

City of Palos Hills

Happenings & Recreation Brochure • WINTER/SPRING 2022



MAYOR
Jerry Bennett

CITY CLERK
Rudy Mulderink

TREASURER
Kenneth J. Nolan

ALDERMEN

1ST WARD
Marty Kleefisch
Mike Price

2ND WARD
Pauline A. Stratton
Mark Brachman

3RD WARD

A.J. Pasek
Michael Lebarre

4TH WARD

Phil Abed
Peter Donahue

5TH WARD

Dawn M. Nowak
Donna O'Connell

CITY HALL

10335 S. Roberts Rd
(708) 598-3400

MAYOR'S MESSAGE

Dear Residents,

As we approach the Winter season, the City of Palos Hills Public Works Department is finishing the many construction projects throughout the City including paving the streets, replacement of sidewalks along with sewer and water line repair and replacements and other additional improvements. Our Public Works Crew do a great job in handling these responsibilities professionally and with pride. Public Works operations have now begun to switch over to Winter for seasonal snow plowing and various other scheduled maintenance programs.

The City of Palos Hills along with IDOT will begin going to bid in late Spring for a major intersection improvement at 111th and Roberts Road including a new westbound turn lane for west bound traffic on the 111th Street. The estimate start of construction would coincide with school closing by the end of June.

As we close the calendar year, the City of Palos Hills continues with new building investments and new commercial developments taking place especially on Harlem Avenue-a new medical building along with a 4,500 square foot restaurant is now under construction. Three other commercial rehabs are almost completed along Harlem. Palos Hills is going to have 2 new restaurants, one which recently re-opened on 103rd and 78th Avenue and a new bar and grill to open in the old Bertucci's next to City Hall. We have also been informed that the old Hong Min Restaurant has been purchased and will reopen a new remodeled and expanded Chinese restaurant. The City Council recently approved a 17 unit townhouse development on 111th Street approximately 8300 west. The City continues to have a robust investment for family homes both rehab and new.

The recent US 2020 Census was certified with our City having the second highest growth percentile in all of the south and southwest suburban areas. Our population jumped from 17,500 to 18,600. The 1,100 increase in population represents a 6% growth from 2010 whereas the entire growth of all of Cook County was 1.1%. We are very excited and pleased! People and families are moving to Palos Hills and why not....Palos Hills has some of the best schools- elementary, high and college, in the entire metro area. We have one of the lowest crime rates in Illinois and we offer our residents some great amenities with Parks and recreational activities. We will continue to improve upon the services we provide our residents and we thank you for your participation in making our City a place for all to enjoy. With the upcoming holidays, the City will be holding Special Events which are listed in this Newsletter and we hope you can participate and enjoy along with us.

On behalf of the City Council, Department Heads and Staff we extend to all our residents and businesses (shop local) a Merry Christmas and Happy Holiday Season. Please STAY SAFE and we look forward to the New Year.

Sincerely, Mayor Jerry Bennett

A handwritten signature in black ink, appearing to read "Jerry Bennett". The signature is stylized and written in cursive.

SPRING BREAK EVENTS

Nerf Wars

Come join us for a school day off having a nerf war with your friends. Obstacles will be set up and the games will begin. Our gym will be transformed into a fun place to run and shoot those nerf guns. We will have two separate times. All players will be supervised. Each person must bring their own nerf gun. Safety glasses and darts will be provided.

Palos Hills Community Center

Tuesday, March 22

10:30-noon—2nd-5th grade

#330258-1

1:30-3:00pm—6th-8th grade

#330258-2

R:\$10.00/person, NR:\$15.00/person

Dodge Ball

Get some friends together and join us for a fun old fashioned game of dodge ball. Like the Nerf Wars, we will have two separate times. All players will be supervised. Equipment will be provided. Dress in comfortable clothes and gym shoes.

Thursday, March 24

10:30-noon—2nd-5th Grade

#330927-1

1:30-3:00pm-6th-8th Grade

#330927-2

R:\$10.00/person, NR:\$15.00/person



Friendship Fest
2022 Dates
July 7-10

1st Ward News

Hopefully COVID-19 will soon be behind us, and we can look forward to more normal times. The past year and a half has been one of challenges, but our city rose to those challenges and continued to provide services to our residents with hardly any interruptions. Most of the credit belongs to our dedicated city employees in all departments. We, along with our First Ward residents, extend a much deserved "thank you" to all of them.

Congratulations to all of this year's Beautification Contest winners who received their awards at a wonderful ceremony at Town Square Park on September 25th. Your continued efforts help to make Palos Hills attractive and also support everyone's property values.

The Halloween Happenings Hayride at our new Bennett Park and new Public Works Facility was a resounding success. The weather finally cooperated on Saturday evening, and the children and adults enjoyed a fun experience. Plans are already being made to make it even better next year. Thanks to the Community Resource and Parks Department and to the many volunteers, young and old, who made it a success.

A few reminders:

- Always check with the Palos Hills Building Department (708-598-3400) if you are planning any home improvements, inside or out. Permits are required before you begin any work.
- Now that winter is on the way, you may want to have your heating system and your fireplace (if you have one) checked to ensure they are working properly.
- Garbage cans in public view after garbage pickup do not enhance property appearance or value, so please be a good neighbor and put them out of public view.
- Follow all driving rules and regulations to protect all pedestrians, especially be alert for our children who may be out playing with their friends.

Continued on next column....

1st Ward News—Cont.

We encourage you to enjoy our beautiful parks and also to patronize our local Palos Hills businesses whenever you can. Finally, we hope you enjoy your winter holidays and stay healthy and safe. As always, feel free to contact either of us whenever you have a question or concern.

Alderman Marty Kleefisch

708-598-3055

mkleefisch@paloshillsweb.org

Alderman Mike Price

708-380-3969

mprice@paloshillsweb.org

2nd Ward News

IMPORTANT INFORMATION: It is very important that you call the police department at the non-emergency number 708-598-2992 if you need information, Monday-Friday, 9am-5pm. After hours and on weekends, please call 708-598-2151 or 911 so an officer can respond in a timely manner for any concerns that would require a police officer.

School: School is in session; please remember that ALL residential streets are 20 mph and watch for children.

January Newsletter: The January Newsletter will be on the city website (paloshillsweb.org). If you do not have a computer, please notify Pauline or Mark and we will bring you a paper copy.

Carbon Monoxide Detectors: State law requires homeowners, landlords, and building owners to install carbon monoxide detectors within 15 feet of rooms used for sleeping. This law applies only to those occupancies that use fossil fuel to cook, heat or produce hot water; or occupancies that are connected to an enclosed garage. The symptoms of CO poisoning include: dizziness, nausea, headache and coughing, irregular heartbeat, and pale skin with cherry red lips and ear tips. If you suspect CO poisoning, **get fresh air, stay outside and call 911.**

Continued on next page....

2nd Ward News—Cont.

No Burning: Do not burn leaves, yard waste or garbage.

Expired and old medications: You can drop these medications in a box in the police station during business hours. No liquids, sharp objects, or needles can be deposited.

Update Phone Numbers: Please call Margareth Balan at City Hall if you no longer use a land line. It would be very helpful to City Hall to have your current cell number in case we need to contact you. Margareth works in the water department (708-598-3400, ext. 1106).

Sewer Covers: Please check the sewer covers by your home and remove any debris so homes and streets do not flood.

Support our Troops: The city collects items for our troops year round at the Community Center (8455 W. 103rd Street); a list of suggestions is there and at City Hall.

Sun Valley Drive: Over the years, there have been many water problems. The completion date is scheduled for November 12 with new piping, asphalt, and some new curbing and sidewalks. THANK YOU PUBLIC WORKS!

2021 Beautification Award Winners:

The Hejna Family, 8454 W 107th Street

The Maropakis Family, 10627 1/2 84th Avenue

The Kaminski Family, 8545 Broadmoor

The Augustyniak Family, 10437 Broadmoor

The Ithal Family, 10309 84th Avenue

The Nykiel Family, 8532 W. 107th Street

The Koltas Family, 10321 82nd Court

Rick Newtoff, 10646 S. 82nd Avenue, **GRAND PRIZE WINNER**

STAY SAFE AND HEALTHY!

Pauline Stratton

708-430-2240

pstratton@paloshillsweb.org

Mark Brachman

708-710-9844

mbrachman@paloshillsweb.org

3rd Ward News

Hello Third Ward residents, we hope this newsletter finds you in good spirits as we continue through the season.

