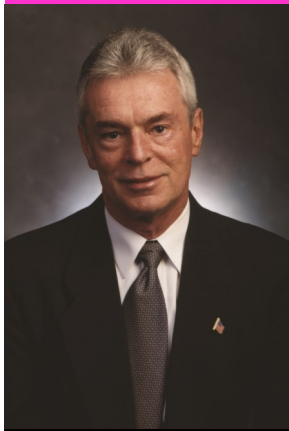




Happenings & Recreation Brochure • WINTER/SPRING 2024



MAYOR

Jerry Bennett

CITY CLERK

Rudy Mulderink

TREASURER

Kenneth J. Nolan

ALDERMEN

1ST WARD

Marty Kleefisch

Mike Price

2ND WARD

Pauline A. Stratton

Mark Brachman

3RD WARD

A.J. Pasek

Michael Lebarre

4TH WARD

Phil Abed

Peter A. Donahue

5TH WARD

Dawn M. Nowak

Donna O'Connell

CITY HALL

10335 S. Roberts Rd

(708) 598-3400

Dear Residents,

As we approach the end of the year, the City of Palos Hills continues to accrue in our financial strength with an uptake in growing revenues such as sales tax with revenue increasing almost 30% alone. In addition because of the recent 2020 census, which increased the population of the City, our percentile of other State shared revenues also increased. With this in mind, the City continues to keep our property tax rate down to 5.6% on your property tax bill giving us one of the lowest municipal tax rates in Cook County. Over the last year the City continues to show significant growth in commercial property investments along with residential building permits.

The Public Works Department continues to work our infrastructure improvements to include new sewer and water line replacements along with numerous other projects. With the up-coming winter season our Public Works crew is preparing the necessary vehicles and plows to meet winter's challenges.

This last year the City of Palos Hills has received grants for major improvement projects to include: a \$3.5 million Federal grant for the storm water sewer project in the 4th Ward; a \$625,000 grant from Cook County for a pedestrian and bike path along the Cal-Sag from Southwest Highway to 86th Avenue; and another \$300,000 grant from Cook County for additional road way resurfacing. The 111th & Roberts Road intersection improvement project is still pending because of a right-a-way acquisition problem on Roberts Road which hopefully will be resolved this winter so that this project will take place next summer.

The Palos Hills Police Department again continues to do an outstanding job protecting our residents. The City has one of the 5th lowest crime rates in the State of Illinois. Our Police Department was recently awarded a \$66,000 grant for the purchase of body cameras which are now required by the State.

As we end the year I would like to recognize our Community Resource & Recreation Department who do an outstanding job in providing residents with park projects and many special events. The City of Palos Hills does not have a Park District. We operate the Park Department through our General Fund, meaning there is no park district tax.

Also the Palos Hills Municipal Golf Course has had another outstanding year and we thank our new Superintendent, Pat Frazier, for doing a great job in maintaining and improving the course over the last 2 years.

Finally, on behalf of the City Council, we wish all our residents a MERRY CHRISTMAS AND A HAPPY NEW YEAR and look forward to continuing our efforts to improve the quality of life in Palos Hills. Thank you for your support in making Palos Hills a great place to raise a family.

Sincerely, Mayor Jerry Bennett

Flashlight Egg Hunt

Come join us for a different kind of egg hunt, one for the “older” kids. Please bring your own flashlight, bags will be provided.

Friday, March 22

8:00pm - SHARP

Ages 10—13 years old

\$8.00/child #340455-1

\$5.00/each additional child #340455-2

Bennett Park—west pavilion



From Trash to Treasures

Did you do spring cleaning and find that you had a lot of “things” but don’t know what to do with them? Come sell them in our trash to treasures sale. Price includes a 6 foot table to display your wares and free advertising. Perfect for those who live in multi-unit dwellings.

Palos Hills Community Center

Saturday, June 1

9:00am - 1pm

\$25.00/table

#350042-1

Add'l Table- \$15.00

#350042-2



Golden Coin Hunt

Come join us as we look for lucky golden coins. Find a hidden shamrock and get a special prize. Bags provided.

Saturday, March 16

11:00am - SHARP

Ages 3-12 years old

\$5.00/child #340452-1

\$3.00/each additional child = 340452-2

Bennett Park - west pavilion

1st Ward News

2nd Ward News

We hope everyone had an enjoyable summer and fall filled with exciting activities experienced with both family and friends. Those activities we hope included participation in several of our city sponsored events as well as the use of our parks and the programs offered through our Community Resource and Recreation Department. Also, congratulations are once again in order for all residents who participated in the Palos Hills Beautification contest. Palos Hills truly benefits from your efforts, which enhance the beauty, reputation and property values in our city. In addition, we want to wish all Happy Holidays! Finally if you have any questions or concerns, please do not hesitate to contact us.

Neighborhood Spotlight

Every year long-time resident Leah Glaubke and her husband Nick love to decorate their home at Halloween with elaborate decorations and lighting, much to the delight of their neighbors. The picture below was taken during the day. It was even spookier at night!



Alderman Marty Kleefisch
708-334-3055
mkleefisch@paloshillsweb.org

Alderman Mike Price
708-380-3969
mprice@paloshillsweb.org

School: School is in session; please remember that ALL residential streets are 20 mph and watch for children.

Senior Water Program: Seniors can pay for actual water usage as opposed to the basic minimum fee. Come to City Hall to enroll or call 708-598-3400 for information.

Vehicle Stickers: No fee vehicle stickers are available at City Hall.

Update Phone Numbers: Please call Margareth Balan at City Hall if you no longer use a land line. It is always helpful if we have your current phone in the event you need to be contacted. Margareth works in the water department (708-598-3400, ext. 1106).

Dryer Vents: Be aware that lint build up can cause fires.

Emergency Lights: The OPTICOM (traffic preempt system) is a small light over the intersection warning that an emergency vehicle will be approaching. Please be alert.

Sewer Covers: Please check the sewer covers by your home and remove any debris so homes and streets do not flood.

No Burning: Do not burn leaves, yard waste or garbage.

January Newsletter: The January newsletter will be on the city website (paloshillsweb.org). If you do not have a computer, please notify Pauline or Mark and we will bring you a paper copy..

Please call 911 if you see anything suspicious. The phone numbers for Southwest Central Dispatch are: 911 or 708-598-2151. With immediate notification to the police, officers will be able to address any situation to keep us safe.

Pauline Stratton
708-430-2240
Pstratton@paloshillsweb.org

Mark Brachman
708-710-9844
brachman@paloshillsweb.org

3rd Ward News

It may seem obvious, but getting to know your neighbors is the first step to becoming a kind neighbor. Get out of your comfort zone and make an effort to learn their names and what they do for work. And if you feel comfortable, let them know that you're there to help, if they ever need another hand.

Getting to know your neighbors and taking care of our community are valuable ways to feel safer in our neighborhood. Actions speak louder than words, and our attitudes towards our neighbors also set an example for our kids. So be mindful of the different people in your community and actively remind yourself to treat everyone with respect and care. A few ways of demonstrating that you're a good neighbor: keep your yard clean, follow any noise regulations, and put your trash out at the right time. Make an effort to get to know your neighbors. Deal with any issues face to face in a calm, respectful way.

GET OUT, GET ACTIVE

Getting outside can often feel easier in the summer, the season of 8 pm sunsets, outdoor dining, and open beaches. But as fall winds down, we who live in a climate with cold and harsh winters can feel like we are staring down a period of confinement. Why get outdoors in the winter? There is scientific evidence that going outdoors even in winter makes you healthier. It'll lift your mood; you'll get a dose of vitamin D; it's an opportunity to be mindful, it can improve your memory, and it charges up your immune system.

Illinois and our surrounding communities offer some outstanding outdoor activities.

Starved Rock: 18 sandstone canyons, seasonal waterfalls and tree-covered bluffs along its 15 miles of hiking trails.
<https://www.enjoyillinois.com/travel-illinois/unlock-the-secrets-of-starved-rock/>

Continued on next paragraph

3rd Ward News-Cont.

