



CITY OF PALOS HILLS
RESOURCE & RECREATION

2025

SUMMER

Brochure

FEST
SPECIAL EVENTS
DAY CAMP
TRIPS
& MORE!

WWW.CITYOFPALOSHILLS.ORG





**PALOS HILLS
FRIENDSHIP FEST 2025
107th and 88th Avenue**



**Thursday, July 10
6:00 - 10:30 pm**

All Around Amusements 6:00-10 pm
One Price Day of \$40 from 6:00-10 pm
Food Court opens at 6:00 pm
Free face painting by
Paint on Me Inc. - 6:30-8:30 pm
Music Line-up - Beer Garden
One of These Nights - 7:30-10:30 pm
(Eagles cover band)

**Friday, July 11
6:00 - 11:30 pm**

*Special Needs Time - 3:00-5:00 pm
*Some rides may not operate during this time.
All Around Amusements - 6:00-11:30 pm
One Price Day of \$40 from 6:00-11:30pm
Food Court Opens at 6:00 pm
BINGO 7 - 10:00 pm
Music Line-up - Beer Garden
The Chicago Experience - 6:00-8:15 pm
(Rock)
Infinity - 9:00-11:30 pm (Rock)

Mega Passes

\$60.00 if purchased - July 10th by Noon
\$70.00 at Friendship Festival

***Advanced purchase of Mega Passes available
only at Palos Hills Community Center.***

***To avoid long lines at the carnival we will
provide a day/time a couple of days before
fest to turn your mega passes in for the actual
band you will wear during fest. Look for
information about that date on the
City of Palos Hills website.***

**Saturday, July 12
Noon - Midnight**

All Around Amusements - 12-11:30 pm
Pay One Price of \$40 from 12 - 5:00 pm
\$40 from 5:00pm - close
Food Court Opens at noon
Arts & Crafts Vendors - 12-8:00 pm
Palos Hills Horsemen Association - 1-4:00 pm
Free Pony Rides & Petting Zoo 1 - 5:00 pm
BINGO 7:00-10:00 pm
Kid's Entertainment - noon - 3:00 pm
No. 23 Futbol—Soccer Darts
Music Line-up - Beer Garden
The Ron Burgundy's - 6:00-8:15 pm
(80's)
American English - 9:00-11:30 pm
(Beatles cover band)

**Sunday, July 13
1:00 - 10:30 pm**

All Around Amusements - 1:00-10:30 pm
Pay One Price of \$40 from 12 - 5:00 pm
\$40 from 5:00pm - close
Food Court Opens at noon
Arts & Crafts Vendors - 1-10:00 pm
Palos Hills Horsemen Association - 1-4:00 pm
Free Pony Rides & Petting Zoo - 1 - 5:00 pm
BINGO 7-10:00 pm
Kid's Entertainment - noon - 3:00 pm
Foam Party—bring a change of clothes
Music Line-up - Beer Garden
Ambidextrous - 4:45-6:15 pm
(Pop/Rock)
Anthem (Rock) - 7:00-10:30 pm
Fireworks at Dusk!

**DOUBLE K PRODUCTIONS
CLASSIC CAR SHOW**

**Sunday, July 13
9:00 am - 4:00 pm
Registration - 9 am
\$25 day of the show
www.doublekproductions.com**

Park Memorial Program

The City of Palos Hills offers an opportunity for you to honor a loved one in a special way through our park memorial program. Opportunities are available to purchase a tree with a plaque or park bench with a plaque at Bennett Park. For more information, please call Kristin at the Palos Hills Community Center, 708-430-4500.



2025 Beautification Contest

With the beautiful days of spring upon us, Alderman Kleefisch, the Beautification Committee and the Community Resource Department want to inform residents that we are preparing to conduct our annual beautification contest for residences, businesses, multiple family residences, churches and schools. Over the past 18 years, we have had many positive comments about this friendly competition, which encourages everyone to put their gardening and decorating talents to good use.

Last year Aldermen nominated at least ten residents in their Ward. In addition, you can choose to nominate your neighbor or local business, also. You can email your nomination to recreation@paloshillswest.org or either mail or drop off your nomination to the Community Resource Department at 8455 W. 103rd Street, Palos Hills. If you are nominating someone or a business, please provide your name and phone number, as well as that of the person or business you are nominating. A completed nomination form gives that property an opportunity to be judged as a possible winner. However, the judges must determine that the property rates highly in all or a majority of the categories. Upgrading your property from two years ago should improve your chances.

All judging will be conducted by local Aldermen and volunteers. Due to time constraints, the judges will focus solely on front and side yards. Our judges will be rating properties in these categories: **general appearance of buildings, fencing and edging, and overall landscaping including lawns, shrubs, evergreens, trees and color accents.**

All winners will receive a certificate of recognition at an awards ceremony and a lawn sign. Each ward will also have a grand prize winner (multiple in each ward depending on scoring) and will receive a prize.

Start sprucing up your property, and planting your spring annuals as you add to the overall beauty of our attractive city and enhance the quality of life for everyone in Palos Hills. Good Luck to All! The contest entry form is on the next page.



City of Palos Hills 2025 Beautification Contest Entry Form



Homeowner's Name: _____

Address: _____ Ward property is in: _____

Phone: _____ E-mail: _____

Nominator's Name: _____

Phone: _____ E-mail: _____

Please check the appropriate box:

☐ Home ☐ Townhome ☐ Condo ☐ Multi-family
☐ Retail Business ☐ Religious Building ☐ Banking Institution
☐ Service Station ☐ Commercial Building ☐ Restaurant

Our judges will be rating properties in these categories:

1. General appearance of buildings, fencing and edging
2. Overall landscaping
 - Lawns
 - Shrubs, evergreens and trees
 - Color accents
3. Only those properties who have completed an entry form will be judged.
4. Judging will focus solely on front and side yards.
5. Winners from the 2024 Beautification Contest are not eligible to enter until 2026.
6. Judging will take place from August 11 to 15, 2025.
7. **All entries must be received by August 4, 2025 at 5:00 pm.**

Please read carefully. I understand that by entering the 2025 Beautification contest I allow, should I be a winner, the City of Palos Hills to publish a photograph, my family name and the address of my home in published material, including City website in connection with the contest. I release and agree to hold the City of Palos Hills, its agents, and its contractors harmless from any and all claims, damages, or liabilities resulting from entry into the Beautification Contest and I agree not to bring any such claims against the released parties at any time in the future. If I am not the owner on record I am over 18 years of age and have the full right and authority to execute this Release and Waiver.

Signature

Date

Community Resource & Recreation Dept.
 8455 W. 103rd Street
 Palos Hills, IL 60465
 (708) 430-4500
 Fax (708) 430-8376
 Website: www.paloshillswweb.org
 Email: recreation@paloshillswweb.org
 Facebook—**City of Palos Hills Resource and Recreation Department**

Mission Statement

The Palos Hills Community Resource & Recreation Department (CRD) strives to maximize its resources to provide the community with high quality, diverse and economic leisure opportunities; through open space preservation, park development, administration and active and passive recreational program offerings.

Americans with Disabilities Act

In compliance with the Americans with Disabilities Act, the City of Palos Hills Community Resource & Recreation Department will make reasonable accommodations for individuals with a disability when using facilities or programs to enable participation. If you have any questions about the Park Department's compliance, please contact the Palos Hills Community Resource & Recreation Department at 430-4500.

Special Recreation

The Palos Hills Community Resource & Recreation Department is a cooperative member of the Oak Lawn Park District Special Recreation Agency. Residents of Palos Hills with special needs can participate in programs at Oak Lawn at the resident rate. Brochures for Oak Lawn Park District Special Recreation, 708-857-2200, programs are available at the Palos Hills Community Center, 8455 W. 103rd St.