Concerned about speeding in our neighborhood? Speeding on residential roads is one of the top complaints reported. Studies show that most vehicles travel above the posted residential speed limit and that all drivers contribute to this issue including residents, commuters, and school aged drivers. We may speed because we are familiar and comfortable on the roadways that we travel regularly while others may use them as shortcuts. Setting the pace driving at or below the posted speed limit forces those behind you to follow at your safe, respectful pace. Make a difference by slowing down. Make sure you observe the posted speed limit.

Getting along with our neighbors makes our community a happier and safer place to live. The key to being a good neighbor is clear and consistent communication. Introduce yourself to your neighbors and then stay in contact over time. Try to be courteous by keeping your noise levels low and your yard well maintained. If you're able to, helping your neighbors out from time to time is a great way to show neighborly kindness. Shovel the driveway for your older neighbor after a big snowstorm, or offer to water plants when someone goes out of town. When in doubt, apply the age-old "Golden Rule" to your neighborly relations, and treat others the way you would like to be treated.

Please support our local service groups. Service groups are locally based and respond to those in need in our community. Some of our local groups are Sertoma, Kruse's Krew, Lions Club, Kiwanis Club, Elsie's Pantry and the Rotary Club. Ways in which these groups help: financial assistance in time of a disaster, local scholarships, assistance to people with disabilities, help with our military veterans, and food assistance. You can support these groups by financial donations, supporting or joining events, or by becoming a member.

Please join our email list to keep updated on local events and happenings, by contacting lebarremike@gmail.com.

Alderman Pasek, Alderman Mike Lebarre

4th Ward News

Your 4th Ward Aldermen are excited to bring new energy and ideas to the City Council of Palos Hills. Alderman Abed has been your Alderman now since April 2020 and Alderman Donahue was appointed earlier this year. For those of you who do not know Alderman Donahue, he is a partner in the law firm of Ripes, Belson, Baggot & Kalobratos and has been actively involved in the community of Palos Hills for over 20 years. For more information on Alderman Abed and Alderman Donahue please visit our Facebook page at www.facebook.com/4thWardPalosHills. We look forward to serving the residents of the 4th Ward long into the future.

We encourage all residents to patronize the businesses in the City of Palos Hills and specifically the wonderful businesses in the 4th Ward. Our local businesses are so important to our community in providing local services that are easy to reach and in contributing to the economic success of our city. We welcome the following new businesses to the 4th Ward: **Amarie's Café**, 10296 S. 76th Avenue; **Tacos Juniors**, 9736 S. Roberts Road; and **Darajat Organization**, 8009 W. 99th Street. Please help support all of our local businesses.

We all look forward to the Holiday Season each year as a fun and exciting time. However, winter can also be a time when people struggle with their physical and mental health. We encourage everyone to continue to manage their fitness and physical activity during the winter months. This is important in managing stress and helps us connect with others in our community. As you can see in this Recreation Brochure, the City of Palos Hills offers a wide variety of activities for people of all ages. Participating in some of these offerings is not just a great way to stay active, but it is also a great way to meet other people and get out of the house in the grey parts of winter. Also, in our digital age it is easy to become isolated. Please remember to check in on your neighbors during the winter, not just to say hello, but also to check their safety on snowy and colder days. Palos Hills has always been a friendly city.

Continued on next column....

4th Ward News—Cont.

Finally we would like to congratulate the 4th Ward residents who were recognized with the City of Palos Hills Beautification Award this year:

- The Markatos Family, 10054 80th Court
- The Gatz Family, 9912 S. 82nd Avenue
- The Mazurek Family, 10110 83rd Court
- The Hussain Family, 10115 82nd Avenue
- The Kasprzak Family, 8201 9th Street

We would also like to welcome all of the new residents of the 4th Ward of Palos Hills and we are glad to see our community continue to grow. If we are ever needed, please remember we are only a phone call or email away.

Alderman Phillip Abed
708-598-3400
Pabed@paloshillsweb.org

Alderman Peter A. Donahue
708-598-3400
Pdonahue@paloshillsweb.org



*The City of Palos Hills
Elected Officials & Staff
Wish you and your Family a
Safe & Healthy New Year!*

5th Ward News

The colder weather is upon us and so are the Holidays! There is something magical and beautiful about the winter season (or at least the first snowfall, right?)

Palos Hills residents have beautifully lit up our City for holidays in the past and we are so looking forward to seeing all of the beautiful lights and decorations that all of our residents work so hard on to beautify their homes. Some residents may not be able to put up lights or decorations and seeing yours surely may be the highlight of their day and put a smile on their faces. So a big thank you Palos Hills residents!

Along with all of the fun and activities winter brings like making a snowman or catching a snowflake, there are many responsibilities that need to be done to protect one of your biggest investments....your home.

Keeping old man winter out and nice and toasty inside takes work. We have prepared a list for you of important items and reminders. If you would like a list please email us at:
Dnowak@paloshillsweb.org or
Doconnell@paloshillsweb.org

By being proactive you will lower your energy bills and increase the efficiency of your homes components and make your property safer.

As always, we wish you a very special and blessed Holiday Season and New Year. Please call us with any concerns you may have at the numbers listed below.

Alderman Dawn Nowak—708-259-3367
Alderman Donna O’Connell—708-420-2326

Palos Hills City Hall will be closed
December 23, 24, 27 & January 3
April 15, May 30

The Community Center will be closed
December 24, 25, 27, 31
January 1, 3
April 15, 16, May 30

The PATSE bus service will not run
December 24, 27, 31
January 3, April 15, May 30

City of Palos Hills Important Numbers

Administration	598-3400
Animal & Ordinance Office	598-3400
Building Department	598-3400
Community Resource & Recreation	430-4500
Municipal Golf Course	599-0202
Police (Non-emergency)	598-2992
Public Works/Sewer & Water	598-3400

City Council Meetings
1st & 3rd Thursday of the month
Committee Meeting: 6:30pm
Regular Meeting: 7:00pm
City Hall Council Chambers
10335 S. Roberts Road
www.paloshillsweb.org

THANK YOU

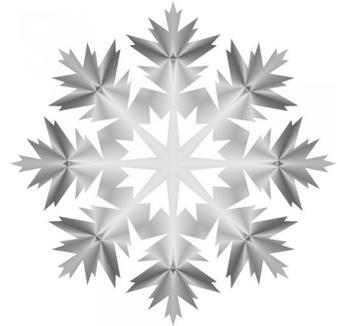
A big thank you to Duke’s Ace Hardware in Palos Hills for providing prizes for our 2021 Beautification Awards. Duke’s is a great supporter of the City!

PALOS HILLS ECONOMIC DEVELOPMENT CORNER

Merry Holiday season Palos Hills! The Economic Development Committee has been busy visiting and interviewing our Palos Hills businesses! If you are a business in Palos Hills and would like to enhance your business and take advantage of “free marketing and advertising” please call me to arrange an interview. The interviews are seen on the Palos Heights Channel 4 news station which is effective in the towns of Palos Heights, Palos Hills, Hickory Hills and Worth. This is a great marketing tool for any businesses and free from the City of Palos Hills.

We have had numerous new businesses move into town this past year. Please join me in welcoming the following:

1. HUM HUM CHICKEN—10412 Harlem Avenue
2. EZ ELECTRONICS—10703 S. Roberts Road
3. TACO JR'S MEXICAN RESTAURANT—9736 S. Roberts Road
4. OMAR BASHA—7213 W. 103rd (nuts & candy)
5. MEMETI'S PIZZA—8803 W. 95th Street
6. A CENTER FOR MARTIAL ARTS—10717 S. Roberts Road
7. AMARIE'S CAFÉ—10296 S. 78th Avenue
8. ANIME-NIACS—8074 W. 111th St (comics)
9. DARAJAT ORGANIZATION—8009 W. 99th Street
10. AVICENNA HEALTH CARE CORPORATION—10417-19S. Roberts Road



We wish all of you much success in your business endeavors and welcome to Palos Hills.

In addition to helping your business succeed, the Palos Hills Economic Development Committee will help your business by hosting a grand opening, a grand re-opening, or an anniversary ceremony. Please contact me for details.

Another great way to enhance your business and network is to join our local Chamber of Commerce. Our local Chamber is the Hills Chamber of Commerce and can be reached at 708-233-6860. Ask for Teresa or email them at info@thehillschamber.org or website at www.thehillschamber.org. You can also find them on Facebook.

PLEASE SHOP, EAT AND DRINK LOCAL!

Enjoy strolling through our beautiful parks and beautifully decorated gazebo area behind our Resources & Recreation Department. Then you can walk across the street to enjoy a cup of coffee or hot chocolate at “Strange Brew” or spend a few hours inside where it is cozy and warm at Green Hills Public Library.

