss all the fun and great bingo prizes. Call your friends, we will see you there. Tickets are $10. For more information on tickets contact Sandy at 430-4500.</em></td>
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<tr>
<td>April 22</td>
<td>$2.00 per person <strong>Kentucky Derby Party &amp; Bingo</strong></td>
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<td>Plan on plenty of laughter and horseing around when you cheer your table on to victory in the Palos Hills 39’ers derby.</td>
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<td><em>Sloppy Joe’s and Sweet Tea</em></td>
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**Palos Hills New Horizons Senior Club**

Membership is open to adults and their guests 60 years of age and older residing in Palos Hills. Enjoy BINGO, casino trips and parties. Meetings are held on the 1st and 3rd Wednesday of the month at 6:00 pm at the Community Center, 8455 W. 103rd St. New members can join anytime. Yearly dues are $3.00 payable at the start of the 1st meeting.

Call the Community Center at 430-4500. A club member will return your call.
Registration Information

**How to Register**
1. Complete the registration form; be sure to include the program number and signatures. Please read all registration instructions carefully because some programs have special registration requirements.
2. Include the registration form with a check or credit card number for the correct total fee. Please include your phone number on the check and make check payable to the Palos Hills Community Resource & Recreation Department.
3. Mail in, drop off, or fax your completed registration along with your check or credit card number to the Palos Hills Community Resource & Recreation Department, 8455 W. 103rd Street, Palos Hills, IL 60465.
4. The Community Resource & Recreation Department will check proof of residency.
5. The Palos Hills Community Resource & Recreation Department does not mail confirmation cards to confirm program registration. You may assume that you are enrolled in your first choice of programs for which you have registered unless you receive a phone call from our staff.
6. Telephone registration is not accepted.
7. Proof of residency must be shown at time of registration. Non-Residents may enroll in any program for an extra fee.

**Mail In/Drop off Registration**
Resident registration will begin immediately after all brochures are delivered to Palos Hills residents. Non–resident registration will begin one week following resident registration. Mail in and drop off registrations will be placed in open program slots in the order they are received. Registrants will be notified of any class conflicts at the time of registration.

**Registration Dates**
Call the office for the registration dates for residents and non-residents.

**Registration Policies**
1. Fees for late registration will not be prorated.
2. The Palos Hills Community Resource & Recreation Department reserves the right to cancel or postpone programs due to insufficient participation numbers.
3. Registration fees are transferable if requested prior to the first day of class.
4. It is the registrant’s responsibility to record times and locations of programs they are enrolled in.
5. The Palos Community Resource & Recreation Department is not responsible for lost or late mail or drop off registrations.
6. By registering for Community Resource & Recreation Department programs, each registrant realizes the inherent risks involved in the program and appreciates the nature of these risks. The applicant holds the Palos Hills Resource & Recreation Department harmless for any damages caused by participation in these programs.
7. Participants or their parents (if participant is under 18) permit the taking of photos, audio and videotapes during Palos Hills Community Resource & Recreation Department activities for publication and use as the department deems necessary.
8. Participants registering for activities of a strenuous nature are encouraged to seek a physician’s approval.
9. Signatures on registration forms are mandatory. Forms without signatures will be returned to registrant thereby jeopardizing their registration.
10. Individuals registering for other family member and friends or neighbors must complete a separate registration form and make sure it is signed by the person who is participating in the program.

**Typographical Errors**
Our staff has made every effort to prepare this brochure as accurately as possible; however errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. All typographical and printing errors are subject to correction.

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Late Pick Up Policy

We realize that there are times where parents may be late to pick up their child(ren). If it is determined that kids are getting picked up more than ten minutes on a consistent basis, Administration reserves the right to charge parents/guardians $1.00 for every minute the child is not picked up after ten minutes. All fees must be paid in cash before your child(ren) can continue in the class or register for any future classes. If you are running late, we ask that you contact the front office to ensure your child is adequately supervised.