Registration Dates

Because we cannot control when the post office delivers this publication to all of our residents, please call the Community Center to ask when resident and non-resident registration begins.

Staff

Kristin Violante, Commissioner
 Kelly Schaefer, Youth Supervisor
 Sophia Alfaro, Community Resources Supervisor
 Charles Somerville, Office Coordinator

City of Palos Hills Recreation Board

Mayor Gerald R. Bennett
 Alderman Dawn M Nowak, Chairman
 Alderman Marty Kleefisch
 Alderman Pauline Stratton

City of Palos Hills Community Resource Board

Mayor Gerald R. Bennett
 Alderman Mike Price, Chairman
 Alderman Pauline Stratton
 Alderman Phil Abed

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FALL TOT SCHOOL

TOT-STUFF PLAYSCHOOL

Tot Stuff Playschool is a balanced program designed to meet the educational, social, creative and emotional needs of children. Each class will include pre-academic reading skills; learning games for colors, shapes, and letters; circle time; songs; and play time. **Kids must be potty-trained in order to attend.**

Parents of first time registrants should bring a copy of their child's birth certificate along with their registration form. Due to purchasing supplies in advance, no refunds or credits will be given after the first day of class. In order to provide consistency to our students, no new students will be accepted after the first session. Your child will have to wait until the winter 2025 session to register. Students enrolled in playschool may come in and drop off supplies on Wednesday, August 13 from 10:00 am - noon. **Note: No class September 1, October 13, November 11, 24-28.**

A \$50.00 non-refundable, non-transferable deposit is required to hold your spot for the 2025/2026 school year. Full payment for at least the first session must be paid by July 7 or your spot may be given to the next child on the waiting list.

4 & 5 year olds — WAIT LIST ONLY!

Location: Palos Hills Community Center
Ages: 4 & 5 years old (Must be 4 by September 1, 2025)
Time: 9:00 - 11:30 am
Days: Mondays, Wednesdays & Fridays
Dates:

Session 1	August 18 - October 10 (23 classes)	#220704-A	R:\$299.00/\$319.00
Session 2	October 15 - December 19 (26 classes)	#220704-B	R:\$338.00/\$358.00
Session 1 Balance		#220704-C	R:\$249.00/\$269.00
Session 1 Deposit		#220704-D	\$50.00

Maximum: 12 students
Teacher: Ms. Kelly
Assistant: Mrs. Hearne

3 & 4 year olds

Ages: 3 years old (Must be 3 by September 1, 2025)
Time: 9:30 - 11:30 am
Dates:

Session 1	August 19 - October 9 (16 classes)	#220705-A	R:\$192.00/\$212.00
Session 2	October 14 - December 18 (17 classes)	#220705-B	R:\$204.00/\$224.00
Session 1 Balance		#220705-C	R:\$142.00/\$162.00
Session 1 Deposit		#220705-D	\$50.00

Maximum: 12 students
Note: This class will meet on Friday, December 19 for the Holiday Show.
Time: Noon - 2:00 pm (*This class needs 5 students to run.)
Dates:

Session 1	August 19 - October 9 (16 classes)	#220707-A	R:\$192.00/\$212.00
Session 2	October 14 - December 18 (17 classes)	#220707-B	R:\$204.00/\$224.00
Session 1 Balance		#220707-C	R:\$142.00/\$162.00
Session 1 Deposit		#220707-D	\$50.00

Note: This class will meet on Friday, December 19 for the Holiday Show.
Days: Tuesdays & Thursdays
Teacher: Ms. Kelly
Assistant: Mrs. Hearne

SMALLS & EARLY CHILDHOOD PROGRAMS

FALL START SMALL - PRE-PLAYSCHOOL CLASS

Join us for SMALLS. This 90 minute class is perfect for those just beginning to leave mom, dad, or other caregivers for a short time or are too young for preschool. We will introduce school skills, math and reading readiness, and have fun doing it. Kids do not need to be potty-trained but parents need to be available by phone. Teachers cannot change diapers.

Location: Palos Hills Community Center

Time: 9:30-11:00 am

Day: Tuesdays & Thursdays

Dates: **Session 1:** August 26 - October 16 (16 classes)

#220702-A

Session 2: October 21 - December 18 (15 classes)

#220702-B

Not November 11, 25, 27

Cost: **Session 1:** Resident: \$144.00 Non-Resident: \$164.00

Session 2: Resident: \$135.00 Non-Resident: \$155.00

Day: Wednesdays & Fridays

Dates: **Session 1:** August 27 - October 17 (16 classes)

#220703-A

Session 2: October 22 - December 19 (16 classes)

#220703-B

Not November 26, 28

Cost: **Session 1:** Resident: \$144.00 Non-Resident: \$164.00

Session 2: Resident: \$144.00 Non-Resident: \$164.00

Age: 2 - 3 year olds

Min/Max: 4/9

Teacher: Ms. Liz and Ms. Wanessa

ILLINOIS SHOTOKAN KARATE

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

In our **Pre-Karate** Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

Location: Apollo Recreation Center (12521 S. Kostner, Alsip) - Gym #2

Day: Fridays

Date: June 13—August 29, **not July 4**

Cost: \$160.00

Age: Pre-Karate - 4 - 6 years

Times: **Pre-Karate**

4:30 - 5:15 pm

Beginner (no prior experience)

#120220-1

5:20 - 6:05 pm

Continuing (White w/stripes & up)

#120220-2

SOCCER FOR KIDS

The Recreation Department is excited to announce that we have partnered with No 23 Futbol and owner/player/coach, Michael Szaflarski, to provide elite soccer training for area youth. Michael is a professional soccer player as well as a coach at Harry S. Truman College in Chicago. He is very excited to partner up with us to provide the Palos Hills area with expert training.

SOCCER (3-5 year olds)

This class will meet twice a week. The first week will include fun games related to the sport and then each week after will include passing, dribbling and shooting drills. Wear gym shoes and shin guards.

Ages: 3-5 years
Days: Tuesday & Thursday
Location: Glacier Park and Palos Hills Community Center (in inclement weather)
Dates: Session 1: June 3—June 26 #121013-1
Session 2: July 8—July 31 #121013-2
Time: 4:30—5:30 pm
Cost R: \$80.00/Session NR: \$100.00/Session
Min/Max: 4/8

SOCCER (6-8 year olds)

This class will meet twice a week. The first week will include fun games related to the sport and then each week after will include passing, dribbling and shooting drills. Wear gym shoes and shin guards.

Ages: 6-8 years
Days: Tuesday & Thursday
Location: Glacier Park and Palos Hills Community Center (in inclement weather)
Dates: Session 1: June 3—June 26 #121014-1
Session 2: July 8—July 31 #121014-2
Time: 5:40—6:55 pm
Cost R: \$80.00/Session NR: \$100.00/Session
Min/Max: 4/14

SOCCER (9-11 year olds)

This class will meet twice a week. The first week will include fun games related to the sport and then each week after will include passing, dribbling and shooting drills. Wear gym shoes and shin guards.

Ages: 9-11 years
Days: Tuesday & Thursday
Location: Glacier Park and Palos Hills Community Center (in inclement weather)
Dates: Session 1: June 3—June 26 #121015-1
Session 2: July 8—July 31 #121015-2
Time: 7:05—8:20 pm
Cost R: \$80.00/Session NR: \$100.00/Session
Min/Max: 4/14

YOUTH SUMMER SOCCER CAMPS

YOUTH SOCCER CAMPS W/No. 23 Futbol—NEW!

Improve your soccer skills over the summer with No. 23 Futbol. Each day of camp we will practice skills and scrimmage. Please bring a labeled lunch, water bottle and wear shin guards.