Bennett Park: is a wonderful nature park that includes a playground, play pods, exercise equipment, shelter, stone amphitheater, fishing dock and more!

<https://www.paloshillsweb.org/index.php/departments/parks-recreation/our-parks/index.html>

Morton Arboretum: Explore an oasis of magnificent trees and beautiful landscapes.

<https://www.enjoyillinois.com/explore/listing/the-morton-arboretum/>

Enjoy Illinois

<https://www.enjoyillinois.com/outdoor-adventures/>

PALOS 2024 FIELD OF HONOR

Palos Hills will once again be hosting the Field of Honor at Moraine Valley Community College. The event will be held September of 2024 and will have a sea of American flags flying in tribute to our veterans and active military. If you would like to participate in this event, please contact us at: lebarremike@gmail.com.

The City of Palos Hills is working towards forming a Veterans Committee to assist our community's veterans. If you are a veteran or would like to help a veteran, please contact us at lebarremike@gmail.com.

Alderman AJ Pasek

Alderman Mike Lebarre

*The City of Palos Hills
Elected Officials & Staff
Wish you and your Family a Safe
& Healthy New Year!*

4th Ward News

Hello 4th Ward Residents....

Earlier in the year the Mayor and City Council had an open meeting to discuss the Roberts Road Project to alleviate flooding, as well as improvements to Indian Woods Park. These projects are possible because of years of work to obtain funding through federal, state and county grants.

The Roberts Road Project will alleviate flooding down Roberts Road from 99th Street to 103rd Street and the adjacent neighborhoods. On the east side of Roberts Road, the project plans to direct water from Roberts Road into the Lucas Ditch Extension, which runs North/South from the Hickory Hills Baseball fields through Bennett Park and into Stoney Creek. On the west side of Roberts Road, the project aims to control the flow of water into Lucas Ditch, which runs East/West from 80th Court and Roberts Road, southwesterly to 111th & 86th Avenue and into Stoney Creek further south. As part of this project, the northern third of Indian Woods Park will be changed into a water retention area, similar to some other flood prone areas already in town. The project will include road construction along 81st Avenue from 99th Street to 103rd and along 103rd Street. We expect that the project will make substantial adjustments to the flood plain that will probably remove many flood prone homes from the 100 year flood zone.

The funding for this project has already been allocated. The Metropolitan Water Reclamation District has committed to pay for 58% of the cost of the project and Cook County is contributing to the project as well. The majority of the matching funds required of Palos Hills will come from a FEMA grant of \$3.6 million. The final FEMA funding schedule is scheduled to be released this fall/winter. Engineering and utility relocation is scheduled for 2024. The construction is scheduled to take place in 2025 and 2026.

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4th Ward News—Cont.

Mayor Bennett and the City of Palos Hills have been working for years to obtain the funding for this project. Additionally, Mayor Bennett is working to obtain a grant for the improvement of Indian Woods Park beyond the water retention area. Some improvements being considered include an extended walking path, new playground equipment, a new pavilion, pollinator garden, new exercise equipment and increased parking.

As the project moves forward, we will advise you of further developments. We plan to hold another meeting in the winter/spring. Notice of this meeting will be provided in water bills and on the city website.

Finally, please remember to patronize the businesses in the Fourth Ward and the City of Palos Hills. We would also like to welcome all new residents of the Fourth Ward to Palos Hills and we are glad to see our community continue to grow. If we are ever needed, please remember we are only a phone call or email away.

Alderman Phillip Abed
708-598-3400
Pabed@paloshillswb.org

Alderman Peter A. Donahue
708-598-3400
Pdonahue@paloshillswb.org

Palos Hills Bargain Days

The city-wide garage sales will be May 31-June 2. For more information, visit “**Palos Hills Bargain Days**” on Facebook or call the Palos Hills Community Center, 708-430-4500, for the organizer’s phone number.

5th Ward News

As our fifth Ward turns....Many exciting changes have been made in our 5th Ward and many more to come!

The beautiful 17 unit townhome development on 111th Street is 99% complete. The landscaping is in the process of completion, and the units have gone on the market for sale! The new street name assigned by the developer is "Coffee Street".

The Kiswani Shopping Center at 8066-8110 W. 111th Street has come a long way! The new owner has made many new renovations such as: new roof, new HVAC units, painting, tuck pointing, new asphalt & paving, lighting and much more to come. The property was vacant for so long and in desperate need of these repairs. The good news is there are many small businesses inquiring to lease. Permits have been issued and very soon you will see a few of the businesses up and running!

The Hong Min property has received their permits for demolition. Along with the rebuilding of this facility they have also purchased the property at 11040 S. Roberts Road which has been proposed to be a private park with a pagoda, pavilion, scenic bridge, as well as a rock garden, trees and koi pond and other water features. There will also be an additional parking lot for supplemental parking for the restaurant customers. Projection time to start this project is 18 months. Just another enhancement for 111th Street!

We are in anticipation of a new walking/bike path that has been awarded. The Cal-Sag bike/walking path extension will join the existing Cal-Sag Trail on Southwest Highway to the existing Moraine Valley Community College. There will be parking at Moraine Valley and at the Palos Heights Metra Station. We are hoping to see completion by early summer 2024.

Amos Alonzo Stagg High School was awarded a 15 million dollar expansion. It will include much needed classroom space, offices, science labs and a roof top environmental workspace! This is a 2 year project which will conclude in 2025. *Continued on next page....*

5th Ward News—Cont.

Our Public Works Department has been hard at work changing piping and water mains throughout our 5th Ward and the city. Some of the piping/mains have not been changed for many years which makes the process challenging.

The summer flew by as it always seems to do, we hope you had time to enjoy one of our many events our City's Resource and Recreation Department has put together for you—our annual Friendship Fest, Touch a Truck, Summer Bash, music nights in the park and National Night Out to name a few. They are family oriented and fun events. If you missed them be sure to watch out for our recreational brochure for 2024 dates!

We thank our residents for keeping our 5th Ward beautiful with your flowers and beautiful landscaping. We express our congratulations to all our 2023 beautification contest winners!

Please continue to support our local businesses, they appreciate and need you!

Best Wishes for a Happy & Healthy Holiday Season!

Alderman Dawn M. Nowak
708-259-3367
Dawn.nowak@hotmail.com

Alderman Donna O'Connell
708-420-2326
doconnell@paloshillsweb.org

The Palos Hills Community Center will be closed Tuesday, December 26, through Friday, December 29, for building renovations. We will reopen on Tuesday, January 2.

PALOS HILLS POLICE DEPARTMENT NEWSLETTER

9-1-1 Usage

Please contact our dispatch center for all police services. They can be contacted by dialing 911. Using this service is the fastest and most effective way for officers to assist our residents 24 hours a day.

Stolen Vehicles

Please lock your vehicles when you are not using them. Multiple vehicles have been stolen by being left unlocked and having the key fob left inside. All valuables should be removed from the vehicle when not in use.

Driving Safely

The weather will soon be turning colder. Please be careful of road conditions and give yourself extra time to get to your destination safely. Please be cautious and pay attention to your surroundings so accidents can be avoided. We hope everyone has a wonderful holiday season.

Suspicious Activity

If you see anything suspicious, to include people, vehicles, or activities, please dial 911. This allows dispatch to document the incident immediately and allows officers to quickly respond and investigate. Reporting suspicious activities is a great way for community members to help keep Palos Hills one of the safest cities in Illinois.

Social Media:

Please look for us on Facebook. You can find our page by scanning the QR code with your cell phone camera or by searching for our **Palos Hills Police Department Facebook** page.



PALOS HILLS ECONOMIC DEVELOPMENT CORNER

PALOS HILLS ECONOMIC DEVELOPMENT CORNER

Almost another year has passed, and we are proud to say our Economic Development in Palos Hills has been very ACTIVE!