You can find a lot of Holiday fun in our town if you look for it, it's here!

We are wishing you a wonderful Holiday season blessed with good health, family, fun and friends.

You can follow Palos Hills Economic Development Committee information and events on Facebook at “City of Palos Hills Economic Development”, and a big thank you to all of the residents who are currently following!

I can be reached at 708-420-2326 or by email at doconnell@paloshillsweb.org.

REMEMBER...SHOP LOCAL & THANK YOU!

Donna O'Connell, Chairman, Palos Hills Economic Development

PALOS HILLS POLICE DEPARTMENT NEWSLETTER

Retirement:

Congratulations to Lieutenant Warren S. Becker, who retired on June 18, 2021, after 41 years of service.

Congratulations to Sergeant David Neumann, who retired on August 22, 2021, after 27 years of service.

We would like to congratulate and thank them for their dedication to the City of Palos Hills.

Promotion:

- Anthony Carroccio was promoted to the rank of Sergeant on June 17, 2021.
- Traci Bachelder was promoted to the rank of Lieutenant on June 17, 2021.
- Randy R. Rasmussen was promoted to the rank of Sergeant on August 19, 2021.

New Officers:

- Officer Amir Haleem was hired on April 29, 2021
- Officer Darius Boykin was hired on August 5, 2021
- Officer Ryan Stec was hired on October 21, 2021
- Officer Stephanie Werle was hired on November 4, 2021

Please join us in welcoming our new officers to the City of Palos Hills.

Scams/Identity Theft:

Please be aware that scams are happening every day. Please do not give out personal information over the phone or to anyone you do not know. Also be careful about searching for telephone numbers on the internet. Some companies may seem to have a customer service telephone number to call, but it is a scam that allows criminals to gain your trust and personal information. Once personal information is exchanged criminals will have the ability to access accounts and identity theft becomes a frequent occurrence. If you are concerned about a potential scam please dial 911 or 708-598-2151 and our officers will be dispatched to help anytime day or night.

Driving Safely:

Now that the weather is getting colder, rain sleet snow and ice will make the roads more dangerous. Please drive slowly so you can arrive to your destination safely.

Suspicious Activity:

If you see anything suspicious, to include people, vehicles, or activities, please dial 911. This allows dispatch to document the incident immediately and allows officers to quickly respond and investigate. Reporting suspicious activities is a great way for community members to help keep Palos Hills one of the safest cities in Illinois.

Lock all doors and windows to your homes, as well as make sure your garage doors are closed when you are not in the immediate area. Remove all belongings from your vehicles, to include your keys, and lock the doors. These are a few ways to prevent your belongings from being stolen.

Social Media:

Please look for us on Facebook. You can find our page by scanning the QR code with your cell phone camera or by searching for our **Palos Hills Police Department Facebook** page.



RECREATION BROCHURE

Community Resource & Recreation Department
8455 W. 103rd Street
Palos Hills, IL 60465
(708) 430-4500
Fax (708) 430-8376
Website: www.paloshillsweb.org
Email: recreation@paloshillsweb.org

Staff

Kristin Violante, Commissioner
Edward Jung, Superintendent of Recreation
Sandy DeMoor, Community Resources Supervisor
Lisa Kline, Office Clerk

Mission Statement

The Palos Hills Community Resource & Recreation Department (CRRD) strives to maximize its resources to provide the community with high quality, diverse and economic leisure opportunities; through open space preservation, park development, administration and active and passive recreational program offerings.

Americans with Disabilities Act

In compliance with the Americans with Disabilities Act, the City of Palos Hills Community Resource & Recreation Department will make reasonable accommodations for individuals with a disability when using facilities or programs to enable participation. If you have any questions about the Park Department's compliance, please contact the Palos Hills Community Resource & Recreation Department at 430-4500.

Special Recreation

The Palos Hills Community Resource & Recreation Department is a cooperative member of the Oak Lawn Park District Special Recreation Agency. Residents of Palos Hills with special needs can participate in programs at Oak Lawn at the resident rate. Brochures for Oak Lawn Park District Special Recreation, 708-857-2200, programs are available at the Palos Hills Community Center, 8455 W. 103rd St.

Registration

Because we cannot control when the post office delivers this publication to all of our residents, please call the Community Center to ask when resident and non-resident registration begins.

City of Palos Hills Recreation Board

Mayor Gerald R. Bennett
Alderman Dawn Nowak, Chairman
Alderman Marty Kleefisch
Alderman Pauline Stratton

City of Palos Hills Community Resource Board

Mayor Gerald R. Bennett
Alderman Mike Price, Chairman
Alderman Pauline Stratton
Alderman Phil Abed

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Visit us online at www.paloshillsweb.org
or on Facebook at
**City of Palos Hills Resource and Recreation
Department**

EXTENDED PLAYSCHOOL PROGRAMS FOR 4 & 5 YEAR OLDS

The City of Palos Hills provides enrichment classes for our 4 & 5 year olds after Tot Stuff Playschool. These classes are an excellent way to enhance kids' reading, fine & gross motor and social skills. Kids not enrolled in Tot Stuff Playschool are also invited to attend these classes, but must be preschool aged. Supervision will be provided between Tot Stuff Playschool and these programs. Please note that we do not pro-rate for late registrations. Please make sure to bring a lunch.

BIG BOOKWORMS (Ages 4-5 years old)

You can never get enough of practicing letters, sounds, and putting them all together. In this class we will work on different phonics techniques to help your child begin the process of reading and reinforce concepts taught in class. This class is without a parent. **No class January 17, February 21, March 7 & 21, April 18**

Location: Community Center
Day: Mondays
Dates: January 10 - May 9 #320220-1
Time: 11:30 am - 12:30 pm *bring a lunch
Cost: \$65.00
Min/Max: 4/12

JUNIOR EINSTEINS (Ages 4-5 years old)

Want to conduct experiments or learn some basic math? Then this is the class for you! Introduction to math and science will be presented. This class is without a parent. **No class March 23.**

Location: Community Center
Day: Wednesdays
Dates: January 12–May 11 #330210-A
Time: 11:30 am - 12:30 pm *bring a lunch
Cost: \$102.00
Min/Max: 4/12

SPORTS FANATICS (Ages 4-5 years old)

Learn a variety of sports such as basketball, soccer, t-ball and more. The kids will receive instruction in each sport, while learning the importance of sportsmanship and teamwork. **No class March 25, April 15.**

Location: Community Center
Day: Fridays
Dates: January 14 - May 6 #330228-1
Time: 11:30 am - 12:30 pm *bring a lunch
Cost: \$75.00
Min.Max: 4/12

EXTENDED PLAYSCHOOL PROGRAMS FOR 3 & 4 YEAR OLDS

The City of Palos Hills provides enrichment classes for our 3 & 4 year olds after Tot Stuff Playschool. These classes are an excellent way to enhance kids' reading, fine & gross motor and social skills. Kids not enrolled in Tot Stuff Playschool are also invited to attend these classes, but must be preschool aged. Supervision will be provided between Tot Stuff Playschool and these programs. Please note that we do not pro-rate for late registrations. Please make sure to bring a lunch.

JUNIOR EINSTEINS (Ages 3-4 years old)

Want to conduct experiments or learn some basic math? Then this is the class for you! Introduction to math and science will be presented. This class is without a parent. **No class March 22.**

Location: Community Center

Day: Tuesdays

Dates: January 11 - May 10

#330251-1

Time: 11:30 - 12:30 pm

Cost: \$102.00

Min/Max: 4/12

PLAY IT ALL SPORTS (Ages 3-4 years old)

Learn a variety of sports such as basketball, soccer, t-ball and more. The kids will receive instruction in each sport, while learning the importance of sportsmanship and teamwork. **No class March 24.**

Location: Community Center

Day: Thursdays

Dates: January 13 - May 12

#330219-A

Time: 11:30 pm - 12:30 pm

Cost: \$85

Min./Max: 4/12

2 & 3 YEAR OLD PRE-PLAYSCHOOL CLASS

FALL START S.M.A.L.L. - PRE-PLAYSCHOOL CLASS

Join us for SMALLS. This 90 minute class is perfect for those just beginning to leave mom, dad, or other caregivers for a short time or are too young for preschool. We will introduce school skills, math and reading readiness, and have fun doing it. Kids do not need to be potty-trained but parents need to be available by phone. Teachers cannot change diapers.