Location: Glacier Park

Age 6-14 years old

Day/Date: Monday - Wednesday

Session 1: June 9-11

#121016-1

Session 2: July 14-16

#121017-1

Time: 9:00 am - 2:00 pm

Cost: \$225.00/session/Resident, \$250.00/session/Non-Resident

Min/Max: 5/16



SOCCER + STEAM W/Soccer Stars—NEW!

Soccer + STEAM camp offers an exploration of creativity and innovation with project-based experiments designed to spark a love for learning through action, discovery and play! Amp up your skills on the field while turbocharging your brain with a blend of soccer, science, technology, engineering, arts and math! Please bring a labeled water bottle, lunch and **peanut free snack(s)**.

Location: Village Green Park, 8901 W. 123rd Street, Palos Park

Day: Monday—Friday

Dates: Ages 5-6 years

Session 1: July 21-July 25

#121019-1

Session 2: July 28-August 1

#121019-2

Ages 7-8 years

Session 1: July 21-July 25

#121020-1

Session 2: July 29-August 1

#121020-2

Time: 9:00 am - 2:00 pm

Cost: \$250.00/age/session



YOUTH SPORTS WITH SPORT KIDS, INC.

MONDAY CLASSES

PARENT & ME FUN WITH FOOTBALL—NEW!

Enjoy nerf football with your son or daughter. You, along with our accomplished coaches, will help the little athlete learn the proper form and technique of catching, throwing, center skills, hand-offs, kick-offs and more in our fun and friendly setting. Please bring a labeled water bottle.

Location: Indian Woods Park
Age: 3-4 years old with parent/caregiver
Day/Date: Mondays
Session 1: June 2-July 7, not June 30 #111111-1
Session 2: July 21-August 18 #111111-2
Time: 5:15-6:00 pm
Cost: \$49.00/session/Resident, \$59.00/session/Non-Resident
Min/Max: 5/16

PEE WEE FLAG FOOTBALL—NEW!

Are you ready for some football? Children in this no-contact class learn skills including throwing, hiking, offense/defense and flag pulling. Controlled scrimmages are played once the basic skills have been taught. Pee wee size and nerf footballs are used. Please bring a labeled water bottle.

Location: Indian Woods Park
Age: 5-7 years old
Day/Date: Mondays
Session 1: June 2-July 7, not June 30 #111110-1
Session 2: July 21-August 18 #111110-2
Time: 4:30-5:15 pm
Cost: \$49.00/session/Resident, \$59.00/session/Non-Resident
Min/Max: 5/20

YOUTH FLAG FOOTBALL—NEW!

This youth flag football class is fun, age-appropriate and skill packed! Players will learn sound fundamental offensive and defensive football skills like passing, catching, defensive positioning and football formations. Athletes will be challenged mentally and physically in a positive and safe environment. Please bring a labeled water bottle.

Location: Indian Woods Park
Age: 8-12 years old
Day/Date: Mondays
Session 1: June 2-July 7, not June 30 #111112-1
Session 2: July 21-August 18 #111112-2
Time: 6:00-7:00 pm
Cost: \$65.00/session/Resident, \$75.00/session/Non-Resident
Min/Max: 5/20

YOUTH SPORTS WITH SPORT KIDS, INC.—Con't

WEDNESDAY CLASSES

ADULT & TOT T-BALL—NEW!

Parents can enjoy America's favorite pastime with their child. Young children will develop motor skills while having fun throwing, catching, batting and base running like the big kids. Parents and their little athletes will enjoy making new friends and working together to learn the basics of game play in this exciting class! Please bring a labeled water bottle.

Location: Palos Hills Community Center
Age: 2-3 years old with adult
Day/Date: Wednesdays
Session 1: June 4-July 9, not July 2 #111116-1
Session 2: July 16-August 13 #111116-2
Time: 5:15-6:00 pm
Cost: \$49.00/session/Resident, \$59.00/session/Non-Resident
Min/Max: 5/16

YOUTH BASKETBALL—NEW!

Break a sweat and sharpen your skills! Boys and girls get skill instruction in the offensive points of the game of basketball such as ball handling, shooting, passing, and setting screens. They are also introduced to defensive aspects including proper defensive stance and concepts such as zone and man-to-man defense. Players develop their shot using proper form and mechanics to be effective from various distances from the basket. Don't miss out on the opportunity to learn new skills and develop a more thorough understanding of the game of basketball in this exciting program. Please bring a labeled water bottle.

Location: Palos Hills Community Center
Age: 7-9 years old
Day/Date: Wednesdays
Session 1: June 4-July 9, not July 2 #111113-1
Session 2: July 16-August 13 #111113-2
Time: 3:30-4:30 pm
Cost/Age/Session: \$65.00/session/Resident, \$75.00/session/Non-Resident
Min/Max: 5/20

Age: 10-12 years old
Day/Date: Wednesdays
Session 1: June 4-July 9, not July 2 #111114-1
Session 2: July 16-August 13 #111114-2
Time: 6:00-7:00 pm
Cost/Age/Session: \$65.00/session/Resident, \$75.00/session/Non-Resident
Min/Max: 5/20

T-BALL SKILLS & GAMES—NEW!

Boys and girls can come enjoy America's favorite pastime in this class. Participants will learn the basic fundamentals used in baseball such as running bases, throwing, catching and fielding. They will also learn the skills to hit the ball off a tee and maybe live pitching. Exciting drills and games will help children learn about teamwork and good sportsmanship in an atmosphere where participation and fun are top priority. Players should bring a labeled water bottle and mitt to each class.

Location: Palos Hills Community Center
Age: 4-6 years old
Day/Date: Wednesdays
Session 1: June 4-July 9, not July 2 #111115-1
Session 2: July 16-August 13 #111115-2
Time: 4:30-5:15 pm
Cost: \$49.00/session/Resident, \$59.00/session/Non-Resident **Min/Max:** 5/20

YOUTH SPORTS WITH SPORT KIDS, INC.– Con't

FRIDAY CLASSES

PARENT & TOT GYMNASTICS--NEW!

Parents are an integral part of helping their tots participate in basic sports movement through gymnastics. Join a fun, nurturing environment, while exposing your child to a safe and challenging gymnastics experience. Gymnastics equipment in this class is downsized to benefit this age group. Please bring a labeled water bottle.

Location: Palos Hills Community Center
Age 2-3 years old with parent
Day/Date: Fridays
Session 1: June 6-July 11, not July 4 #111117-1
Session 2: July 18-August 15 #111117-2
Time: 9:30-10:00 am
Cost: \$33.00/session/Resident, \$43.00/session/Non-Resident
Min/Max: 5/16

KIDNASTICS--NEW!

Learn the basics of gymnastics in a safe environment with equipment scaled down to an age-appropriate size. Balance beam, bar, vault and floor equipment will be featured. Other movement and rhythmic gymnastics ideas will also be included. Please bring a labeled water bottle.

Location: Palos Hills Community Center
Age 4-6 years old
Day/Date: Fridays
Session 1: June 6-July 11, not July 4 #111118-1
Session 2: July 18-August 15 #111118-2
Time: 10:00-10:45 am
Cost: \$49.00/session/Resident, \$59.00/session/Non-Resident
Min/Max: 5/20

TUMBLING FOR BEGINNERS--NEW!

Start our learning the proper way to perform rolls, handstands and cartwheels. This class is a great way to have an introduction to tumbling and to open the door to gymnastics possibilities. Please bring a labeled water bottle.

Location: Palos Hills Community Center
Age 7–10 years old
Day/Date: Fridays
Session 1: June 6-July 11, not July 4 #111119-1
Session 2: July 18-August 15 #111119-2
Time: 10:45-11:45 am
Cost: \$65.00/session/Resident, \$75.00/session/Non-Resident
Min/Max: 5/20

YOUTH SPORTS WITH SPORT KIDS, INC.– Con't

FRIDAY CLASSES—CON'T

MULTI-SPORT MANIA- -NEW!