We have had many comings and goings in our community and sustainable economic growth. Please welcome and support the following businesses that have opened in Palos Hills this past year!

1. Body & Soul Day Spa – 9742 S. Roberts Road
2. Platinum Insurance Agency – 10142 S. Roberts Road
3. White Sheep Café – 9000 W. College Parkway, Bldg. “C”
4. Cake N’ Bake – 10456 S. Harlem Ave.
5. Sertler & Associates – 9748 S. Roberts Rd., Suite 10
6. Essential Concepts Research Solutions – 9848 Roberts Road, Unit 2
7. GSB Logistics, 9944 S. Roberts Road, Unit 201
8. Paradise Sweet & Eats – 11025 Southwest Highway (inside Palos Lanes)
9. Active Care Home Care – 9726-28 S. Roberts Road
10. Medco Instruments – 8130 W. 111th Street
11. A & D Tile Company – 7660 W. 111th Street
12. Turkish House – 10703 S. Roberts Road
13. Brama La Pizza – 10402 S. Harlem Avenue
14. Kwik RV Pharmacy – 10322 S. Harlem Avenue
15. Palios Pizza Café – 8803 W. 95th Street
16. Guaranteed Motor Cars – 10926 Southwest Highway
17. Mickey’s – 10701 S. Roberts Road
18. Pack N Track – 10200 S. Roberts Road
19. Express Hair Studio – 7624 W. 111th Street
20. Beauty & Wellness Med Spa & Southwest Pharmacy – 11164 Southwest Highway

Did you know we have a “celebrity business” in town? CAKE N’ BAKE at 10456 S. Harlem was featured on “The Food Guy” on Channel 5 this past summer! Cake N’ Bake offers French pastries, rolled croissants, cheesecake, and many more tantalizing specialty desserts! Give them a try, you will not be disappointed!

Palos Hills has a wide variety of cuisines. From Mexican, Mediterranean, American & many others they are an important part of our City’s attractiveness. Give something different a try!

BUSINESS UPDATES

Hong Min Restaurant has received the permits to start demolition. A new Chinese restaurant and Zen like park / garden as well as additional parking is in planning.

The Medical Center building on Harlem Avenue has received their final inspections and is ready to be occupied. A dental office and a cardiovascular office have received permits at this time.

Reef Kabob located at 7215 W 103rd Street is in the process of remodeling for carryout & catering.

Kiswani Shopping Center located at 8066-8110 W. 111TH Street has made many renovations and has leased a few of the store fronts which plan to be up in full operation by January, 2024. They are as follows: Boba Bee Tea, Round 4 Fitness Center and Palos Pantry.

A YEAR IN REVIEW 2023

It all starts from the top. We are lucky to have a strong Mayor for our leader who truly cares about the long term success of Palos Hills. Mayor Bennett has proven leadership in Palos Hills for over 42 years and has brought people together in shared values for common goals. He has made a difference with our community businesses and people and has made Palos Hills a great city to live and work in. Mayor Bennett is an integral part of our City's events, thank you Mayor for making all of this possible.

Some of our City events in 2023 include:

City wide garage sale City wide flea market Hills Chamber business expo & Hills farmers market
Palos Hills Golf Course New gazebo & birdhouses in Bennett Park
National Night Out Trivia Tuesdays Green Hills Library Summer Kickoff Touch A Truck
Moraine Valley Community College movies in the park Palos Hills music in the park
Earth Day with Knights of Columbus New Business Grand Openings Beautification Awards
North Palos Fire Protection & Fire buddies Veterans Day Ceremony Sacred Heart family picnic
Palos Hills Police Department launch 9 pm routine Elsie's Pantry support
St. Helen & Constantine Greek Festival Palos Stars Cheerleading & Football Field of Honor
North Palos Firefighters Pancake breakfast "Love Palos Hills" insignia on berm on 108th & Roberts Rd
Knights of Columbus pancake breakfast & trunk or treat Haunted Hayride
Grinchmas breakfast Dinner with Santa 39'ers senior club & New Horizon senior clubs

And so very much more! We are proud of our Resource and Recreation Department for all they do, as well as the Hills Chamber, and the many clubs we have throughout our city such as Sertoma, Knights of Columbus, Horsemen's Association, Senior clubs, Sacred Heart fun club, & Lions club just to name a few. (Keep an eye out for information on our 2024 Field of Honor).

In closing, as you can see we have a very nice and active community. Thank you to our residents for being a part of it. We appreciate you!

Follow "City of Palos Hills Economic Development" Facebook page for the most current updates and events.

PLEASE SHOP LOCAL & THANK YOU! Happy & Healthy Holiday Season to all!

Alderman Donna O'Connell, Chairman, Palos Hills Economic Development
doconnell@paloshillsworld.org
708 420-2326

RECREATION BROCHURE

Community Resource & Recreation Department
8455 W. 103rd Street
Palos Hills, IL 60465
(708) 430-4500
Fax (708) 430-8376

Website: www.paloshillswb.org
Email: recreation@paloshillswb.org

Staff

Kristin Violante, Commissioner
Sandy DeMoore, Community Resources Supervisor
Kelly Schaefer, Youth Supervisor
Lisa Kline, Office Clerk

City of Palos Hills Recreation Board

Mayor Gerald R. Bennett
Alderman Dawn Nowak, Chairman
Alderman Marty Kleefisch
Alderman Pauline Stratton

City of Palos Hills Community Resource Board

Mayor Gerald R. Bennett
Alderman Mike Price, Chairman
Alderman Pauline Stratton
Alderman Phil Abed

Mission Statement

The Palos Hills Community Resource & Recreation Department (CRRD) strives to maximize its resources to provide the community with high quality, diverse and economic leisure opportunities; through open space preservation, park development, administration and active and passive recreational program offerings.

Americans with Disabilities Act

In compliance with the Americans with Disabilities Act, the City of Palos Hills Community Resource & Recreation Department will make reasonable accommodations for individuals with a disability when using facilities or programs to enable participation. If you have any questions about the Park Department's compliance, please contact the Palos Hills Community Resource & Recreation Department at 430-4500.

Special Recreation

The Palos Hills Community Resource & Recreation Department is a cooperative member of the Oak Lawn Park District Special Recreation Agency. Residents of Palos Hills with special needs can participate in programs at Oak Lawn at the resident rate. Brochures for Oak Lawn Park District Special Recreation, 708-857-2200, programs are available at the Palos Hills Community Center, 8455 W. 103rd St.

Registration

Because we cannot control when the post office delivers this publication to all of our residents, please call the Community Center to ask when resident and non-resident registration begins.

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Visit us online at www.paloshillswb.org
or on Facebook at

**City of Palos Hills Resource and Recreation
Department**

EXTENDED PLAYSCHOOL PROGRAMS FOR 4 & 5 YEAR OLDS

The City of Palos Hills provides enrichment classes for our 4 & 5 year olds after Tot Stuff Playschool. These classes are an excellent way to enhance kids' academic, fine & gross motor and social skills. Kids not enrolled in Tot Stuff Playschool are also invited to attend these classes, but must be preschool aged. Supervision will be provided between Tot Stuff Playschool and these programs. Please note that we do not pro-rate for late registrations. Please make sure to bring a lunch.

PLEASE NOTE: Children enrolled in Tot Stuff Playschool will have priority for registration.

JUNIOR EINSTEINS (Ages 4-5 years old)

Want to conduct experiments or learn some basic science? Then this is the class for you! Introduction to science concepts will be presented. This class is without a parent.

Location: Community Center

Day: Mondays

Dates: January 22 - May 6

#330214-A

Not February 19, March 4, 25, April 1

Time: 11:30 am - 12:30 pm *bring a lunch

Cost: \$72.00

Min/Max: 4/12

ALPHABET ART (Ages 4 -5 years old)

Having fun with the alphabet! We are going to transform each letter of the alphabet into a wonderful piece of art. This class will follow along with our weekly letter pattern we are doing in Tot School. During those weeks where we have letter review, we will have open ended art projects planned.