Location: Community Activity Center

Time: 9:30-11:00 am

Day: Tuesdays & Thursdays

Dates: **Session 1:** January 11 - March 17 (20 classes)

#320010-1

Session 2: March 29 - May 12 (14 classes)

#320010-2

Cost: **Session 1:** Resident: \$160.00 Non-Resident: \$170.00

Session 2: Resident: \$112.00 Non-Resident: \$122.00

Day: Wednesdays & Fridays

Dates: **Session 1:** January 12 - March 18 (20 classes)

#310201-A

Session 2: March 30-May 13, **not April 15** (13 classes) **#310201-B**

Cost: **Session 1:** Resident: \$160.00 Non-Resident: \$170.00

Session 2: Resident: \$104.00 Non-Resident: \$114.00

Age: 2 - 3 year olds

Min/Max: 4/9

Teacher: Ms. Anna

TOT CLASSES WITH PARENTS

PALOS PLAYGROUP (with parent/caregiver)

Playtime, stories, songs and crafts are offered for parents or caregivers and their little ones. Spend some time with your child while meeting other parents and caregivers in the community. This loosely structured class is led by a teacher, who will help guide your child through certain activities, but the emphasis is on social interaction with the assistance of the parent or caregiver. Only children registered for this class will be allowed to attend.

Location: Community Activity Center - Youth Room
Day: Mondays
Date: January 24 - April 11 **#320206-A**
Not February 21, March 7 & 21.
Time: 10:00 – 11:00 am
Cost: R:\$45.00/NR:\$55.00 per session
Age: Walking - 2 year olds with parent **Min/Max:** 4/12
Teacher: Miss Sophia

PIPSQUEAK OPEN GYM (With Parent/Caregiver)

Parents, come join your child and have fun in the gym. The layout is altered regularly to provide new challenges. Mats are put out to climb on and balls are available to bounce and play catch with. Socialization will be a positive aspect for both parent and child. This program requires adult supervision, there is no instructor for this open gym program. This is a drop-in class. Fees are paid weekly.

Location: Community Center- Gym
Day: Fridays
Date: January 21 - May 6
Time: 9:30 – 11:00 am
Cost: R:\$2.00/NR:\$3.00 each week
Age: Walking - 3 year olds with parent
Min/Max: 4/20

Breakfast with the Bunny

Saturday, April 9

Palos Hills Community Center

8455 W. 103rd Street

10:00- 11:15 am

\$8.00 per adult - #360315-A

\$10.00 per child - #360315-C

Under 1 year old is free - #360315-B

Price includes breakfast, entertainment, private egg hunt & a bunny gift.

Buy your tickets early - no tickets will be sold at the door!

EARLY CHILDHOOD SPORTS

ILLINOIS SHOTOKAN KARATE - NEW!

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, and President of the American Shotokan Karate Association.

In our **Pre-Karate** Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and belt testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847/359-0666.

Location: Apollo Recreation Center (12521 S. Kostner, Alsip)

Day: Fridays

Dates: Session 1: January 7—March 25
Session 2: April 8—June 10

Cost: Session 1: \$141.00
Session 2: \$118.00

Age: Pre-Karate - 4 - 7 years

Maximum: 12 kids

Times: Pre-Karate

Session 1

4:30 - 5:15 pm	Beginner (no prior experience)	#320217-A
5:20 - 6:05 pm	Continuing (White w/stripes & up)	#320217-B

Session 2

4:30 - 5:15 pm	Beginner (no prior experience)	#320217-C
5:20 - 6:05 pm	Continuing (White w/stripes & up)	#320217-D

*Please note that Parent/Child, Youth and Adult classes will train together.

T-BALL CLINIC

This introductory T-ball program is perfect for a child who wants to have fun and learn about baseball. Participants will learn the skills needed to play baseball, including offense and defense, as well as the rules of the game. All you need to do is bring a glove.

SESSION 1

Days: Saturdays

Dates: Session 1: January 15-February 19 #320234-1
Session 2: March 5-April 9, not March 26 #320234-2

Time: 9:00 - 9:45 am

Cost: Session 1: R:\$30.00/NR:\$35.00
Session 2: R:\$25.00/NR:\$30.00

Ages: 3 - 5 years old

Min/Max: 4/8

YOUTH SPORT CLASSES

INTRO TO SOCCER

This introductory soccer program is perfect for a child who wants to have fun and learn about soccer. Participants will learn the skills needed to play soccer—including dribbling, passing and shooting and the rules of the game. Register quickly! These classes fill up fast!

Days: Tuesdays
Ages: 3-5 years old
Dates: Session 1: January 11-February 15 #330223-1
Session 2: March 1-April 12, not March 22 #330223-2

Time: 5:00 - 5:45 pm
Cost/Session: R:\$30.00/NR:\$35.00
Min/Max: 4/8

Ages: 6-10 years old
Dates: Session 1: January 11-February 15 #320204-A
Session 2: March 1-April 12, not March 22 #320204-B

Time: 6:00-6:45 pm
Cost/Session: R:\$30.00/NR:\$35.00 **Min/Max:** 4/10

INTRO TO SPORTS

Each week we will feature a new sport. Some of the sports the students will learn include basketball, soccer, baseball and flag football. Children will have the opportunity to learn new skills and develop confidence in playing various sports.

Days: Thursdays
Ages: 3-5 years old
Dates: Session 1: January 13-February 17 #330232-1
Session 2: March 3-April 14, not March 24 #330232-2

Time: 5:00 - 5:45 pm
Cost/Session: R:\$30.00/NR:\$35.00
Min/Max: 4/8

Ages: 6-10 years old
Dates: Session 1: January 13-February 17 #320230-A
Session 2: March 3-April 14, not March 24 #320230-B

Time: 6:00-6:45 pm
Cost/Session: R:\$30.00/NR;\$35.00
Min/Max: 4/10

- Masks will be required unless guidelines change.
- Kids should bring their own water bottles.
- These classes will be taught by Palos Hills resident Ben Bittner who is a school teacher and youth Coach.
- We ask that parents wait in the hallway or in their cars during the class.

YOUTH SPORT CLASSES—cont.

BASKETBALL—SATURDAYS

Children will have the opportunity to practice various basketball skills such as shooting, passing and dribbling. There will be time each week for competitive play.

Days:	Saturdays		
Ages:	6-10 years old		
Dates:	Session 1: January 15-February 19	#330231-1	
	Session 2: March 5-April 9, not March 26	#330231-2	
Time:	10:00 - 10:45 pm		
Cost:	Session 1: R:\$30.00/NR:\$35.00		
	Session 2: R:\$25.00/NR:\$30.00		
Min/Max:	4/10		
Coach:	Ben Bittner		

ILLINOIS SHOTOKAN KARATE - NEW!

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, and President of the American Shotokan Karate Association.

ISKC's **Youth Karate** classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to class rules. ***Please note that Parent/Child, Youth and Adult classes will train together.**

- Uniforms and belt testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847/359-0666.

Location:	Apollo Recreation Center (12521 S. Kostner, Alsip)		
Day:	Fridays		
Date:	Session 1: January 7—March 25		
	Session 2: April 8—June 10		
Cost:	Session 1: \$141.00		
	Session 2: \$118.00		
Age:	Youth Karate - 8 - 14 years	Maximum:	15 kids
Times:	<u>Youth*</u>		
	Session 1		
	6:15 - 7:10 pm	Beginner/Continuer (White-Red Belts)	#330221-1
	7:15 - 8:10 pm	Inter/Advanced (Orange belts & up)	#330221-2
	Session 2		
	6:15 - 7:10 pm	Beginner/Continuer (White-Red Belts)	#330221-3
	7:15 - 8:10 pm	Inter/Advanced (Orange belts & up)	#330221-4

YOUTH CLASSES

MAGIC CLASS

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate.

Location: Palos Heights Recreation Center (6601 W. 127th St.)

Day/Date: Thursday, February 3 #330229-1

Thursday, May 12 #330229-2

Time: February 3: 6:45 - 7:40 pm

May 12: 5:00-5:55 pm

Cost: \$20.00/date

Min/Max: 5/30

Instructor: Gary Kantor

MUSIC LESSONS - GUITAR AND DRUM PAD

These private lessons are designed for those with beginner to intermediate skills. Guitar students must provide their own guitar. Drum pad students must provide one pair of drum sticks. Each lesson is 30 minutes long. Slots are assigned on a first-come/first-served basis. Students should bring a spiral notebook and 2 pencils to class. A tote bag is suggested. Additional books may be required depending on the type of instrument lessons. Sign up quickly, classes fill fast!