Let's play! Your child explores the wide world of sports as they participate in a different sport each week, such as t-ball, basketball, track & field, soccer and floor hockey. Children get a lot of practice with skills through creative and fun drills and games. Don't miss out on the fun! Please bring a labeled water bottle.

Location: Palos Hills Community Center
Age 4-6 years old
Day/Date: Fridays
Session 1: June 6-July 11, not July 4 #111120-1
Session 2: July 18-August 15 #111120-2
Time: 12:45-1:30 pm
Cost: \$49.00/session/Resident, \$59.00/session/Non-Resident
Min/Max: 5/20

YOUTH TRACK, FIELD & FITNESS- -NEW!

This class will get kids excited about exercise and teach them about track and field, one of the oldest sports that continues to grow and is highlighted by the Olympics every four years. Participants will learn the fundamentals involved with improving flexibility, proper stretching, body positioning, developing core-strength, improving balance, cool-down techniques and other fitness concepts as they relate to exercising and the jumping, running and throwing skills involved in the sport of track and field. Boys and girls will participate in sharks and minnows, capture the cones, and other fitness games as well as sprints, relays, long-distance walking, running hurdles, long jump, discus throw and other track and field events. Youngsters will participate in a fun-filled track and field meet on the last day of class. Please bring a labeled water bottle.

Location: Palos Hills Community Center
Age 7-10 years old
Day/Date: Fridays
Session 1: June 6-July 11, not July 4 #111121-1
Session 2: July 18-August 15 #111121-2
Time: 1:30-2:30 pm
Cost: \$65.00/session/Resident, \$75.00/session/Non-Resident
Min/Max: 5/20

ADULT & TOT MULTI-SPORT MANIA- -NEW!

Sign up your little one for the ultimate first time sports experience! Each week adults will assist their tots as they play a body-challenging sport, improve listening skills, and learn how to follow directions. A variety of sports such as soccer, t-ball, basketball, and nerf football will be explored through fun games and partner play. This is a great opportunity to get active with your child in a positive and controlled setting. Please bring a labeled water bottle.

Location: Palos Hills Community Center
Age 2-3 years old with parent/caregiver
Day/Date: Fridays
Session 1: June 6-July 11, not July 4 #111122-1
Session 2: July 18-August 15 #111122-2
Time: 2:30-3:15 pm
Cost: \$49.00/session/Resident, \$59.00/session/Non-Resident
Min/Max: 5/16

BENNETT PARK

The Palos Hills Resource & Recreation Department has a great resource in our backyard, Bennett Park, that provides a truly unique opportunity to experience nature in addition to participating in both active and passive recreation. Join Ms. Liz for some fun this summer

PARK EXPLORERS w/PARENT

Come join Ms. Liz as we explore different facets of nature and then spend some time together playing at the park. We will read a story, craft and other activities following a particular subject. Only children registered for each class will be allowed to attend. Meet under the pavilion by the Public Works Building which is located near the west end of the park.

Day/Date: Thursdays
Ages: 2-4 years old with parent/caregiver
Time: 9:30—10:30 am
Location: Bennett Park, 10801 S. Roberts Road

June 26—Bugs, Bugs, Bugs

July 3— Pollinators

July 10—Animals

July 17—Nature Scavenger Hunt

Cost: \$6.00/class

#160010—1

#160010—2

#160010—3

#160010—4

Minimum: 3 kids



YOUTH KARATE & PARENT/TOT SOCCER

ILLINOIS SHOTOKAN KARATE

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

ISKC's karate classes offer a good mix of strength training, with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth and Adult classes train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

Location: Apollo Recreation Center (12521 S. Kostner, Alsip) - Gym #2

Day: Fridays

Date: June 13—August 29, not July 4

Cost: \$160.00

Age: 7 years & up

Times: Youth/Adult

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#130241-1

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#130241-2

***Please note that the Youth and Adult classes will train together.**

PARENT/TOT SOCCER

The Palos Hills Recreation Department is offering a parent & me soccer program through Soccer Stars. Soccer Star Tots provides a secure and comfortable environment that toddlers thrive in. They introduce toddlers, 12-24 months, and their parents to pre-soccer, movement and development activities focused on enhancing gross motor, social and cognitive learning skills. Parent & Me classes use music, puppets, and animal themes to engage toddlers throughout class and build upon their knowledge of counting, colors and body parts.

Ages: 12-24 months with parent

Days: Saturdays

Times: 10:00-10:45am or 11:00-11:45am

Location: Glacier Park—101st & 78th Avenue, Community Center in inclement weather

Dates: June 14—August 9, not July 5

10:00-10:45 am

#140090-1

11:00-11:45 am

#140090-2

Cost: \$90.00

Min/Max: 6/10

SUMMER CAMP

FULL DAY CAMP - NEW DAYS & TIMES

(Entering Kindergarten - 7th Grade)

Spend the day participating in a variety of events. Each day will be filled with something different to do: games, crafts, sports, theme days and more. Campers will participate in a special event each sessions Those events are listed by session. A parent meeting will be held on June 5 at the Community Center from 6:30-7:30pm.

Location: Palos Hills Community Center

Dates: Monday - Thursday *New Days

Session 1 June 9 - June 19 - Reptile Show

#130651-A

Session 2 June 23—July 3 - Bowling

#130651-B

Session 3 July 7 - July 17, **not July 14** - Science Heroes

#130651-C

Session 4 July 21 - July 31 - Foam Ryders

#130651-D

Session 5 August 4 - August 7 - End of summer Bash

#130651-E

Whole Summer June 9—August 7

#130651-F

Cost: **Session 1** R:\$221.00/NR:\$241.00

Session 2 R:\$221.00/NR:\$241.00

Session 3 R:\$194.00/NR:\$214.00

Session 4 R:\$221.00/NR:\$241.00

Session 5 R:\$111.00/NR:\$131.00

Whole Summer R \$871.00/NR: \$961.00 (10 % discount is reflected in fee.)

Time: 9:00 am - 3:30 pm *New Time

Note: Kids entering kindergarten in the fall are eligible for this camp. Those entering 4/5 year old preschool in the fall should enroll in tot camp.

Maximum/Session: 60 campers

TOT CAMP

(3 - 4 years old)

This camp is for those who are 3 - 4 years old. It is taught by one of our Playschool teachers who has several years of preschool teaching experience. Come and play the summer away with us. **Kids must be potty trained! No exceptions please.** We will play, make crafts, listen to stories, and play with our friends.

Location: Palos Hills Community Center

Day: Tuesday through Thursday

Dates: **Session 1:** June 10—July 10

#120645-1

Session 2: July 15-August 7

#120645-2

Time: 9:00-11:30 am

Cost: **Session 1:** R:\$169.00/NR:\$189.00

Session 2: R:\$135.00/NR: \$155.00

Ages: 3 - 4 years old

Min/Max: 8/12

Note: Those kids still in preschool in the fall are eligible for this camp. Those kids entering kindergarten in the fall should register for full day camp. This camp fills quickly!

HORSEBACK RIDING LESSONS & CAMPS

HORSEBACK RIDING LESSONS
PALOS HILLS NEW TRADITIONS RIDING ACADEMY
10100 S. KEAN AVE. PALOS HILLS
708 598-7718

New Traditions Riding Academy, LLC is dedicated to provide you with the highest level of horsemanship. Classes for all experience levels, beginner to advanced. Classes available year round (January–December)

Please Note:

1. Classes are offered for children & adults. Minimum Age: 7 years
2. All riders must wear long pants and a shoe with a heel no higher than 1 1/2 inches.
3. All riders must sign a release waiver and wear an ASTM/SEI Certified Riding Helmet. Helmet rental is two dollars per lesson and are available for purchase for \$39.95. SALES ON HEADGEAR ARE FINAL!
4. All lessons are supervised, but riders are reminded that all riding is done at your own risk.
5. Each participant will register at the Community Center but will need to set up their own riding dates with the academy. Call 598-7718 for lessons.
6. For more information on all class schedules, go to newtraditionridingacademy.com Riding levels are assigned at the discretion of the instructor.