Location: Community Center

Day: Wednesdays

Dates: January 17—May 8

#330210-A

Not March 27, April 10

Time: 11:30 am - 12:30 pm *bring a lunch

Cost: \$96.00

Min/Max: 4/12

SPORTS FANATICS (Ages 4-5 years old)

Learn a variety of sports such as basketball, soccer, t-ball and more. The kids will receive instruction in each sport, while learning the importance of sportsmanship and teamwork. This class is without a parent.

Location: Community Center

Day: Fridays

Dates: January 19 - May 10

#330228-1

Not March 29

Time: 11:30 am - 12:30 pm *bring a lunch

Cost: \$85.00

Min/Max: 4/12

TOT CLASSES

PLAYGROUP PALS (with parent/caregiver)

Playtime, stories, songs and crafts are offered for parents or caregivers and their little ones. Spend some time with your child while meeting other parents and caregivers in the community. This loosely structured class is led by a teacher, who will help guide your child through certain activities, but the emphasis is on social interaction with the assistance of the parent or caregiver. Only children registered for this class will be allowed to attend.

Location: Community Center - Youth Room

Day: Mondays

Date: January 22 - April 22

#320206-A

Not February 19, March 4 & 25, April 1

Time: 10:00 – 11:00 am

Cost: R:\$50.00/NR:\$55.00 per session

Age: Walking - 2 year olds with parent

Min/Max: 4/12

Teacher: Miss Sophia

PIPSQUEAK OPEN GYM (With Parent/Caregiver)

Parents, come join your child and have fun in the gym. The layout is altered regularly to provide new challenges. Mats are put out to climb on and balls are available to bounce and play catch with. Socialization will be a positive aspect for both parent and child. This program requires adult supervision, there is no instructor for this open gym program. This is a drop-in class. Fees are paid weekly.

Location: Community Center- Gym

Day: Fridays

Date: January 19 - May 3, **not March 29**

Time: 9:30 – 11:00 am

Cost: R:\$2.00/NR:\$3.00 each week

Age: Walking - 3 year olds with parent

Min/Max: 4/20

SPRING FLING SPECIAL EVENT

Join us during the playschool spring break for a program celebrating all things spring. We will play games, do crafts and participate in other spring themed activities.

Location: Playschool Room

Day/Date: Wednesday, March 27

#320801-1

Time: 10:00-11:15 am

Cost: \$15.00

Age: Playschool Ages

Min./Max: 3/10

EARLY CHILDHOOD SPORTS

ILLINOIS SHOTOKAN KARATE

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, and President of the American Shotokan Karate Association.

In our **Pre-Karate** Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and belt testing are options available through the ISKC instructor.
- The Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit www.iskc.com for more information or call us at 847/359-0666.

Location:	Apollo Recreation Center (12521 S. Kostner, Alsip)		
Day:	Fridays		
Dates:	Session 1:	January 12—March 29	
	Session 2:	April 5—June 7	
Cost:	Session 1:	\$165.00	
	Session 2:	\$138.00	
Age:	Pre-Karate - 4 - 6 years		Maximum: 12 kids
Times:	<u>Pre-Karate</u>		
	Session 1		
	4:30 - 5:15 pm	Beginner (no prior experience)	#320217-A
	5:20 - 6:05 pm	Continuing (White w/stripe & up)	#320217-B
	Session 2		
	4:30 - 5:15 pm	Beginner (no prior experience)	#320217-C
	5:20 - 6:05 pm	Continuing (White w/stripe & up)	#320217-D

T-BALL CLINIC—SATURDAYS

This introductory T-ball program is perfect for a child who wants to have fun and learn about baseball. Participants will learn the skills needed to play baseball, including offense and defense, as well as rules of the game. All you need to do is bring a glove.

Days:	Saturdays		
Ages:	3-5 years old		
Dates:	January 13 - February 17		#320234-1
	March 2 –April 13, not March 30		#320234-2
Time:	9:00 - 9:45 am		
Cost:	Session 1:	R:\$36.00/NR:\$41.00	
	Session: 2:	R:\$36.00/NR:\$41.00	
Min/Max:	4/10		
Instructor:	Coach Ben		

EARLY CHILDHOOD & YOUTH SPORT CLASSES

INTRO TO SOCCER

This introductory soccer program is perfect for a child who wants to have fun and learn about soccer. Participants will learn the skills needed to play soccer—including dribbling, passing and shooting and the rules of the game. Register quickly! These classes fill up fast!

Days: Tuesdays
Ages: 3-5 years old
Dates: Session 1: January 16-February 20 #330223-1
Session 2: March 5-April 23, **not March 26, April 9** #330223-2
Time: 5:00 - 5:45 pm
Cost/Session: R:\$36.00/NR:\$41.00
Min/Max: 4/8

Ages: 6-10 years old
Dates: Session 1: January 16-February 20 #320204-A
Session 2: March 5-April 23, **not March 26, April 9** #320204-B
Time: 6:00-6:45 pm
Cost/Session: R:\$36.00/NR:\$41.00
Min/Max: 4/10

INTRO TO SPORTS

Each week we will feature a new sport. Some of the sports the students will learn include basketball, soccer, baseball and flag football. Children will have the opportunity to learn new skills and develop confidence in playing various sports.

Days: Thursdays
Ages: 3-5 years old
Dates: Session 1: January 18-February 22 #330232-1
Session 2: March 7-April 25, **not March 28, April 11** #330232-2
Time: 5:00 - 5:45 pm
Cost/Session: R:\$36.00/NR:\$41.00
Min/Max: 4/8

Ages: 6-10 years old
Dates: Session 1: January 18-February 22 #320230-A
Session 2: March 7-April 25, **not March 28, April 11** #320230-B
Time: 6:00-6:45 pm
Cost/Session: R:\$36.00/NR:\$41.00
Min/Max: 4/10

- Kids should bring their own water bottles.
- These classes will be taught by Palos Hills resident Ben Bittner who is a school teacher and youth Coach.

YOUTH SPORT CLASSES—cont.

BASKETBALL CLINIC —SATURDAYS

Children will have the opportunity to practice various basketball skills such as shooting, passing and dribbling. There will be time each week for competitive play.

Days:	Saturdays		
Ages:	6-10 years old		
Dates:	January 13 - February 17	#320235-1	
	March 2 - April 13, not March 30	#320235-2	
Time:	10:00 - 10:45 am		
Cost:	Session 1:	R:\$36.00/NR:\$41.00	
	Session: 2:	R:\$36.00/NR:\$41.00	
Min/Max:	4/10	Instructor:	Coach Ben

ILLINOIS SHOTOKAN KARATE

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, and President of the American Shotokan Karate Association.

ISKC's **Youth Karate** classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to class rules. ***Please note that Parent/Child, Youth and Adult classes will train together.**

- Uniforms and belt testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

Location:	Apollo Recreation Center (12521 S. Kostner, Alsip)		
Day:	Fridays		
Date:	Session 1:	January 12—March 29	
	Session 2:	April 5—June 7	
Cost:	Session 1:	\$165.00	
	Session 2:	\$138.00	
Age:	Youth Karate - 7 - 14 years		Maximum: 15 kids
Times:	<u>Youth*</u>		
	Session 1		
	6:15 - 7:10 pm	Beginner/Continuer (White-Red Belts)	#330221-1
	7:15 - 8:10 pm	Inter/Advanced (Orange belts & up)	#330221-2
	Session 2		
	6:15 - 7:10 pm	Beginner/Continuer (White-Red Belts)	#330221-3
	7:15 - 8:10 pm	Inter/Advanced (Orange belts & up)	#330221-4

YOUTH CLASSES

MAGIC CLASS

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate.

Location: Palos Heights Recreation Center (6601 W. 127th St.)