Location: Community Center

Dates: January 10-March 14 #330353-1

Days: Mondays

Times: 5:30 - 7:30 pm (While registering, you will set up a 30 minutes time for your lesson)

Ages: 8 years old and up **Cost:** R:\$150.00/NR:\$155.00

Instructor: Kevin Wood

OPEN GYM

PALOS HILLS COMMUNITY ACTIVITY CENTER OPEN GYM

The Palos Hills Community Center Gym will be available for supervised open gym. Participants must be eligible to attend school in District 117, 118, 230 or be a resident of Palos Hills. Each participant must have a registration form filled out and signed prior to first day. If participant is under the age of 18 years old, a parent or legal guardian must sign the registration form. Gym shoes, shorts and ID are required. No jeans! Open Gym may be canceled for other programs or events. **OPEN GYM SCHEDULE IS SUBJECT TO CHANGE.** We suggest calling the Community Center at 708-430-4500 to determine if open gym is taking place.

Junior High Open Gym

Wednesdays, 3:30-5:15 pm

\$1.00/person

High School Open Gym

Wednesdays 5:15-7:00 pm

\$1.00/person

TAEKWONDO

NEW INTRODUCTORY PROGRAM OPTIONS FROM T-USA MARTIAL ARTS
FLEXIBLE SCHEDULE—REGISTER WEEKLY FOR YOUR CLASSES! TWO CLASSES PER WEEK
RECOMMENDED

AFTERNOON AND EVENING OPTIONS FOR ALL AGES
8 CLASS INTRODUCTORY PROGRAM INCLUDES A T-USA UNIFORM AND BELT PROGRAMS FOR ALL
AGES—PRE-SCHOOL, SCHOOL AGERS, TEEN & ADULT

All classes are held at
T-USA Martial Arts, 12041 S. Harlem Ave., Palos Heights - 708-361-5657

1. Class times range from 2:30-6:20 pm, Monday—Friday.
2. After registration, T-USA will contact you with class options and weekly scheduling routine via email.
3. Parents are welcome to view classes with safety protocols in place.
4. Safety protocol includes masks for all students and parents, temperature screening at the door and limited class sizes.

**FLEX-BLOCK: 8 CLASSES INCLUDING UNIFORM
STUDENTS WILL BE FITTED FOR UNIFORM AFTER FIRST CLASS
FEE: \$99.00 #340907-1**

TINY TIGER TAEKWONDO

Ages: 4 - 5 years old

It's never too early to offer your pre-school age child the benefits of martial arts education. Tae Kwon Do above all else builds focus and attention; confidence and discipline. T-USA instructors guide your child through the fundamental physical techniques in a fun and engaging class developed just for the young child.

JUNIOR/CHILD BEGINNER TAEKWONDO

Ages: 6 - 12 years old

Learn the fundamental techniques of the Korean art of Tae Kwon Do. Taught by T-USA's master instructors, this class introduces the student to introductory elements of this internationally known martial art. This program also builds focus, concentration, discipline and respect.

TEEN/ADULT BEGINNER TAEKWONDO

Ages: 12 years and older

Tae Kwon Do is a unique martial art incorporating quick, straight-line movements in a highly cardio vascular exercise routine of self-defense. Tae Kwon Do is especially known for its varied and uniquely powerful kicking techniques. Tae Kwon Do embraces self-esteem, builds confidence and develops discipline in its students as it teaches self-defense. An Olympic gold medal sport, Tae Kwon Do enjoys increasing popularity internationally with children and adults alike.

KARATE

ADULT & PARENT/CHILD KARATE

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, and President of the American Shotokan Karate Association.

Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength.

Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and belt testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847/359-0666.

Location: Apollo Recreation Center (12521 S. Kostner, Alsip)

Day: Fridays

Dates: Session 1: January 7-March 25

Session 2: April 8-June 10

Cost: Session 1: \$141.00

Session 2: \$\$118.00

Time: Parent/Child (7 years & up)*

Session 1

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#330224-1

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#330224-2

Session 2

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#330224-3

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#330224-4

Adult (15 years & up)*

Session 1

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#350918-A

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#350918-B

Session 2

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#350918-C

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#350918-D

Maximum: 15 persons

*Please note that Parent/Child, Youth and Adult classes will train together.

DOG OBEDIENCE

GOOD DOG! DOG OBEDIENCE

How would you like to have a better dog in just a few weeks? Learn training techniques in this affordable class. Dog obedience classes include instruction in basic obedience, manners, socialization and tips on general health. Dog obedience is for dogs ages 6 months and up. The class can also serve as a refresher course for dogs with previous training, and include some tricks and the opportunity to earn the AKC Canine Good Citizen Certificate. The class is designed for adults, and while the children may participate in the class with their parents, an adult must be the primary trainer. Proof of vaccinations is required. Also, please bring a dog waste bag. **Everyone attending this class must sign a participant waiver.**

Location: Community Center

Dates: April 5 - May 10

#350815-1

Day: Tuesdays

Time: 7:00 - 8:00 pm

Ages: 18 years and older with dog

Cost: R:\$60.00/NR:\$65.00

Min/Max: 5/8

Instructor: Tommy Whang



One of our recent dog obedience graduates!

JAZZERCISE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 am	9:15 am			9:15 am	9:00 am
6:15 pm	6:15 pm		6:15 pm		

\$59. Monthly Unlimited classes or \$20 per class.
 10 classes available for \$160.00 *all prices subject to change
 Sign up before class or online @ jazzercise.com
 Contact Aggie Lubon—Lubonki@aol.com

PICKLE BALL

PICKLE BALL OPEN GYM

Join the excitement of one of the newest sport craze—pickleball. Pickleball is a great way to get fit and meet new people. Pickleball is a paddle sport created for all ages and skill levels that combine many elements of tennis, badminton, and ping-pong, played on badminton sized court with a wooden paddle and ball similar in size to a wiffle ball. The rules are simple and the game is easy for beginners to learn. Call a friend and come see what pickleball is all about.

Location: Community Center
Dates: January 10-March 28
Day: Mondays
Time: 10:30 am - 11:30 am
Cost: R:\$1.00/NR:\$2.00
Age: 40 plus

ADULT COOKING (18 years & older) - Fills Quickly!

COOKING WITH DIANE

Come learn how to make some fun dishes with Chef Diane. Please bring a container along to take home your goodies! Diane will supply all of the ingredients.

Location: Palos Hills Community Center Kitchen
Time: 5:30-7:00 pm
Cost: \$35.00/Class
Min./Max.: 4/8

Homemade Egg Rolls - February 17

#350366-1

Get ready to learn the basics of making egg rolls. You will learn how to prepare better than take out egg rolls. Diane will teach you step by step instructions on making the perfect appetizers for your next party. Diane will begin by teaching you how to prepare various fillings to tuck into your egg roll wrappers.

Homemade Tamales - March 10

#350433-1

We are having a homemade tamale class! Join us for fun evening in this hands-on class learning to make homemade savory pork and chicken tamales. We will learn to prepare and make masa. Diane will show you how to whip up your own corn masa and delicious filling for your tamales. You will learn step by step instructions on how to fill and roll the tamales.

Kolacky—April 21

#350437-1

Diane will teach you step by step how to make these delicious melt in your mouth cookies. Diane will show you how to make and roll out the dough to filling the cookies.

ADULT YOGA CLASSES

SENIOR CHAIR YOGA

As we mature we need to use it or we lose it! We will use gentle poses that strengthen and lengthen and learn breathing techniques to foster peace of mind and reduce stress, yet energize. Bring a firm blanket or small pillow.

Location: Community Center
Dates: **Session 1** January 10-February 21 **#350913-1**
Session 2 March 7-April 25 **#350913-2**
Day: Mondays
Time: 4:45 - 5:45 pm
Cost: Session 1 R:\$44.00/NR:\$49.00
Session 2 R:\$50.00/NR:\$55.00
Ages: 50 years old and up
Min/Max: 8/30
Instructor: Kathy Ruiter

STRONG, STRETCHED & SERENE YOGA

This class is for those with (but not exclusive too) previous yoga experience. As you progress, more strenuous postures will gradually increase muscle power and longer holds will increase strength and flexibility. We will focus on the relaxation and meditation in each pose by way of proper breathing.

Note: Previous Yoga experience is recommended, but is not required.

Location: Community Center
Dates: **Session 1** January 10-February 21 **#350917-A**
Session 2 March 7-April 25 **#350917-B**
Day: Mondays
Time: 6:00 - 7:00 pm
Cost: Session 1 R:\$44.00/NR:\$49.00
Session 2 R:\$50.00/NR:\$55.00
Ages: 16 years old and up
Min/Max: 8/30
Instructor: Kathy Ruiter

YOGA FOR EVERYONE

Rejuvenate & Relax! No previous experience in Yoga is necessary. This class will address flexibility, strength, mental focus and most importantly, *relaxation*. Proper breathing and posture will be emphasized. Bring a yoga mat and a yoga strap to class.