Beginners Horseback Riding Lessons

Sun: Noon/Adult Beginner Class #170215-G (5)/H(10)

Mon. 4:30pm #170215-A (5) / B (10)

Wed. 4:30 pm #170215-C (5) / D (10)

Sat. 2:30 pm #170215-E (5) / F (10)

COST: (5 Lessons) \$265.00

(10 Lessons) \$530.00

CAMP

Riding Camps (ALL CAMPS ARE ONE WEEK IN DURATION MONDAY-THURSDAY)

Location: Palos Hills New Traditions Riding Academy 10100 S. Kean Ave., Palos Hills

BEGINNER Riding camp for riders with little to no riding experience. All riders will ride one hour per day, as well as have lessons on horse handling techniques. Riders will learn basic control of the horse in the saddle of their choice. There will be exercises in moving the horse forward and stopping, turning and circling, and riding the sitting and posting trot. Participants will develop correct riding positions through guided explanations, exercise techniques and demonstrations. Stable management will also be discussed. Please bring a lunch and water bottle daily!

June 16 - 19 #170204-A June 23 - 26 #170204-B July 14-17 #170204-C July 28-31 #170204-D

Time: 10:00 am - 3:00 pm, Monday-Thursday Cost: \$400.00

PONY camp is the pride of our riding academy. A way for the wee ones to get a positive experience on our wonderful ponies and small horses. Riders will have pony rides for the first hour of camp, then to the barn for grooming and brushing. The third hour is lunch (woohoo!) and a special art project each day. Please bring a lunch and water bottle daily!

July 7 - 10 #170206-A July 21-24 #170206-B

Time: 10:00 am - 1:00 pm, Monday-Thursday Cost: \$250.00 Ages: 4-8 years old

New Traditions Riding Academy through the New Beginnings Therapeutic Riding Foundation is offering therapeutic riding lessons. Lessons are offered at Palos Hills Riding Stables by a PATH, International Certified Instructor. For more detailed information, please call 598-7718.

COOKING & MUSIC

CULINARY CREATORS

Join us for some fun in the kitchen. We will spend the first class searching for fun recipes to make throughout the summer. Let your creativity wander. Please let staff know about any food allergies or restrictions. Please bring a container to bring home any leftovers. **Perfect after camp program!**

Location: Palos Hills Community Center

Dates: June 10 - July 29

Day: Tuesdays

Time: 3:45 - 5:00 pm 5-8 years old
5:15-6:30 pm 9-12 years old

#130927-1

#130927-2

Cost: R:\$64.00/NR:\$69.00

Min/Max: 4/8

MUSIC INSTRUCTION

We are happy to be collaborating with Palos Music Instruction in Palos Hills for piano, voice and guitar lessons. All lessons take place at their store located at 10604 S. Roberts Road. After registration, please call Frank at 708—974-8002 to schedule a lesson time and day.

Piano—NEW!

Lessons are available for students 3 years to adult. Learn fundamentals of sight reading, technique, theory and most of all, play songs! Lesson books are sold separately through Palos Music Instruction for any given age and skill level. This is an 8-week program (1 lesson/week). Monday-Thursday time, 2:00-8:00pm Fridays, 2:00-6:00pm and Saturdays, 8:00am—2:00pm. (30 minute private individual lesson.) Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week in June.

#140202-1 R: \$184.00/NR: \$194.00

Voice —NEW!

Lessons are available for students 8 years to adult. Learn fundamentals of breathing, posture, tone, diction, intonation and most of all sing songs! Sheet music is sold separately through Palos Music Instruction for your song of choice. This is an 8-week program (1 lesson/week). Monday-Thursday time slots available, 2:00-8:00pm, Fridays, 2:00-6:00pm and Saturdays, 8:00am—2:00pm (30 minute private individual lesson.) Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week of June.

#140203-1 R: \$184.00/NR: \$194.00

Guitar —NEW!

Lessons are available for students 7 years to adult. Learn fundamentals of sight-reading, tablature, technique, theory, rhythm and learn to play songs of choice from a variety of styles! Books and sheet music are sold separately through Palos Music Instruction. This is an 8-week program (1 lesson/week). Monday-Thursday time slots available, 10:00am—8:00pm, Fridays, 10:00am-6:00pm and Saturdays, 8:00am—2:00pm (30 minute private individual lesson.) For homeschoolers daytime hours are available. Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week of June.

#140204-1 R: \$184.00/NR: \$194.00

ADULT YOGA

SENIOR CHAIR YOGA

A gentle class where most poses are done seated or standing with the assistance of a chair. Increase strength and range of motion as well as regain balance. Please bring a small pillow or blanket to class. Wear clothing that allows movement. It is recommended but not mandatory that you wear footwear (you may keep your socks on) that can be easily removed and replaced for class. Even the muscles and tendons of the feet and toes need yoga! Breathing techniques to increase awareness and relax the nervous system. **No class May 26.**

Location: Palos Hills Community Center
Dates: **Session 1** May 12 - June 23
Session 2 July 7 - August 25

#150912-A
#150912-B

Day: Mondays
Time: 4:45 - 5:45 pm
Cost: Session 1: R:\$48.00/NR:\$53.00
Session 2: R:\$64.00/NR:\$69.00
Ages: 50 years old and up
Min/Max: 8/30

Instructor: Kathy Ruiter

STRONG, STRETCHED & SERENE YOGA

This class is for those (but not exclusive to) previous yoga experience. As you progress, more strenuous postures will gradually increase muscle power and longer holds will increase strength and flexibility. Focus will be on relaxation and meditation in each pose by way of proper breathing. Note: Previous Yoga experience is recommended, but is not required. **No class May 26.**

Location: Palos Hills Community Center
Dates: **Session 1** May 12 - June 23
Session 2 July 7 - August 25

#150917-A
#150917-B

Day: Mondays
Time: 6:00 - 7:00 pm
Cost: Session 1: R:\$48.00/NR:\$53.00
Session 2: R:\$64.00/NR:\$69.00
Ages: 16 years old and up
Min/Max: 8/30

Instructor: Kathy Ruiter

YOGA FOR EVERYONE

Rejuvenate and Relax! No previous experience in yoga is necessary. This class will address flexibility, strength, mental focus and most importantly, relaxation. Proper breathing and posture will be emphasized. Bring a yoga mat and a yoga strap to class. **No class May 26.**

Location: Palos Hills Community Center
Dates: **Session 1** May 12 - June 23
Session 2 July 7 - August 25

#150916-A
#150916-B

Day: Mondays
Time: 7:15 - 8:15 pm
Cost: Session 1: R:\$48.00/NR:\$53.00
Session 2: R:\$64.00/NR:\$69.00
Ages: 16 years old and up
Min/Max: 8/30

Instructor: Kathy Ruiter

ADULT YOGA - Con't

GENTLE YOGA

Gentle but effective movements in a chair to increase range of motion, build strength and increase overall well-being. Wonderful for those with arthritis or knee/hip replacements or those who cannot otherwise get on the floor for traditional poses. Bring a small, firm pillow or blanket for back support.