Day/Date: Thursday, February 22 #330229-1

Monday, April 22 #330229-2

Time: February 22: 6:45 - 7:40 pm

April 22: 5:00-5:55 pm

Cost: \$23.00/date

Min/Max: 5/30

Instructor: Gary Kantor

KIDS COOKING

Beat the winter blues by joining us to learn how to cook some great recipes. Please let staff know of any food allergies. Participants should either wear a hat or pull their hair back. Bring empty containers to bring your food home in. Sign up soon—spots fill quickly!

Location: Palos Hills Community Center

Day/Date: Tuesdays, February 6—March 12 #330333-1

Time: 5:30 - 6:30 pm

Cost: \$36.00 Resident/\$41.00 Non-Resident

Min/Max: 4/8

Instructor: Ms. Sophia



KARATE

ADULT & PARENT/CHILD KARATE

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, and President of the American Shotokan Karate Association.

Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength.

Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and belt testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847/359-0666.

Location: Apollo Recreation Center (12521 S. Kostner, Alsip)

Day: Fridays

Dates: Session 1: January 12-March 29

Session 2: April 5-June 7

Cost: Session 1: \$165.00

Session 2: \$138.00

Time: Parent/Child (7 years & up)*

Session 1

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#330224-1

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#330224-2

Session 2

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#330224-3

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#330224-4

Adult (15 years & up)*

Session 1

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#350918-A

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#350918-B

Session 2

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#350918-C

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#350918-D

Maximum: 15 persons

*Please note that Parent/Child, Youth and Adult classes will train together.

TEEN PROGRAMS

DUNGEONS & DRAGONS - NEW!

Dungeons and Dragons is a tabletop role playing game where players create a character and participate in collaborative storytelling, working together to describe the characters and events in a story as it unfolds. D & D encourages creativity and problem solving, promotes teamwork and social skills, and most of all involves a lot of reading.

Classes will follow a series of adventures called a campaign where the storyline will build from session to session but players can attend any amount of sessions and still have a great experience.

This is a great activity for teens who are a little shy, but have a great imagination! This is a cooperative with the Palos Park Parks and Recreation.

Location: Palos Park Parks and Recreation, 8901 W. 123rd Street

Dates: January 8 #330240-1

January 22 #330241-1

February 12 #330242-1

Day: Mondays

Time: 4:00 - 6:00 pm

Ages: 12-17 years old

Cost: R:\$20.00/date NR:\$28.00/date

INTRODUCTION TO CHESS - NEW!

Chess is a strategy game, played by two players, who take turns to get better positioning on the chessboard in order to capture the other players' king. Participants will learn the basics of this classic game such as rules and basic strategy, and then apply it to gameplay.

This is a cooperative with the Palos Park Parks and Recreation.

Location: Palos Park Parks and Recreation, 8901 W. 123rd Street

Dates: January 15 #330250-1

February 26 #330251-1

Day: Mondays

Time: 5:00 - 6:00 pm

Ages: 8-13 years old

Cost: R:\$15.00/date NR:\$23.00/date

OPEN GYM

PALOS HILLS COMMUNITY ACTIVITY CENTER OPEN GYM

The Palos Hills Community Center Gym will be available for supervised open gym. Participants must be eligible to attend school in District 117, 118, 230 or be a resident of Palos Hills. Each participant must have a registration form filled out and signed prior to first day. If participant is under the age of 18 years old, a parent or legal guardian must sign the registration form. Gym shoes, shorts and ID are required. No jeans! Open Gym may be canceled for other programs or events. **OPEN GYM SCHEDULE IS SUBJECT TO CHANGE.** We suggest calling the Community Center at 708-430-4500 to determine if open gym is taking place.

Junior High Open Gym

Wednesdays, 3:30-5:30 pm

\$3.00/person

*kids can come at 2pm on early dismissal days

High School Open Gym

Tuesdays, 3:30-5:00pm

\$3.00/person

Adult Open Gym

Saturdays, 9:00—11:00am

\$3.00/person

Family Open Gym

Saturdays, 11:00am-12:30pm

\$3.00/family member

Note: A SCHOOL ID or Drivers License IS REQUIRED EACH TIME A PARTICIPANT COMES TO OPEN GYM. Park staff reserve the right to dismiss and/or suspend an individual's open gym privileges if they are unable to follow Community Center rules and/or are disrespectful to park staff.

Golden Coin Hunt

Come join us as we look for lucky golden coins. Find a hidden shamrock and get a special prize. Bags provided.

Saturday, March 16

11:00am - SHARP

Ages 3-12 years old

\$5.00/child #340452-1

\$3.00/each additional child = 340452-2

Bennett Park - west pavilion

MUSIC INSTRUCTION

We are happy to be collaborating with Palos Music Instruction in Palos Hills for piano, voice and guitar lessons. All lessons take place at their store located at 10604 S. Roberts Road. After registration, please call Frank at 708—974-8002 to schedule a lesson time and day.

Piano—NEW!

Lessons are available for students 3 years to adult. Learn fundamentals of sight reading, technique, theory and most of all, play songs! Lesson books are sold separately through Palos Music Instruction for any given age and skill level. This is an 8-week program (1 lesson/week). Monday-Thursday time, 2:00-8:00pm Fridays, 2:00-6:00pm and Saturdays, 8:00am—2:00pm. (30 minute private individual lesson.) Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows.

#340202-1 R: \$176.00/NR: \$186.00

Voice —NEW!

Lessons are available for students 8 years to adult. Learn fundamentals of breathing, posture, tone, diction, intonation and most of all sing songs! Sheet music is sold separately through Palos Music Instruction for your song of choice. This is an 8-week program (1 lesson/week). Monday-Thursday time slots available, 2:00-8:00pm, Fridays, 2:00-6:00pm and Saturdays, 8:00am—2:00pm (30 minute private individual lesson.) Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows.

#340203-1 R: \$176.00/NR: \$186.00

Guitar —NEW!

Lessons are available for students 7 years to adult. Learn fundamentals of sight-reading, tablature, technique, theory, rhythm and learn to play songs of choice from a variety of styles! Books and sheet music are sold separately through Palos Music Instruction. This is an 8-week program (1 lesson/week). Monday-Thursday time slots available, 10:00am—8:00pm, Fridays, 10:00am-6:00pm and Saturdays, 8:00am—2:00pm (30 minute private individual lesson.) For homeschoolers daytime hours are available. Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows.

#340204-1 R: \$176.00/NR: \$186.00



DOG OBEDIENCE

GOOD DOG! DOG OBEDIENCE

How would you like to have a better dog in just a few weeks? Learn training techniques in this affordable class. Dog obedience classes include instruction in basic obedience, manners, socialization and tips on general health. Dog obedience is for dogs ages 6 months and up. The class can also serve as a refresher course for dogs with previous training, and include some tricks and the opportunity to earn the AKC Canine Good Citizen Certificate. The class is designed for adults, and while the children may participate in the class with their parents, an adult must be the primary trainer. Proof of vaccinations is required. Also, please bring a dog waste bag. **Everyone attending this class must sign a participant waiver.** Location: Community Center

Dates: April 3 - May 8 #350815-1
 Day: Wednesdays
 Time: 7:30 - 8:30 pm
 Ages: 18 years and older with dog
 Cost: R:\$65.00/NR:\$70.00
 Min/Max: 5/8
 Instructor: Tommy Whang

PICKLE BALL OPEN GYM

Join the excitement of one of the newest sport craze—pickleball. Pickleball is a great way to get fit and meet new people. Pickleball is a paddle sport created for all ages and skill levels that combine many elements of tennis, badminton, and ping-pong, played on badminton sized court with a wooden paddle and ball similar in size to a wiffle ball. The rules are simple and the game is easy for beginners to learn. Call a friend and come see what pickleball is all about. This is a drop-in class.