Location: Community Center
Dates: **Session 1** January 10-February 21 **#350916-A**
Session 2 March 7-April 25 **#350916-B**
Day: Mondays
Time: 7:15 - 8:15 pm
Cost: Session 1 R:\$44.00/NR:\$49.00
Session 2 R:\$50.00/NR:\$55.00
Ages: 16 years old and up
Min/Max: 8/30
Instructor: Kathy Ruiter

ADULT YOGA CLASSES - NEW MORNING CLASSES

MEDITATION FOR BEGINNERS

Learn simple techniques to quiet the mental and emotional bodies and bring peace and balance to body mind and spirit. Techniques include breathing sounds and gentle posture adjustments. Improves sleep and increases joy. Bring a small, firm pillow or blanket for back support.

Location: Community Center
Dates: **Session 1** January 5-February 23 #350920-A
Session 2 March 9-April 27 #350920-B
Day: Wednesdays
Time: 9:15 - 10:15 am
Cost: Session 1 R:\$50.00/NR:\$55.00
Session 2 R:\$50.00/NR:\$55.00
Ages: 16 years old and up
Min/Max: 8/30
Instructor: Kathy Ruiter

CHAIR YOGA

Gentle but effective movements in a chair to increase range of motion, build strength and increase overall well-being. Wonderful for those with arthritis or knee/hip replacements or those who cannot otherwise get on the floor for traditional poses. Bring a small, firm pillow or blanket for back support.

Location: Community Center
Dates: **Session 1** January 5-February 23 #350922-1
Session 2 March 9-April 27 #350922-2
Day: Wednesdays
Time: 10:30 - 11:30 am
Cost: Session 1 R:\$50.00/NR:\$55.00
Session 2 R:\$50.00/NR:\$55.00
Ages: 18 years old and up
Min/Max: 8/30
Instructor: Kathy Ruiter

FREE BLOOD PRESSURE SCREENINGS

February is American Heart Month. Health Advocates Home Care will provide free blood pressure screenings at the Palos Hills Community Center, 8455 W. 103rd Street, on Wednesday, February 9, from 11:30am-12:30pm. Stop in and meet Maureen, a nurse supervisor with Health Advocates Home Care. No appointment is necessary. Call the Palos Hills Community Center at 708-430-4500 for more information.

ADULT LUNCH TRIPS

LUNCH & LINGER

Don't miss this fun new program! Join us as we head to local locations to eat & shop. We will explore new restaurants and then shop nearby. Please note that this program involves walking. The fee includes transportation only; lunch is on your own. **Note: Please bring cash on the trips.**

Location: Depart from Community Center

Day: Fridays

Time: 11:00 am - 3:00 pm

Cost: R:\$10.00/NR:\$15.00

Ages: 18 years old and up

Min/Max: 6/12

APRIL 8 - Downtown Glen Ellyn

#350330-1

Lunch will be at the *Nobel House*. They take their inspiration from the legendary Alfred Nobel, creator of the Nobel Prize, to create a dining experience unlike any other. The restaurant specializes in BBQ and great beer.

MAY 6 - Downtown Naperville

#350336-1

Lunch will be at *El Meson Sabika*. Located just west of downtown Naperville, Meson Sabika has been serving the community since 1990. Build in 1847, the pristine four-acre estate and beautiful mansion welcome you before you reach the driveway. The cuisine of Spain and delicious drinks make for an unparalleled dining experience.

LUNCH BUNCH

Don't miss the Lunch Bunch! Join us as we head to different lunch locations. Perhaps you want to check out a new restaurant, but are looking for a lunch buddy to go with you. We will explore new restaurants and enjoy some old time favorites. The fee includes transportation only; lunch is on your own. **Note: Please bring cash on the trips.**

Location: Depart from Community Center

Day: Thursdays

Time: 11:00 am - 2:30 pm

Cost: R:\$10.00/NR:\$15.00

Ages: 18 years old and up

Min/Max: 6/14

JANUARY 13 - DELL RHEA'S CHICKEN BASKET - Willowbrook

#350342-1

World's Famous Chicken and popular restaurant featured on the Food Channel's Diners, Drive-ins and Dives. The Chicken Basket, as it is today, opened in the summer of 1946 on Route 66.

FEBRUARY 3 - SAWA'S OLD WARSAW RESTAURANT - Broadview

#350344-1

Sawa's has been serving the best Polish - American cuisine for over 40 years. Their smorgasbord features all of your favorites - potato pancakes, pierogi and homemade soups.

MARCH 10 - IRISH TIMES PUB & RESTAURANT - Brookfield

#350348-1

Everyone has a little Irish in them for St. Patty's Day. Quaint Irish Pub serving classic homemade favorites - corned beef and cabbage, shepherd's pie, and fish and chips - all from family recipes!

APRIL 14 - CHEDDAR'S SCRATCH KITCHEN - Bolingbrook

#350350-1

Cheddar's, an American restaurant chain since 1979, is all about home cooked meals, made well, at an affordable price.

ADULT WINTER/SPRING TRIPS

Evita! The Musical and lunch at Drury Lane Theater in Oakbrook Terrace

Music by Andrew Lloyd Webber, Lyrics by Tim Rice

Based on true events, Evita tells the story of Eva Peron's rags-to-riches life as she goes from poor provincial child to the First Lady of Argentina. A champion of the working class descamisados, she uses popularity and politics to serve her people-and herself. Featuring some of Tim Rice and Andrew Lloyd Webber's most iconic songs, including "Don't Cry for Me Argentina", this musical masterpiece won seven Tony awards, including Best Musical and Best Original Score. The 1996 film adaptation was nominated for five Academy Awards, winning for best original song. Lunch is at 11:30 am, the show will be at 1:30 pm. Lunch will consist of chicken noodle soup; your choice of chicken breast with lemon thyme, pork medallions with chimichurri sauce or vegetable kabob; peach melba for dessert; coffee, hot tea or iced tea.

Depart/Return: Community Center

Day/Date: Thursday, February 17

#350313-1

Time: 10:30 am - 4:00 pm

Cost: R:\$83.00/NR:\$88.00 (includes lunch, show and transportation in CRRD vehicle)

Min/Max: 14/14

Sanfilippo Estate Tour & Lunch, Barrington

This is a must see! We will have a docent guided tour of the amazing Sanfilippo Estate, located in Barrington Hills. The Sanfilippo "Place de la Musique" is known worldwide for its magnificent collections of beautifully restored antique music machines, phonographs, arcade and gambling machines, chandeliers, art glass, and the world's largest restored theatre pipe organ. See the most spectacular European salon carousel in existence, street and tower clocks, steam engines and other functional mechanical antiques, displayed within a breath taking French Empire setting. Lunch will be at the famous Chessie's Restaurant in Barrington. We will dine inside a vintage train car offering a unique-dining experience. Select an entrée from roast loin of pork or chicken parmesan. Lunch includes a small salad, fresh baked bread, soft drink and small dessert. There will be time to shop at the Ice House Mall after lunch before heading home. Trip includes motor coach transportation, tour, admissions, lunch (including tip) and snacks on the bus. **Trip entails a lot of walking!**

Depart/Return: Community Center

Day/Date: Thursday, April 7

#350323-1

Time: 8:30am—5:00pm

Cost: R:\$105.00/NR:\$110.00

Min/Max: 40/40

Bird Haven Greenhouse of Joliet Tour

Hello spring! We will travel to the Joliet Park District Barber & Oberwortmann Horticultural Center. There you will plan a patio garden container with seasonal flowers to take home to enjoy on your deck or patio in the spring. We will tour the greenhouse with its bright display of flowers (which may be available for purchase) and eat lunch which will consist of a baked potato bar with all of the trimmings. Relax and sit while in the conservatory and enjoy the year round attractions offered, including the tropical house, cacti room and show house room. Don't delay, this one will fill up quickly. Trip includes transportation, lunch, tour and patio planter for you to take home. We will stop at a local candy shop on the way home to satisfy your sweet tooth.