Location: Palos Hills Community Center

Dates: **Session 1** May 14 - June 25

#150920-A

Session 2 July 9 - August 27

#150920-B

Day: Wednesdays

Time: 10:30 - 11:30 am

Cost: Session 1 R:\$56.00/NR:\$61.00

Session 2 R:\$64.00/NR:\$69.00

Ages: 18 years old and up

Min/Max: 8/30

Instructor: Kathy Ruiter

DOG OBEDIENCE

GOOD DOG! DOG OBEDIENCE

How would you like to have a better dog in just a few weeks? Learn training techniques in this affordable class. Dog obedience classes include instruction in basic obedience, manners, socialization and tips on general health. Dog obedience is for dogs ages 6 months and up. The class can also serve as a refresher course for dogs with previous training, and include some tricks and the opportunity to earn the AKC Canine Good Citizen Certificate. The class is designed for adults and while the children may participate in the class with their parents, an adult must be the primary trainer. Proof of vaccinations is required. Also, please bring a dog waste bag. The names of all individuals attending the class must be listed on the registration form.

Location: Palos Hills Community Center

Dates: July 16-August 20

#150815-1

Day: Wednesdays

Time: 7:30 - 8:30 pm

Ages: 18 years and older with dog

Cost: R:\$70.00/NR:\$75.00

Min/Max: 5/8

Instructor: Tommy Whang

JAZZERCISE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 am	9:15 am	9:15 am		9:15 am	9:00 am
4:50 pm			4:50 pm		
6:15 pm	6:15 pm		6:15 pm		

Jazzercise offers group fitness classes for all levels. Burn up to 700 calories in one fun and powerfully effective 60-minute total body workout.

Current monthly membership fee for unlimited classes is \$84.00.

Limited time offer: 2 weeks for \$59, new customers only, no commitment.

Summer Deal (5/19 - 6/16) - 25% off your first month of an unlimited recurring monthly Membership (3 months minimum required) - new & former customers .

For more information, check our website at www.Jazzercise.com (type in Palos Hills location) or email Aggie Lubon at Lubonki@aol.com.

SCAN ME:



ADULT SUMMER TRIPS

JACOB HENRY MANSION: LUNCH & SHOW, Lucille Ball Portrayal

In the 1950's, comedy legend Lucille Ball captured the hearts of audiences with her wacky hijinks and fearless enthusiasm. Join historian and actress Leslie Goddard for a first-person portrayal of Lucille Ball that explores what her life was really like—paying tribute to both the true comic legend and the real woman behind the myth.

Lunch: Chicken Apricot—seasoned breast of chicken dressed with a delicate apricot sauce served on a bed of wild rice and chefs choice vegetable. Lunch includes fresh garden salad, warm rolls & butter, dessert, coffee or tea. Lunch is served at 11:30am and the show is at 1:00pm. After the show you will have time to take a self-guided tour of the Jacob Henry Mansion.

Depart/Return: Palos Hills Community Center **#150307-1**
Day/Date: Wednesday, June 4
Time: 10:15 am - 3:00 pm (approximately)
Cost: R:\$77.00/NR:\$82.00 (includes lunch, show & transportation in CRRD vehicle)
Ages: 18 years old and up
Min./Max: 10/14

PADDLEWHEEL FOX RIVER BOAT TOUR, SHOPPING & LUNCH, St. Charles

Come aboard and enjoy travel from the era of Mark Twain on an afternoon sightseeing trip. Sit back and relax as the Captain of the Fox River Queen takes us on a tour while pointing out interesting sights along the way. You will enjoy a lunch buffet on the boat including Italian beef, mostaccioli and salad. Our second stop will be in neighboring downtown Geneva for a unique shopping experience at the Little Traveler. Trip includes motor coach transportation, boat tour and lunch on the Fox River Queen. This is a shared bus trip with the Worth Park District and Palos Park Parks and Recreation Department. Space is limited, so sign up early!

Depart/Return: Palos Hills Community Center (Transportation in motor coach)
Day/Date: Thursday, July 31 **#150904-1**
Time: 9:00 am - 4:00 pm (approx.)
Cost: R:\$55.00/NR:\$65.00 (includes transportation, river tour, and lunch.)
Ages: 18 years old and older
Min./Max: 10/15

WIND CREEK CASINO, East Hazel Crest

This season we will enjoy the brand-new Wind Creek Casino. Opened as of November 2024, Wind Creek Chicago Southland is the perfect place to find your #WinningMoment! The casino offers over 70,000 square feet of gaming space including 56 table games, over 1400 state-of-the-art slot machines, a sportsbook, poker room, and more. Lunch will be at the Food Bazaar located in the casino. Indulge in a culinary experience with offerings including Mexican, Italian, seafood, dessert and more. Trip cost includes transportation in CRRD vehicle. Gambling and lunch is on your own.

Depart/Return: Palos Hills Community Center (Transportation in CRRD Bus)
Day/Date: Thursday, September 4 **#150924-1**
Time: 10:30 am - 3:30 pm (approx.)
Cost: R:\$10.00/NR:\$15.00 (transportation only, lunch and gambling on own)
Ages: 18 years old and older
Min./Max: 6/14

ADULT SUMMER TRIPS-cont.

KICKIN' IT IN KENOSHA, Kenosha, Wisconsin

Let's get out of town. Join us for a fun day as we hit popular spots in Kenosha, Wisconsin. We will start our day shopping at the Pleasant Prairie Outlet Mall. Next, we will eat at the Brat Stop. At the end of the lunch, we will shop at Mars Cheese Castle. Trip cost includes transportation only, shopping and lunch are on your own.

Depart/Return: Palos Hills Community Center
Day/Date: Thursday, September 18 **#150227-1**
Time: 9:00 am - 5:00 pm (approx.)
Cost: R:\$20.00/NR:\$25.00 (includes transportation in CRRD vehicle.)
Ages: 18 years old and older
Min/Max: 6/14

**MARK YOUR CALENDARS
PALOS HILLS BARGAIN DAYS
MAY 15—18**

LUNCH BUNCH— NEW day in the summer—Fridays!

Stay Active, Stay Social!

Don't miss the Lunch Bunch! Join your friends for a monthly lunch date. Perhaps you want to check out a new restaurant, but are looking for a lunch buddy to go with you. We will explore new restaurants and enjoy some old time favorites. You are welcome to join us. Spots are limited, don't wait to sign up. The fee includes transportation only; lunch is on your own. **Note: Please bring cash on the trips.**

Location: Depart from Palos Hills Community Center
Day: Fridays
Time: 11:00 am - 2:30 pm
Cost: R:\$10.00/NR:\$15.00
Ages: 18 years old and up **Min/Max:** 6/14

June 20 - Greek Islands Restaurant, Lombard **#150423-1**

Come and experience rich flavors, rich ingredients and rustic charm. Making guests feel as they have stepped into a little piece of Greece. Serving traditional dishes, joyful staff and don't forget to order their cheese flambéed at the table (Saganaki). Opa!

July 18 - Original House of Pancakes, LaGrange **#150425-1**

Breakfast is the most important meal of the day. Join us for some comfort meals and great company over a hot cup of coffee. No matter your preference, a great breakfast restaurant always delivers a delicious start to the day.

August 22 - Pappadeux, Seafood Kitchen, Westmont **# 150427-1**

A New Orleans style restaurant with bold flavors and classic dishes, come check out their amazing menu. Portions so big you can share, like seafood platters, homemade Gumbo and if you are adventurous, try their crispy alligator. "Sit and Stay Awhile!"

ADULT SUMMER TRIPS & TRASH TO TREASURES

TRASH TO TREASURES

Did you do spring cleaning and find that you had a lot of “things” but don’t know what to do with them? Come sell them in our Trash to Treasures sale. Price includes a 6 foot table to display your wares and free advertising. Perfect for those who live in multi-unit dwellings.

Palos Hills Community Center

Saturday, May 17

9:00am—1:00pm

\$25/table - #150042-1—\$10/additional table - #150042-2

MIX N MINGLE—NEW!