Location: Community Center
 Dates: January 8-May 20
 Day: Mondays
 Time: 10:30 am - 11:30 am
 Cost: R:\$3.00/NR:\$4.00 Age: 40 plus

JAZZERCISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 am	9:15 am	9:15 am		9:15 am	9:00 am
4:50 pm			4:50 pm		
6:15 pm	6:15 pm		6:15 pm		

\$69 monthly for unlimited classes if you sign up before February 2024,
 after February 2024, \$74/month.
 NEW YEAR'S SALE (12/26/23-1/26/24— 2 months for only \$99 (unlimited classes).
***all prices subject to change**
 Sign up before class or online @ jazzercise.com
 Contact Aggie Lubon—Lubonki@aol.com

ADULT YOGA CLASSES

SENIOR CHAIR YOGA

As we mature we need to use it or we lose it! We will use gentle poses that strengthen and lengthen and learn breathing techniques to foster peace of mind and reduce stress, yet energize. Bring a firm blanket or small pillow.

Location: Community Center

Dates: **Session 1** January 8-February 26 **#350913-1**

Session 2 March 11-April 29 **#350913-2**

Day: Mondays

Time: 4:45 - 5:45 pm

Cost: Session 1 R:\$55.00/NR:\$60.00

Session 2 R:\$55.00/NR:\$60.00

Ages: 50 years old and up

Min/Max: 8/30

Instructor: Kathy Ruiter

STRONG, STRETCHED & SERENE YOGA

This class is for those with (but not exclusive too) previous yoga experience. As you progress, more strenuous postures will gradually increase muscle power and longer holds will increase strength and flexibility. We will focus on the relaxation and meditation in each pose by way of proper breathing.

Note: Previous Yoga experience is recommended, but is not required.

Location: Community Center

Dates: **Session 1** January 8-February 26 **#350917-A**

Session 2 March 11-April 29 **#350917-B**

Day: Mondays

Time: 6:00 - 7:00 pm

Cost: Session 1 R:\$55.00/NR:\$60.00

Session 2 R:\$55.00/NR:\$60.00

Ages: 16 years old and up

Min/Max: 8/30

Instructor: Kathy Ruiter

YOGA FOR EVERYONE

Rejuvenate & Relax! No previous experience in Yoga is necessary. This class will address flexibility, strength, mental focus and most importantly, *relaxation*. Proper breathing and posture will be emphasized. Bring a yoga mat and a yoga strap to class.

Location: Community Center

Dates: **Session 1** January 8-February 26 **#350916-A**

Session 2 March 11-April 29 **#350916-B**

Day: Mondays

Time: 7:15 - 8:15 pm

Cost: Session 1 R:\$55.00/NR:\$60.00

Session 2 R:\$55.00/NR:\$60.00

Ages: 16 years old and up

Min/Max: 8/30

Instructor: Kathy Ruiter

GENTLE YOGA

Gentle but effective movements in a chair to increase range of motion, build strength and increase overall well-being. Wonderful for those with arthritis or knee/hip replacements or those who cannot otherwise get on the floor for traditional poses. Bring a small, firm pillow or blanket for back support.

Location: Community Center

Dates: **Session 1** January 10 - February 28

#350920-A

Session 2 March 13 - May 1

#350920-B

Day: Wednesdays

Time: 10:30 - 11:30 am

Cost: Session 1 R:\$56.00/NR:\$61.00

Session 2 R:\$49.00/NR:\$54.00

Ages: 18 years old and up

Min/Max: 8/30

Instructor: Kathy Ruiter

LUNCH BUNCH

Don't miss the Lunch Bunch! Join in as we explore new restaurants and enjoy some old favorites. Perhaps you want to check out a new restaurant, but are looking for a lunch buddy to go with you. Join us for laughter, fun, friendship and conversation. Join this great group of active adults for a relaxed and fun lunch. The fee includes transportation only; lunch is on your own. **Note: Please bring cash on the trips.**

Location: Depart from Community Center

Day: Thursdays

Time: 11:00 am - 2:30 pm

Cost: R:\$10.00/NR:\$15.00

Ages: 18 years old and up

Min/Max: 6/14

FEBRUARY 8 – Westchester Inn - Westchester

#350344-1

Cozy and casual locale serving traditional Bohemian/Czech dishes such as pierogi and stuffed cabbage.

MARCH 7 - ASHFORD HOUSE - Tinley Park

#350348-1

Everyone is Irish today—quaint Irish pub serving classic meals for breakfast, lunch and dinner, plus steaks and sandwiches.

APRIL 11 - DRIFTWOOD GRILLE, Oakbrook Terrace

#350350-1

Locally family owned, serving traditional American cuisine with a twist and an emphasis on supper club fare, bringing one of a kind appetizers, hand-crafted sandwiches and incredible steaks. Their scratch kitchen awaits!

ADULT WINTER/SPRING TRIPS

HARRAH'S CASINO, Joliet

We will travel to Harrah's Joliet Casino. Harrah's Joliet offers more luck, excitement, and fun—seven days a week. Discover a 24-hour gaming playground with hundreds of slots, classic table games, and endless opportunities to try your luck. Lunch will be at the Cross Street Grill located in the casino. Menu items include burgers, hot dogs, sandwiches, and some sweet treats. Trip cost includes transportation only in CRRD vehicle. Gambling and lunch is on your own.

Depart/Return: Community Activity Center

Day/Date: Tuesday, March 19

#350338-1

Time: 10:30 am - 2:30 pm (approx.)

Cost: R: \$10.00/NR: \$15.00

Min/Max: 6/14

JOURNEY THROUGH TIME: Resale Shopping & Lunch

A shopping trip combined with a great bargain, that is what resale shopping is all about. Many shoppers call it treasure hunting or bargain hunting. We call it fun! We will stop at a new resale shop in Tinley Park along with a few more stops along the way to find that hidden treasure to take home. In between our busying shopping day we will stop for lunch in nearby Frankfort. Trip includes transportation only, lunch is on your own.

Depart/Return: Community Activity Center

Day/Date: Thursday, April 25

#350327-1

Time: 9:30 am - 2:30 pm (approx.)

Cost: R: \$20.00/NR: \$25.00 (includes transportation in CRRD vehicle only)

Min/Max: 6/11

THANKS FOR THE MEMORIES: A USO TRIBUTE ENCORE

Metropolis Performing Arts Center, Arlington Heights

Paying homage to those entertainers who sang and danced for our troops during the 1940's, this USO Salute includes a tribute to such artists as the Andrews Sisters, Judy Garland, Bob Hope, Rosemary Clooney and many more. Backed by a 5 piece band, five powerhouse singers recreate and afternoon of a classic USO show full of memorable songs, comedic numbers, and slapstick entertainment hosted by our master of ceremonies! We will stop for lunch by the theater before the show. Lunch is on your own. Matinee performance starts at 1:00p.m. This is a shared trip with Palos Park Parks and Recreation.

Depart/Return: Community Activity Center

Day/Date: Tuesday, May 21

#350334-1

Time: 10:00 am - 4:00 pm (approx.)

Cost: R: \$45.00/NR: \$50.00

Min/Max: 4/6

BEAUTIFUL—THE CAROL KING MUSICAL—Paramount Theatre, Aurora

Join us for an afternoon of food, fun and great music at the Carol King Musical.

Before she was the Carole King we know today, she was a young songwriter from Brooklyn trying to make a name for herself. Beautiful—The Carole King Musical tells the inspiring true story of King's remarkable rise to stardom as part of the hit songwriting team with her husband Gerry Goffin and going on to become one of the most successful singer, songwriter and musicians in popular music history. Her credits include songs such as "You've got a Friend", "Its Too Late", "So Far Away" and many more. Along the way, she made more than beautiful music, she wrote the Soundtrack to a Generation. Trip includes lunch, show and transportation in CRRD vehicle.

Lunch: Garden salad, rolls, roasted pork with apple au jus on the side, roasted red potatoes, broccoli, cookies and brownies.