Depart/Return: Community Center

#350338-1

Day/Date: Thursday, April 21

Time: 10:00 am - 3:00 pm (approximately)

Cost: R:\$50.00/NR:\$55.00 (includes patio planter with flowers, lunch and transportation in CRRD vehicle)

Ages: 18 years old and up

Max: 14

ADULT WINTER/SPRING CASINO TRIP

Hard Rock Casino Trip

We will travel to the Hard Rock Casino to the newest casino in Northern Indiana. This state-of-the-art casino brings world-class gaming and Hard Rock's signature, high-octane style to Northern Indiana. Stop for lunch at the Hard Rock Café in the casino, offering signature burgers and fresh salads.

Depart/Return: Community Center
Day/Date: Tuesday, March 15 #350904-1
Time: 10:30 am - 3:30 pm
Cost: R:\$10.00/NR:\$15.00 (includes transportation in CRRD vehicle)
Min/Max: 6/14

ADULT GENERAL INTEREST

FREE BLOOD PRESSURE SCREENINGS

February is American Heart Month. Health Advocates Home Care will provide free blood pressure screenings at the Palos Hills Community Center, 8455 W. 103rd Street, on Wednesday, February 9, from 11:30am-12:30pm. Stop in and meet Maureen, a nurse supervisor with Health Advocates Home Care. No appointment is necessary. Call the Palos Hills Community Center at 708-430-4500 for more information.

AARP Driver Safety Course
Thursday, February 24 & Friday, February 25
9:00 am - 1:00 pm
AARP Members \$20, Non-Members \$25

Please make checks payable to AARP. You may register in person or by calling the Palos Hills Community Center 430-4500, 8455 W. 103rd St. Palos Hills, IL 60465.

*Payment is due when you arrive to take the class.

PATSE Bus Service

The PATSE Bus services provides bus service for individuals 60 and older who live within the Palos Township. The service is open Monday - Friday from 8:00 am - 2:00 pm for rides to doctors, medical appointments, stores and beauty shops. For more information about PATSE bus please call 708-430-3822.

39'ers Senior Club

Come join the fun! The Palos Hills Seniors Club is looking for new members. There is always something exciting happening at the Palos Hills Community Center for seniors. It's a place to meet new people and get together with old friends. The laughs and fun will keep you feeling young. Luncheons, entertainment, and BINGO are offered. Activities are held at the Community Center located at 8455 W. 103rd Street, starting at noon on the 2nd and 4th Wednesday of the month to Palos Hills residents, age 55+. Non-resident seniors are welcome for an additional fee. If you can't make every event, that's ok, we would love to see you when you do! Activity fee for events and luncheons must be paid at least one week in advance. Sorry no walk-ins or refunds. If you have any questions or would like a list of activities call Sandy at 708-430-4500.

<p>January 12 - \$2.00 Happy New Year!</p> <p>Bring in 2022 with your friends at the 39'ers. Join us for fun friendship and bingo.</p> <p>Breakfast foods for lunch Toast to the New Year!</p>	<p>January 26 - \$2.00 January Chill-Brrrrr Bingo</p> <p>Escape the January chill and warm up at the Community Center. Charades and bingo today.</p> <p>Soup, Roll and Dessert</p>	<p>February 9 — \$3.00 Valentine's Day Entertainer: Vito Zatto Show</p> <p>Vito's shows feature celebrity impersonations, stand-up comedy, audience participation, song and dance.</p> <p>Yummy pizza and a sweet treat. Heart Health Month: Health Advocates will visit the Community Center for blood pressure screenings at 11:30am.</p>
<p>February 23 — \$4.00 Name that Tune</p> <p>If you have a good ear for 50's and 60's music you will be a winner competing in the 39'ers Name that Tune contest.</p> <p>Chi-Tung for lunch</p>	<p>March 9—\$5.00 St. Patrick's Day Entertainer: Bernie Glim, Guitar</p> <p>It's that time of year when luck of the Irish applies to everyone. May this St. Patrick's Day find you with green in your pocket and a little spring in your step.</p> <p>Reuben Sandwich and Fries</p>	<p>March 23 — Free for Palos Hills residents Palos Hills Police Presentation</p> <p>Our local police will stop by for a visit to answer your questions and provide information on how to protect yourself from fraud and phone scams.</p> <p>Hot Dog and Chips</p>
<p>April 13 - \$2.00 Movie & Popcorn</p> <p>We will play movie charades before the film. Film TBA. See you there!</p> <p>Dips and appetizers</p>	<p>April 27 — \$3.00 Kentucky Derby Party & Bingo</p> <p>Kentucky Derby Day is May 7. Plan on plenty of laughter and horsing around when you cheer your group on to victory in the Palos Hills 39'ers Derby.</p> <p>Chicken Salad and Sweet Tea</p>	<p>May 11—\$3.00 Garden Party Bingo</p> <p>Spring has sprung! If you have a green thumb join the 39'ers today, we will be planting a spring flower to take home.</p> <p>Food TBA</p>

Palos Hills New Horizons Senior Club

Membership is open to adults and their guests 60 years of age and older residing in Palos Hills. Enjoy BINGO, Casino Trips and Parties. Meetings are held on the 1st and 3rd Wednesday of the month at 6:00 pm at the Community Center, 8455 W. 103rd St. New members can join anytime. Yearly dues are \$3.00 payable at the start of the 1st meeting. Call the Community Center at 430-4500. A club member will return your call.

Registration Information

How to Register

1. Complete the registration form; be sure to include the program number and signatures. Please read all registration instructions carefully because some programs have special registration requirements.
2. Include the registration form with a check or credit card number for the correct total fee. Please include your phone number on the check and make check payable to the Palos Hills Community Resource & Recreation Department.
3. Mail in, drop off, or fax your completed registration along with your check or credit card number to the Palos Hills Community Resource & Recreation Department, 8455 W. 103rd Street, Palos Hills, IL 60465.
4. The Community Resource & Recreation Department will check proof of residency.
5. The Palos Hills Community Resource & Recreation Department does not mail confirmation cards to confirm program registration. You may assume that you are enrolled in your first choice of programs for which you have registered unless you receive a phone call from our staff.
6. Telephone registration is not accepted.
7. Proof of residency must be shown at time of registration. Non-Residents may enroll in any program for an extra fee.

Mail In/Drop off Registration

Please call to determine when resident registration begins. We want to ensure all residents receive the brochure before anyone can register. Non-resident registration will begin one week following resident registration. Mail in and drop off registrations will be placed in open program slots in the order they are received. Registrants will be notified of any class conflicts at the time of registration.

Registration Policies

1. Fees for late registration will not be prorated.
2. The Palos Hills Community Resource & Recreation Department reserves the right to cancel or postpone programs due to insufficient participation numbers.
3. Registration fees are transferable if requested prior to the first day of class.
4. It is the registrant's responsibility to record times and locations of programs they are enrolled in.
5. The Palos Community Resource & Recreation Department is not responsible for lost or late mail or drop off registrations.
6. By registering for Community Resource & Recreation Department programs, each registrant realizes the inherent risks involved in the program and appreciates the nature of these risks. The applicant holds the Palos Hills Resource & Recreation Department harmless for any damages caused by participation in these programs.
7. Participants or their parents (if participant is under 18) permit the taking of photos, audio and videotapes during Palos Hills Community Resource & Recreation Department activities for publication and use as the department deems necessary.
8. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.
9. Signatures on registration forms are mandatory. Forms without signatures will be returned to registrant thereby jeopardizing their registration.
10. Individuals registering for other family member and friends or neighbors must complete a separate registration form and make sure it is signed by the person who is participating in the program.

Typographical Errors

Our staff has made every effort to prepare this brochure as accurately as possible; however errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. All typographical and printing errors are subject to correction.

Program Registration Form

**8455 West 103rd Street
 Palos Hills, IL 60465
 Phone (708) 430-4500
 Fax (708) 430-8376
 Website: www.paloshillsweb.org**

Late Pick Up Policy

We realize that there are times where parents may be late to pick up their child(ren). If it is determined that kids are getting picked up more than ten minutes late on a consistent basis, Administration reserves the right to charge parents/guardians \$1.00 for every minute the child is not picked up after ten minutes. All fees must be paid in cash before your child(ren) can continue in the class or register for any future classes. If you are running late, we ask that you contact the front office to ensure your child is adequately supervised.