Looking for a place during the week for an early dinner? We are thrilled to invite you to an evening of exciting new restaurants and their special offers. Join us as we have picked restaurants that will feature a variety of foods and great ambiance, at special prices. Whether you are winding down from a busy day or looking to make new friends, this is a perfect opportunity to kick back and enjoy some time together. **Note: Please bring cash on the trips.**

Location: Depart from Palos Hills Community Center

Day: Thursdays

Time: 3:15 - 6:00 pm

Cost: R:\$10.00/NR:\$15.00

Ages: 18 years old and up

Min/Max: 4/8

June 12 - Wok N Fire, Burr Ridge

#150428-1

Wok N Fire is an upscale restaurant featuring Asian inspired cuisine from Malaysia, Korea and Japan. Menu dishes include traditional sushi, soups & salads, stir-fry & noodle bowls. This local eatery also has an extensive list of cocktails in a trendy lounge-like setting.

August 7 - Uncle Julio's, Orland Park

#150429-1

Let us transport you to a destination that brings colorful and authentic Mexican flavors to your table. Enjoy everything from sizzling fajitas and street style tacos to fresh guacamole made at your table. Fresh homemade tortillas and a variety of traditional drinks are there to enjoy.

LUNCH & LINGER

Join us as we head to a local location to eat & shop. We will explore a new restaurant and then shop nearby. **Please note that this program involves walking.** The fee includes transportation only; lunch is on your own. **Note: Please bring cash for the lunch on the trips.**

Location: Depart from Palos Hills Community Center

Day: Thursday

Time: 11:00 am - 4:00 pm

Cost: R:\$10.00/NR:\$15.00

Ages: 18 years old and up

Min/Max: 6/14

September 25—Downtown Frankfort

#150055-1

Lunch will be at the Trails Edge Brewing Company. Enjoy a great salad, sandwich or entree. After lunch, enjoy shopping at the various shops in downtown Frankfort.

39'ers SENIOR CLUB

Come join the fun! The Palos Hills Seniors Club is looking for new members. There is always something exciting happening at the Palos Hills Community Center for seniors. It's a place to meet new people and get together with old friends. The laughs and fun will keep you feeling young. Luncheons, Entertainment and Bingo are offered. Activities are held at the Community Center located at 8455 W. 103rd Street, 12:00 - 2:00 pm on the 2nd and 4th Wednesdays of the month to Palos Hills residents, age 55+. If you can't make every event, that's ok, we would love to see you when you do. Activity Fee for events and luncheons must be paid at least one week in advance. Sorry no walk-ins or refunds. If you have any questions, or would like a list of upcoming activities call Sophia at the Community Center at 708-430-4500.

May 14 — \$6.00 Cinco de Mayo Get ready for a spicy good time and amazing food. Wear bright colors and lets have a great fiesta! Today we will play LRC. Cholula's Mexican Food	May 28 - \$4.00 per person Entertainer—Jack Miuccio Jack Miuccio sings music of big bands, Jazz and Frank Sinatra. Join us for a good time. Sloppy Joes & Cole Slaw	June 11 - \$2.00 per person Baseball Game Day Today we will play baseball trivia with each table making a team. Wear your favorite baseball team jersey, bring your winning spirit and prepare for a day that is truly a grand slam. Nachos & Toppings
June 25 - \$3.00 per person Picnic and game day Today we will be playing crazy bunco. Bring a \$2.00 gift to exchange with someone at your table. You must bring a gift to receive a gift. Fried Chicken, Potato Salad, & Fruit	July 9—no meeting today We will be back on July 23, see you then! Stop by the Friendship Festival, amazing fireworks on Sunday, July 13, at dusk.	July 23 - Free Day! Puzzle Day Enjoy a variety of ice cream novelties and salty snacks. Bring a puzzle or we will have a lot to choose from. Salty sweet treats
August 13 - \$2.00 White Elephant Sale and Auction! Its that time of year to clean out your closets and get ready for a fun filled afternoon with lots of laughs and bargains. . Tickets to buy items—10 tickets for \$1.00. Chicken Salad & Lemonade	August 27 — \$3.00 Summer Bash Trivia Summer is here, and get ready for some fun. How well do you know the history of Chicago? Come test your knowledge and win some great prizes. Charcuterie board and seasonal fruit	

Palos Hills New Horizons Senior Club

Membership is open to adults and their guests 60 years of age and older residing in Palos Hills. Enjoy BINGO, Casino Trips and Parties. Meetings are held on the 1st and 3rd Wednesday of the month at 6:00 pm at the Community Center, 8455 W. 103rd St. New members can join anytime. Yearly dues are \$3.00 payable at the start of the 1st meeting.

Call the Community Center at 430-4500. A club member will return your call.

REGISTRATION INFORMATION

How to Register

1. The best way to register for programs is to come into the Community Center, 8455 W. 103rd Street. We take cash, check or charge. Complete the registration form; be sure to include the program number and signatures. Please read all registration instructions carefully because some programs have special registration requirements.
2. If mailing in and paying by check, please include the registration form with check for the correct total fee. Please include your phone number on the check and make check payable to the Palos Hills Community Resource & Recreation Department.
3. The Community Resource & Recreation Department will check proof of residency.
4. The Palos Hills Community Resource & Recreation Department does not mail confirmation cards to confirm program registration. You may assume that you are enrolled in your first choice of programs for which you have registered unless you receive a phone call from our staff.
5. Telephone registration is not accepted.
6. Proof of residency must be shown at time of registration. Non-Residents may enroll in any program for an extra fee.

When does registration begin?

Please call the Community Center at 708-430-4500 to determine when resident registration begins. Non-resident registration will begin one week following resident registration. Mail in and drop off registrations will be placed in open program slots in the order they are received. Registrants will be notified of any class conflicts at the time of registration.

Registration Policies

1. Fees for late registration will not be prorated.
2. The Palos Hills Community Resource & Recreation Department reserves the right to cancel or postpone programs due to insufficient participation numbers.
3. Registration fees are transferable if requested prior to the first day of class.
4. It is the registrant's responsibility to record times and locations of programs they are enrolled in.
5. The Palos Community Resource & Recreation Department is not responsible for lost or late mail or drop off registrations.
6. By registering for Community Resource & Recreation Department programs, each registrant realizes the inherent risks involved in the program and appreciates the nature of these risks. The applicant holds the Palos Hills Resource & Recreation Department harmless for any damages caused by participation in these programs.
7. Participants or their parents (if participant is under 18) permit the taking of photos, audio and videotapes during Palos Hills Community Resource & Recreation Department activities for publication and use as the department deems necessary.
8. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.
9. Signatures on registration forms are mandatory. Forms without signatures will be returned to registrant thereby jeopardizing their registration.
10. Individuals registering for other family member and friends or neighbors must complete a separate registration form and make sure it is signed by the person who is participating in the program.

Typographical Errors

Our staff has made every effort to prepare this brochure as accurately as possible; however errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. All typographical and printing errors are subject to correction.