Last Name:_____________________________ Adult First Name:_____________________________

Email:____________________________________________________________________________

Street Address:_______________________________________________________________________

City:___________________ Zip:___________ Emergency Name:______________________________

Home(__)_________________ Work/Cell(__)_________________ Emergency(__)_________________

Please read this form carefully and be aware that signing up and participating in this program you will be waiving and releasing all claims for injuries you might sustain arising out of this program. As a participant in the Palos Hills Community Resource & Recreation Dept. program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages, or loss which I may sustain as a result of participating in any and all activities connected with or associated with such Programs. I agree to waive and relinquish all claims I may have as a result of participating in the program against the Palos Hills Resource & Recreation Dept. and its offers, agents, servants, local sponsors, and employees. I agree to allow the Palos Hills Resource & Recreation Dept. to use my family and I in any photo, audio and/or videotape for any publicity used by the City of Palos Hills. I do hereby fully release and discharge the Palos Hills Resource & Recreation Dept. and its officers, agents, servants, and employees from any and all claims sustained by me and arising out of, connected with, or in any way associated with the activities of the program. I understand that no refunds can be made for any reason unless a program or event was canceled by the Palos Hills Resource & Recreation Dept. Any individual or group, which submits a non-sufficient check for payment of a registration fee, will be charged a $15.00 processing fee. I have read and fully understand the Program details on the reverse side. I have read and fully understand the Waiver and Release of all claims information.

X_____________________________________________ ________________________________

Participant SIGNATURE (All Adults 18 Years and Older) Date

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<tr>
<th>Activity Number</th>
<th>Activity Name</th>
<th>Registrants Last Name</th>
<th>Registrants First Name</th>
<th>Sex</th>
<th>Birth Date Mo./Day/Yr.</th>
<th>Fee</th>
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See Registration Information on the back of this form
Registration Information

Refund Procedures

1. All requests for refunds must be made on an official refund application available at the Community Center. The date the form is stamped by the office is the date for refund consideration. A copy of the date stamped application will be your proof of request.

2. Once any class begins, no refunds will be given. All requested refunds will be assessed a service charge of $10.00. Refunds will only be issued if the refund dollar amount is greater than $10.00. Dollar amounts less than $10.00 will be credited to the family household account which can be used for future registration purposes.

3. The Community Resource & Recreation Department reserves the right to cancel or consolidate any program(s) if registration is deemed inadequate. Classes will be canceled if the minimum enrollment is not met 3 business days before the start date of the program. If any program has been canceled by the department, participants will receive a refund or credit to be used for another program.

4. There will be no telephone refunds.

5. Medical credit situations will be handled individually on a case by case basis and must be accompanied with a doctor’s note. After the first week of class, no medical credits will be given.

6. All field trips have a non-refundable fee unless canceled by the Palos Hills Community Resource & Recreation Dept.

7. Refunds will be processed the day they are submitted in writing. Processing takes three to four weeks. **All refunds will be given by a check no matter how you originally paid for a program.**

8. Cancellations for Day Camp and Playschool must be received in writing on the Resource & Recreation Refund form, two (2) weeks prior to the beginning of the session. No refunds/credits will be given after that date.

9. Credits must be used within 6 months of issue date.

10. There will be no prorating of programs due to late starts, early withdrawals or failure to attend classes.

Behavior Policy

The Palos Hills Community Resource & Recreation Department has an established behavior policy relative to inappropriate behavior. Inappropriate behavior is defined as that which disrupts a recreation program and which requires a program leader to call for a stop of the behavior due to its effect on other participants or on the leader’s ability to conduct the program. Such behavior may call for an immediate and/or permanent dismissal of the participant. Additional rules may be developed for individual programs and athletic events as deemed necessary by staff. No credits or refunds will be given for behavior dismissal.

Waiting Lists

If a program is full, a waiting list will be started. When this is possible, individuals on the waiting list will be called in the order they are placed on the waiting list. However due to schedule restrictions, it is not always possible to accommodate all individuals on waiting lists and in such cases those individuals will not be called.

Walk Up Registration

In person registration for residents will begin as soon as you receive this brochure. All walk up registrants will be informed immediately as to class availability.

Credit Card Information

Program registrants are able to pay for program fees with a Visa, Master Card or Discover Card. If paying by credit card, you must provide photo identification.

NSF Checks

Any individual or group which submits a non-sufficient funds check for payment of a registration fee will be charged $15.00.

Sign Up Today!

Nothing kills a good program or trip quicker than everyone waiting until the last minute to register. So, please register at least 10 business days in advance to keep the program or trip alive!

We Love Parents But...