Last Name: _____ Adult First Name: _____

Email: _____

Street Address: _____

City: _____ Zip: _____ Emergency Name: _____

Home() _____ Work/Cell() _____ Emergency() _____

Please read this form carefully and be aware that signing up and participating in this program you will be waiving and releasing all claims for injuries you might sustain arising out of this program. As a participant in the Palos Hills Community Resource & Recreation Dept. program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages, or loss which I may sustain as a result of participating in any and all activities connected with or associated with such Programs. I agree to waive and relinquish all claims I may have as a result of participating in the program against the Palos Hills Resource & Recreation Dept. and its offers, agents, servants, local sponsors, and employees. I agree to allow the Palos Hills Resource & Recreation Dept. to use my family and I in any photo, audio and/or videotape for any publicity used by the City of Palos Hills. I do hereby fully release and discharge the Palos Hills Resource & Recreation Dept. and its officers, agents, servants, and employees from any and all claims sustained by me and arising out of, connected with, or in any way associated with the activities of the program. I understand that no refunds can be made for any reason unless a program or event was canceled by the Palos Hills Resource & Recreation Dept. Any individual or group, which submits a non-sufficient check for payment of a registration fee, will be charged a \$15.00 processing fee. I have read and fully understand the Program details on the reverse side. I have read and fully understand the Waiver and Release of all claims information.

X _____
 Participant SIGNATURE (All Adults 18 Years and Older) _____
 Date

Activity Number	Activity Name	Registrants Last Name	Registrants First Name	Sex	Birth Date Mo./Day/Yr..	Fee

See Registration Information on the back of this form

TOTAL FEE _____
 CHECK # _____

REGISTRATION INFORMATION

Refund Procedures

1. All requests for refunds must be made on an official refund application available at the Community Center. The date the form is stamped by the office is the date for refund consideration. A copy of the date stamped application will be your proof of request.
2. Once any class begins, no refunds will be given. All requested refunds will be assessed a service charge of \$10.00. Refunds will only be issued if the refund dollar amount is greater than \$10.00. Dollar amounts less than \$10.00 will be credited to the family household account which can be used for future registration purposes.
3. The Community Resource & Recreation Department reserves the right to cancel or consolidate any program(s) if registration is deemed inadequate. Classes will be canceled if the minimum enrollment is not met 3 business days before the start date of the program. If any program has been canceled by the department, participants will receive a refund or credit to be used for another program.
4. There will be no telephone refunds.
5. Medical credit situations will be handled individually on a case by case basis and must be accompanied with a doctor's note. After the first week of class, no medical credits will be given.
6. All field trips have a non-refundable fee unless canceled by the Palos Hills Community Resource & Recreation Dept.
7. Refunds will be processed the day they are submitted in writing. Processing takes three to four weeks. All refunds will be given by a check no matter how you originally paid for a program.
8. Cancellations for day camp or playschool must be received in writing on the Resource & Recreation Refund form two (2) weeks prior to the beginning of the session. No refunds/credits will be given after that date.
9. Credits must be used within 6 months of issued date.
10. There will be no prorating of programs due to late starts, early withdrawals or failure to attend classes.

Behavior Policy

The Palos Hills Community Resource & Recreation Department has an established behavior policy relative to inappropriate behavior. Inappropriate behavior is defined as that which disrupts a recreation program and which requires a program leader to call for a stop of the behavior due to its effect on other participants or on the leader's ability to conduct the program. Such behavior may call for an immediate and/or permanent dismissal of the participant. Additional rules may be developed for individual programs and athletic events as deemed necessary by staff. No credits or refunds will be given for behavior dismissal.

Waiting Lists

If a program is full, a waiting list will be started. When this is possible, individuals on the waiting list will be called in the order they are placed on the waiting list. However due to schedule restrictions, it is not always possible to accommodate all individuals on waiting lists and in such cases those individuals will not be called.

Walk Up Registration

In person registration for residents will begin as soon as you receive this brochure. All walk up registrants will be informed immediately as to class availability.

Credit Card Information

Program registrants are able to pay for program fees with a Visa, Master Card or Discover Card. If paying by credit card, you must provide photo identification.

NSF Checks

Any individual or group which submits a non-sufficient funds check for payment of a registration fee will be charged \$15.00.

We Love Parents But...

Please do not remain in the classroom or gym after dropping off your child. Continual interruptions tend to affect the children's participation levels. You are more than welcome to sit and relax in the lobby.

PALOS HILLS PARK SITES & FACILITIES

LOCATION INFORMATION

City of Palos Hills - City Hall
10335 S. Roberts Road
Palos Hills, IL 60465
(708) 598-3400

Community Activity Center
8455 W. 103rd Street
Palos Hills, IL 60465
(708) 430-4500

Palos Heights Recreation Center
6601 W. 127th Street
Palos Heights, IL 60463
(708) 361-1807

Palos Hills Municipal Golf Course
7301 W. 105th Street
Palos Hills, IL 60465
(708) 599-0202

Apollo Recreation Center
12521 S. Kostner
Alsip, IL 60803
(708) 389-1003

T-USA Martial Arts
12041 S. Harlem Avenue
Palos Heights, IL 60463
(708) 361-5657

GUIDELINE FOR PARKS

City of Palos Hills Ordinance Section 2.48.070
For a complete list of rules visit our website at
www.paloshillsweb.org

For All Parks

1. All Dogs Must be on a leash.
2. Dog Waste - must be picked up and removed by the owner.
3. No person shall be allowed to swim, bathe, wade or enter into any water feature located on any City property. A water feature is any pond, lake, retention/detention pond or waterfall.
4. Ice skating is allowed on City made ice skating areas only.
5. No person may sleep overnight or camp in any park.
6. No person shall enter an area posted as "Closed to the Public" nor shall any person use any area in violation of posted notices, included but not limited to parking areas designated for the handicapped.
7. The City of Palos Hills reserves the right to close a park for City held functions.

Bennett Lake Rules

No Swimming, Boating, Ice Skating, or Camping.
Fishing is catch and release only.

PALOS HILLS PARKS

Town Square - 8500 W. 103rd Street
Indian Woods - 100th Street & 82nd Avenue
Michael Park - Michael Drive & 105th Street
Loveland Park - 8500 W. 106th Street
Aspen Park - 105th Street & Aspen
Calvary Park - 111th Street & Roberts Road
Krasowski Park - 104th Place & Tod Drive
Volunteer Park - 99th Street & 88th Avenue
Bennett Park - 10801 Roberts Road
Glacier Park - 101st Street & 78th Avenue

Check Our Website for Additional Information at
www.paloshillsweb.org

SPECIAL EVENTS



BreakFast With the BUNNY

Saturday, April 9

Palos Hills Community Center

8455 W. 103rd Street

10:00- 11:15 am

\$8.00 per adult - #360315-A

\$10.00 per child - #360315-C

Under 1 year old is free - #360315-B

Price includes breakfast, entertainment, private egg hunt & a bunny gift. Buy your tickets early - no tickets will be sold at the door!



Easter Egg HUNT

SPONSORED by ZACARELLI'S PIZZA

Saturday, April 9

Town Square Park

8455 W. 103rd Street

Rain or Snow

12:00 pm SHARP

Cost: FREE, No ticket necessary

Bring your own Easter Basket or bag to collect your eggs. Find the special egg and receive a special prize. No registration is necessary.

GIRLS' NIGHT OUT PAINTING PARTY

Friday, FEBRUARY 25

PALOS HILLS COMMUNITY CENTER

6:00-8:30 PM

#350325-1

R: \$30.00/NR: \$35.00

For ages 18 years & over. Includes painting canvas, snacks and soft drinks.

PRINCE OF HEART'S MOTHER/ SON DANCE

Friday, February 11

PALOS HILLS COMMUNITY CENTER

6:30-8:30 PM

\$35.00/COUPLE/NR \$40.00 #330260-1

\$20.00 each additional child #330260-2

\$10.00 each additional adult #330260-3

Event includes a light dinner (pizza), dancing and a souvenir. Grandmothers are invited as well!

PLEASE REGISTER BY February 4.

No tickets sold at the door.

Maximum 24 couples



Palos Hills Community Resource & Recreation Department
8455 W. 103rd Street
Palos Hills, IL 60465

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Worth, IL 60482

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PALOS HILLS, IL 60465

Providing a Healing Experience

Palos-Gaidas

FUNERAL HOME

The Gaidas family has been serving families for over two generations in the Chicago land area. With humble beginnings in Chicago's Back of the Yards and Brighton Park communities, we have been taking care of families by providing a "healing experience."

Over the years, Palos-Gaidas Funeral Home has continually provided dignified and compassionate service to the many families who call upon us. Our commitment to our family and community is reflected in our involvement with various organizations. We support many community endeavors, including church and civic groups, schools, and charitable organizations.



Let us show you how our commitment to excellent care
can help your family when you need it most.
We look forward to hearing from you.

Dave and Loretta Gaidas

11028 Southwest Highway, Palos Hills, IL 60465

Phone: 708-974-4410

www.palosgaidasfh.com • palosfh@comcast.net