Program Registration Form

Assistance Required

If you or your child require some type of physical assistance due to a special need or condition, please indicate special need and the assistance and/or accommodation needed:

8455 West 103rd Street

Palos Hills, IL 60465

Phone (708) 430-4500

Fax (708) 430-8376

Website: www.paloshillsworld.org

Last Name: _____ Adult First Name: _____

Email: _____

Street Address: _____

City: _____ Zip: _____ Emergency Name: _____

Home(____) _____ Work/Cell(____) _____ Emergency(____) _____

Please read this form carefully and be aware that signing up and participating in this program you will be waiving and releasing all claims for injuries you might sustain arising out of this program. As a participant in the Palos Hills Community Resource & Recreation Dept. program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages, or loss which I may sustain as a result of participating in any and all activities connected with or associated with such Programs. I agree to waive and relinquish all claims I may have as a result of participating in the program against the Palos Hills Resource & Recreation Dept. and its officers, agents, servants, local sponsors, and employees. I agree to allow the Palos Hills Resource & Recreation Dept. to use my family and I in any photo, audio and/or videotape for any publicity used by the City of Palos Hills. I do hereby fully release and discharge the Palos Hills Resource & Recreation Dept. and its officers, agents, servants, and employees from any and all claims sustained by me and arising out of, connected with, or in any way associated with the activities of the program. I understand that no refunds can be made for any reason unless a program or event was canceled by the Palos Hills Resource & Recreation Dept. Any individual or group, which submits a non-sufficient check for payment of a registration fee, will be charged a \$15.00 processing fee. I have read and fully understand the Program details on the reverse side. I have read and fully understand the Waiver and Release of all claims information.

X

Participant SIGNATURE (All Adults 18 Years and Older)

Date

Activity Number	Activity Name	Registrants Last Name	Registrants First Name	Sex	Birth Date Mo./Day/Yr..	Fee

See Registration Information on the back of this form

TOTAL FEE _____
CHECK # _____

REGISTRATION INFORMATION

Refund Procedures

1. A prorated in house credit will be issued to the family household account if the application for refund/credit is received prior to the start of the third class.
2. Any cash or credit refunds issued after the start of class will be up to the discretion of the Commissioner.
3. All requests for refunds must be made through an official refund/credit application form..
4. Refunds typically take two to three weeks to process if the original payment was by cash or check. All other refunds will be done after they are approved by the Commissioner.
5. There may be an \$8 administrative fee assessed to each refund.
6. No telephone or email refunds.
7. It is the responsibility of the participant to attend the class/trip/program he/she is registered for. No refunds will be given for failing to attend a class/trip/program. **No refunds or credits will be given for missing a trip unless a replacement is found.**
8. Medical credit situations will be handled individually with a doctor's note.
9. All day camp field trips have a non-refundable fee unless canceled by the department.
10. Credits must be used within six months of issue date.
11. Cancellations for day camp and playschool must be received in writing on the credit/refund form, two (2) weeks prior to the beginning of the class/camp session. No refunds/credits will be given after that date.
12. All other contracted camps and classes will follow the policy of day camp.
13. There will be no prorating of programs due to late starts, early withdrawals or failure to attend class(es).

Behavior Policy

The Palos Hills Community Resource & Recreation Department has an established behavior policy relative to inappropriate behavior. Inappropriate behavior is defined as that which disrupts a recreation program and which requires a program leader to call for a stop of the behavior due to its effect on other participants or on the leader's ability to conduct the program. Such behavior may call for an immediate and/or permanent dismissal of the participant. Additional rules may be developed for individual programs and athletic events as deemed necessary by staff. No credits or refunds will be given for behavior dismissal.

Waiting Lists

If a program is full, a waiting list will be started. When this is possible, individuals on the waiting list will be called in the order they are placed on the waiting list. However due to schedule restrictions, it is not always possible to accommodate all individuals on waiting lists and in such cases those individuals will not be called.

Credit Card Information

Program registrants are able to pay for program fees with a Visa, Master Card or Discover Card. If paying by credit card, you must provide photo identification.

NSF Checks

Any individual or group which submits a non-sufficient funds check for payment of a registration fee will be charged \$20.00.

We Love Parents But...

Please do not remain in the classroom or gym after dropping off your child. Continual interruptions tend to affect the children's participation levels. You are more than welcome to sit and relax in the lobby.

PALOS HILLS PARK SITES & FACILITIES

GUIDELINE FOR PARKS

LOCATION INFORMATION

City of Palos Hills - City Hall
10335 S. Roberts Road
Palos Hills, IL 60465
(708) 598-3400

Palos Hills Community Center
8455 W. 103rd Street
Palos Hills, IL 60465
(708) 430-4500

Palos Hills Municipal Golf Course
7301 W. 105th Street
Palos Hills, IL 60465
(708) 599-0202

Palos Hills Riding Stables
10100 Kean Avenue
Palos Hills, IL 60465
(708) 598-7718

Apollo Recreation Center
12521 S. Kostner
Alsip, IL 60803
(708) 389-1003

Palos Park Recreation Center
8901 W. 123rd Street
Palos Park, IL 60464
(708) 671-3760

City of Palos Hills Ordinance Section 2.48.070
For a complete list of rules visit our website at
www.paloshillsweb.org

For All Parks

1. All Dogs Must be on a leash.
2. Dog Waste - must be picked up and removed by the owner.
3. No person shall be allowed to swim, bathe, wade or enter into any water feature located on any City property. A water feature is any pond, lake, retention/detention pond or waterfall.
4. Ice skating is allowed on City made ice skating areas only.
5. No person may sleep overnight or camp in any park.
6. No person shall enter an area posted as "Closed to the Public" nor shall any person use any area in violation of posted notices, included but not limited to parking areas designated for the handicapped.
7. The City of Palos Hills reserves the right to close a park for City held functions.

Bennett Park Lake Rules

No Swimming, Boating, Ice Skating, or Camping.
Fishing is catch and release only.

PALOS HILLS PARKS

Town Square - 8500 W. 103rd Street

Indian Woods - 100th Street & 82nd Avenue

Michael Park - Michael Drive & 105th Street

Loveland Park - 8500 W. 106th Street

Aspen Park - 105th Street & Aspen

Calvary Park - 111th Street & Roberts Road

Krasowski Park - 104th Place & Tod Drive

Volunteer Park - 99th Street & 88th Avenue

Bennett Park - 10801 Roberts Road

Glacier Park - 101st Street & 78th Avenue

Check Our Website for Additional Information at
www.paloshillsweb.org

City of Palos Hills **9th Annual** National Night Out

Supporting local law enforcement



Tuesday, August 5, 2025

6:00-8:00 pm

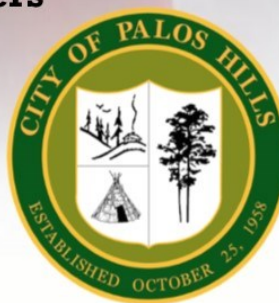
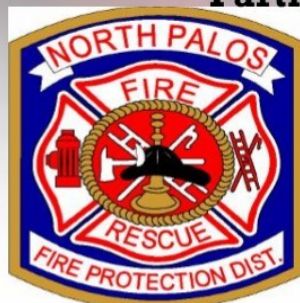
Town Square Park (8455 W. 103rd Street)



Face Painters * Police Vehicles * Band
Last big event before school begins again!

FREE EVENT including food (while supplies last)

Partners



Palos Hills Community Resource & Recreation Department
8455 W. 103rd Street
Palos Hills, IL 60465

PRSRT STD
U.S. POSTAGE
PAID
PERMIT #254
Worth, IL 60482

ECRWSS
POSTAL CUSTOMER
PALOS HILLS, IL 60465

Providing a Healing Experience

Palos-Gaidas

FUNERAL HOME

The Gaidas family has been serving families for over two generations in the Chicago land area. With humble beginnings in Chicago's Back of the Yards and Brighton Park communities, we have been taking care of families by providing a "healing experience."

Over the years, Palos-Gaidas Funeral Home has continually provided dignified and compassionate service to the many families who call upon us. Our commitment to our family and community is reflected in our involvement with various organizations. We support many community endeavors, including church and civic groups, schools, and charitable organizations.



Let us show you how our commitment to excellent care
can help your family when you need it most.
We look forward to hearing from you.

Dave and Loretta Gaidas

11028 Southwest Highway, Palos Hills, IL 60465

Phone: 708-974-4410

www.palosgaidasfh.com • palosfh@comcast.net