Depart/Return: Community Activity Center

Day/Date: Wednesday, May 29

#350327-1

Time: 10:15 am - 5:15 pm (approx.)

Cost: R: \$95.00/NR: \$105.00

Min/Max: 8/14

AARP Driver Safety Course

Thursday, March 14 & Friday, March 15

9:00 am - 1:00 pm

AARP Members \$20, Non-Members \$25

Please make checks payable to AARP. You may register in person or by calling the Palos Hills Community Center 430-4500, 8455 W. 103rd St. Palos Hills, IL 60465.

*Payment is due when you arrive to take the class.

PATSE Bus Service



The PATSE Bus services provides bus service for individuals 60 and older who live within the Palos Township or are physically disabled. The service is open Monday - Friday from 8:00 am - 2:00 pm for rides to doctors, medical appointments, stores and beauty shops. For more information about PATSE bus, please call 708-430-3822.

39'ers Senior Club

Come join the fun! The Palos Hills Seniors Club is looking for new members. There is always something exciting happening at the Palos Hills Community Center for seniors. It's a place to meet new people and get together with old friends. The laughs and fun will keep you feeling young. Luncheons, entertainment, and BINGO are offered. Activities are held at the Community Center located at 8455 W. 103rd Street, starting at noon on the 2nd and 4th Wednesday of the month to Palos Hills residents, age 55+. If you can't make every event, that's ok, we would love to see you when you do! Activity fee for events and luncheons must be paid at least one week in advance. Sorry no walk-ins or refunds. If you have any questions or would like a list of activities call Sandy at 708-430-4500.

January 10 Happy New Year! Wishing the 39'ers a Healthy and Happy New Year! ** No meeting today **. Welcome back on January 24th for the Stagg Jazz Band.	January 24 - \$1.00 Stagg Jazz Band Today we welcome the Stagg Jazz Band to the Community Center. These talented young musicians are a high energy jazz group under the direction of conductor/teacher Mr. Mecozzi. Don't miss this one! See you there! Hot Dogs, chips and dessert	February 14 — \$3.00 Cupid's Valentine Bingo 39er's join us for the sweetest of days for love, laughs and chocolate. Pizza and a sweet treat for lunch today.
February 28 — \$2.00 Hello Bingo It's Hello Bingo time! A chance to meet new active seniors from Palos Hills who recently joined the 39'ers. See you there! Walking Tacos	March 13—\$6.00 St. Patrick's Day Jennifer Silk—Lunch and Show It's that time of year when luck of the Irish applies to everyone. Jennifer Silk with her violin provides a song, a joke and a jig for a fun and entertaining afternoon. Welcome back Jennifer Silk! Reuben Sandwich and Fries	March 27 — \$3.00 White Elephant Exchange & Bingo Hop your way to the 39ers. Today, bring a wrapped white elephant gift to exchange, first person to bingo picks a prize from the table. Salad with toppings
April 10 - \$3.00 Puzzle Mania Fun and Games 39'ers, each table will make up a team. Teams will race against each other to finish a 100 piece puzzle. Prize for winning table. Sloppy Joes	April 24 — \$6.00 Spring Break Party & Bingo Spring has arrived! Join the 39'ers as we welcome in Spring. Wear or bring a favorite spring hat you have at home (old or new). We will play bingo for prizes today. Chi Tung for lunch	May 8—\$5.00 Name That Tune & Bingo! If you have a good ear for 50's and 60's music you will be a winner competing in the 39'ers Name that Tune contest. Peppo's Sub Sandwich

Palos Hills New Horizons Senior Club

Membership is open to adults and their guests 60 years of age and older residing in Palos Hills. Enjoy BINGO, Casino Trips and Parties. Meetings are held on the 1st and 3rd Wednesday of the month at 6:00 pm at the Community Center, 8455 W. 103rd St. New members can join anytime. Yearly dues are \$3.00 payable at the start of the 1st meeting. Call the Community Center at 430-4500. A club member will return your call.

Registration Information

How to Register

1. Complete the registration form; be sure to include the program number and signatures. Please read all registration instructions carefully because some programs have special registration requirements.
2. Include the registration form with a check for the correct total fee. Please include your phone number on the check and make check payable to the Palos Hills Community Resource & Recreation Department.
3. Mail in or drop off your completed registration along with your check or credit card number to the Palos Hills Community Resource & Recreation Department, 8455 W. 103rd Street, Palos Hills, IL 60465.
4. The Community Resource & Recreation Department will check proof of residency.
5. The Palos Hills Community Resource & Recreation Department does not mail confirmation cards to confirm program registration. You may assume that you are enrolled in your first choice of programs for which you have registered unless you receive a phone call from our staff.
6. Telephone registration is not accepted.
7. Proof of residency must be shown at time of registration. Non-Residents may enroll in any program for an extra fee.

Mail In/Drop off Registration

Please call to determine when resident registration begins. We want to ensure all residents receive the brochure before anyone can register. Non-resident registration will begin one week following resident registration. Mail in and drop off registrations will be placed in open program slots in the order they are received. Registrants will be notified of any class conflicts at the time of registration.

Registration Policies

1. Fees for late registration will not be prorated.
2. The Palos Hills Community Resource & Recreation Department reserves the right to cancel or postpone programs due to insufficient participation numbers.
3. Registration fees are transferable if requested prior to the first day of class.
4. It is the registrant's responsibility to record times and locations of programs they are enrolled in.
5. The Palos Community Resource & Recreation Department is not responsible for lost or late mail or drop off registrations.
6. By registering for Community Resource & Recreation Department programs, each registrant realizes the inherent risks involved in the program and appreciates the nature of these risks. The applicant holds the Palos Hills Resource & Recreation Department harmless for any damages caused by participation in these programs.
7. Participants or their parents (if participant is under 18) permit the taking of photos, audio and videotapes during Palos Hills Community Resource & Recreation Department activities for publication and use as the department deems necessary.
8. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.
9. Signatures on registration forms are mandatory. Forms without signatures will be returned to registrant thereby jeopardizing their registration.
10. Individuals registering for other family member and friends or neighbors must complete a separate registration form and make sure it is signed by the person who is participating in the program.

Typographical Errors

Our staff has made every effort to prepare this brochure as accurately as possible; however errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. All typographical and printing errors are subject to correction.

Program Registration Form

8455 West 103rd Street

Palos Hills, IL 60465

Phone (708) 430-4500

Fax (708) 430-8376

Website: www.paloshillsweb.org

Assistance Required

If you or your child require some type of physical assistance due to a special need or condition, please indicate special need and the assistance and/or accommodation needed:

Last Name: _____ Adult First Name: _____

Email: _____

Street Address: _____

City: _____ Zip: _____ Emergency Name: _____

Home() _____ Work/Cell() _____ Emergency() _____

Please read this form carefully and be aware that signing up and participating in this program you will be waiving and releasing all claims for injuries you might sustain arising out of this program. As a participant in the Palos Hills Community Resource & Recreation Dept. program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages, or loss which I may sustain as a result of participating in any and all activities connected with or associated with such Programs. I agree to waive and relinquish all claims I may have as a result of participating in the program against the Palos Hills Resource & Recreation Dept. and its officers, agents, servants, local sponsors, and employees. I agree to allow the Palos Hills Resource & Recreation Dept. to use my family and I in any photo, audio and/or videotape for any publicity used by the City of Palos Hills. I do hereby fully release and discharge the Palos Hills Resource & Recreation Dept. and its officers, agents, servants, and employees from any and all claims sustained by me and arising out of, connected with, or in any way associated with the activities of the program. I understand that no refunds can be made for any reason unless a program or event was canceled by the Palos Hills Resource & Recreation Dept. Any individual or group, which submits a non-sufficient check for payment of a registration fee, will be charged a \$15.00 processing fee. I have read and fully understand the Program details on the reverse side. I have read and fully understand the Waiver and Release of all claims information.