Please do not remain in the classroom or gym after dropping off your child. Continual interruptions tend to affect the children’s participation levels. You are more than welcome to sit and relax in the lobby.
Palos Hills Park Sites & Facilities

LOCATION INFORMATION
City of Palos Hills - City Hall
10335 S. Roberts Road
Palos Hills, IL 60465
(708) 598-3400

Community Center
8455 W. 103rd Street
Palos Hills, IL 60465
(708) 430-4500

Palos Hills Municipal Golf Course
7301 W. 105th Street
Palos Hills, IL 60465
(708) 599-0202

Palos Hills Riding Stables
10100 Kean Avenue
Palos Hills, IL 60465
(708) 598-7718

Orland Bowl
8601 W. 159th Street
Orland Park, IL 60462
(708) 532-8868

Southwest Ice Arena
5505 127th Street
Crestwood, IL 60445
(708) 371-1344

Apollo Recreation Center
12521 S. Kostner
Alsip, IL 60803
(708) 389-1003

Palos Park Recreation Center
8901 W. 123rd Street
Palos Park, IL 60464
(708) 671-3760

T-USA Martial Arts
12041 S. Harlem Avenue
Palos Heights, IL 60463
(708) 361-5657

GUIDELINE FOR PARKS
City of Palos Hills Ordinance Section 2.48.070
For a complete list of rules visit our website at
www.paloshillsweb.org

For All Parks
1. All dogs must be on a leash.
2. Dog Waste - must be picked up and removed by the owner.
3. No person shall be allowed to swim, bathe, wade or enter into
   any water feature located on any City property. A water feature is
   any pond, lake, retention/detention pond or waterfall.
4. Ice skating is allowed on City made ice skating areas only.
5. No person may sleep overnight or camp in any park.
6. No person shall enter an area posted as “Closed to the Public”
   nor shall any person use any area in violation of posted notices,
   included but not limited to parking areas designated for the
   handicapped.
7. The City of Palos Hills reserves the right to close a park for City
   held functions.

Pleasure Lake Rules
No Swimming, Boating, Ice Skating, or Camping.
Fishing is catch and release only.

PALOS HILLS PARKS
Town Square - 8500 W. 103rd Street
Indian Woods - 100th Street & 82nd Avenue
Michael Park - Michael Drive & 105th Street
Loveland Park - 8500 W. 106th Street
Aspen Park - 105th Street & Aspen
Calvary Park - 111th Street & Roberts Road
Krasowski Park - 104th Place & Tod Drive
Volunteer Park - 99th Street & 88th Avenue
Bennett Park - 10801 Roberts Road
(formerly Pleasure Lake)
Glacier Park - 101st Street & 78th Avenue

Check Our Website for Additional Information at
www.paloshillsweb.org
**Breakfast With the Bunny**

Saturday, April 4  
Palos Hills Community Center  
8455 W. 103rd Street  
10:00 - 11:15 am  
$8.00 per adult - #360315-A  
$10.00 per child - #360315-C  
Under 1 year old is free - #360315-B  
Price includes breakfast, entertainment, private egg hunt & a bunny gift. Buy your tickets early - no tickets will be sold at the door!

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**Easter Egg Hunt**

Sponsored by Zacarelli’s Pizza  
Saturday, April 4  
Town Square Park  
8455 W. 103rd Street  
Rain or Snow  
12:00 pm SHARP  
Cost: FREE, No ticket necessary  
Bring your own Easter Basket or bag to collect your eggs. Find the special egg and receive a special prize. No registration is necessary.

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**GIRLS’ NIGHT OUT**  
**PAINTING PARTY**  
Friday, February 28  
Palos Hills Community Center  
6:00 - 8:30 pm  
#350904-1  
R: $30.00/NR: $35.00  
For ages 18 years & over. Includes painting canvas, snacks and soft drinks.

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**Prince of Heart’s Mother/Son Dance**

Friday, February 7  
Palos Hills Community Center  
6:30 - 8:30 pm  
$30.00/Couple #330260-1  
$20.00 each additional child #330260-2  
$10.00 each additional adult #330260-3  
Event includes a light dinner (pizza), dancing and a souvenir. Grandmothers are invited as well!

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Please register by February 1.  
No tickets sold at the door.  
Maximum 24 couples
Providing a Healing Experience

Palos-Gaidas
F U N E R A L   H O M E

The Gaidas family has been serving families for over two generations in the Chicago land area. With humble beginnings in Chicago’s Back of the Yards and Brighton Park communities, we have been taking care of families by providing a “healing experience.”

Over the years, Palos-Gaidas Funeral Home has continually provided dignified and compassionate service to the many families who call upon us. Our commitment to our family and community is reflected in our involvement with various organizations. We support many community endeavors, including church and civic groups, schools, and charitable organizations.

Let us show you how our commitment to excellent care can help your family when you need it most.
We look forward to hearing from you.

Dave and Loretta Gaidas

11028 Southwest Highway, Palos Hills, IL 60465
Phone: 708-974-4410
www.palosgaidasfh.com • palosfh@comcast.net