X

Participant SIGNATURE (All Adults 18 Years and Older)

Date

Activity Number	Activity Name	Registrants Last Name	Registrants First Name	Sex	Birth Date Mo./Day/Yr..	Fee

See Registration Information on the back of this form

TOTAL FEE _____
CHECK # _____

REGISTRATION INFORMATION

Refund Procedures

1. All requests for refunds must be made on an official refund application available at the Community Center. The date the form is stamped by the office is the date for refund consideration. A copy of the date stamped application will be your proof of request.
2. Once any class begins, no refunds will be given. All requested refunds will be assessed a service charge of \$10.00. Refunds will only be issued if the refund dollar amount is greater than \$10.00. Dollar amounts less than \$10.00 will be credited to the family household account which can be used for future registration purposes.
3. The Community Resource & Recreation Department reserves the right to cancel or consolidate any program(s) if registration is deemed inadequate. Classes will be canceled if the minimum enrollment is not met 3 business days before the start date of the program. If any program has been canceled by the department, participants will receive a refund or credit to be used for another program.
4. There will be no telephone refunds.
5. Medical credit situations will be handled individually on a case by case basis and must be accompanied with a doctor's note. After the first week of class, no medical credits will be given.
6. All field trips have a non-refundable fee unless canceled by the Palos Hills Community Resource & Recreation Dept.
7. Refunds will be processed the day they are submitted in writing. Processing takes three to four weeks. All refunds will be given by a check no matter how you originally paid for a program.
8. Cancellations for day camp or playschool must be received in writing on the Resource & Recreation Refund form two (2) weeks prior to the beginning of the session. No refunds/credits will be given after that date.
9. Credits must be used within 6 months of issued date.
10. There will be no prorating of programs due to late starts, early withdrawals or failure to attend classes.

Behavior Policy

The Palos Hills Community Resource & Recreation Department has an established behavior policy relative to inappropriate behavior. Inappropriate behavior is defined as that which disrupts a recreation program and which requires a program leader to call for a stop of the behavior due to its effect on other participants or on the leader's ability to conduct the program. Such behavior may call for an immediate and/or permanent dismissal of the participant. Additional rules may be developed for individual programs and athletic events as deemed necessary by staff. No credits or refunds will be given for behavior dismissal.

Waiting Lists

If a program is full, a waiting list will be started. When this is possible, individuals on the waiting list will be called in the order they are placed on the waiting list. However due to schedule restrictions, it is not always possible to accommodate all individuals on waiting lists and in such cases those individuals will not be called.

Credit Card Information

Program registrants are able to pay for program fees with a Visa, Master Card or Discover Card. If paying by credit card, you must provide photo identification.

NSF Checks

Any individual or group which submits a non-sufficient funds check for payment of a registration fee will be charged \$15.00.

We Love Parents But...

Please do not remain in the classroom or gym after dropping off your child. Continual interruptions tend to affect the children's participation levels. You are more than welcome to sit and relax in the lobby.

PALOS HILLS PARK SITES & FACILITIES

LOCATION INFORMATION

City of Palos Hills - City Hall
10335 S. Roberts Road
Palos Hills, IL 60465
(708) 598-3400

Community Activity Center
8455 W. 103rd Street
Palos Hills, IL 60465
(708) 430-4500

Palos Heights Recreation Center
6601 W. 127th Street
Palos Heights, IL 60463
(708) 361-1807

Palos Park Recreation Center
8901 W. 123rd Street
Palos Park, IL 60464
(708) 671-3760

Apollo Recreation Center
12521 S. Kostner
Alsip, IL 60803
(708) 389-1003

City of Palos Hills Important Numbers

Administration	598-3400
Animal & Ordinance Office	598-3400
Building Department	598-3400
Community Resource & Recreation	430-4500
Municipal Golf Course	599-0202
Police (Non-emergency)	598-2992
Public Works/Sewer & Water	598-3400

City Council Meetings

1st & 3rd Thursday of the month
Committee Meeting: 6:30pm
Regular Meeting: 7:00pm
City Hall Council Chambers
10335 S. Roberts Road
www.paloshillsweb.org

GUIDELINE FOR PARKS

City of Palos Hills Ordinance Section 2.48.070
For a complete list of rules visit our website at
www.paloshillsweb.org

For All Parks

1. All Dogs Must be on a leash.
2. Dog Waste - must be picked up and removed by the owner.
3. No person shall be allowed to swim, bathe, wade or enter into any water feature located on any City property. A water feature is any pond, lake, retention/detention pond or waterfall.
4. Ice skating is allowed on City made ice skating areas only.
5. No person may sleep overnight or camp in any park.
6. No person shall enter an area posted as "Closed to the Public" nor shall any person use any area in violation of posted notices, included but not limited to parking areas designated for the handicapped.
7. The City of Palos Hills reserves the right to close a park for City held functions.

Bennett Lake Rules

No Swimming, Boating, Ice Skating, or Camping.
Fishing is catch and release only.

PALOS HILLS PARKS

Town Square - 8500 W. 103rd Street
Indian Woods - 100th Street & 82nd Avenue
Michael Park - Michael Drive & 105th Street
Loveland Park - 8500 W. 106th Street
Aspen Park - 105th Street & Aspen
Calvary Park - 111th Street & Roberts Road
Krasowski Park - 104th Place & Tod Drive
Volunteer Park - 99th Street & 88th Avenue
Bennett Park - 10801 Roberts Road
Glacier Park - 101st Street & 78th Avenue

Check Our Website for Additional Information at
www.paloshillsweb.org

SPECIAL EVENTS



BreakFast With the BUNNY

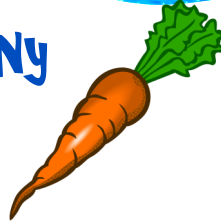
Saturday, March 23
Palos Hills Community Center
8455 W. 103rd Street
10:00- 11:15 am

\$13.00 per adult - #360315-A

\$15.00 per child - #360315-C

Under 1 year old is free - #360315-B

Price includes breakfast, entertainment,
private egg hunt & a bunny gift. Buy your
tickets early - no tickets will be sold at the
door!



Easter Egg Hunt

Saturday, March 23
Town Square Park
8455 W. 103rd Street

Rain or Snow

12:00 pm SHARP

Cost: FREE, No ticket necessary

Bring your own Easter Basket or bag to
collect your eggs. Find a special egg and
receive a special prize. No registration is
necessary.

Mother/SON Dance Hoe-DOWN

Friday, February 9
PALOS HILLS COMMUNITY CENTER
6:30-8:00 PM

\$45.00/Couple/NR \$50.00 #330260-1

\$20.00 each additional CHILD #330260-2

\$10.00 each additional ADULT #330260-3

Event includes a light dinner, dancing and a souvenir.
Grandmothers are invited as well!

PLEASE REGISTER BY February 3. No tickets sold at the door.
Maximum 24 couples

Palos Hills Community Resource & Recreation Department
8455 W. 103rd Street
Palos Hills, IL 60465

PRSRT STD
U.S. POSTAGE
PAID
PERMIT #254
Worth, IL 60482

ECRWSS
POSTAL CUSTOMER
PALOS HILLS, IL 60465

Providing a Healing Experience

Palos-Gaidas

FUNERAL HOME

The Gaidas family has been serving families for over two generations in the Chicago land area. With humble beginnings in Chicago's Back of the Yards and Brighton Park communities, we have been taking care of families by providing a "healing experience."

Over the years, Palos-Gaidas Funeral Home has continually provided dignified and compassionate service to the many families who call upon us. Our commitment to our family and community is reflected in our involvement with various organizations. We support many community endeavors, including church and civic groups, schools, and charitable organizations.



Let us show you how our commitment to excellent care
can help your family when you need it most.
We look forward to hearing from you.

Dave and Loretta Gaidas

11028 Southwest Highway, Palos Hills, IL 60465

Phone: 708-974-4410

www.palosgaidasfh.com • palosfh@comcast.net

