

**CITY OF PALOS HILLS  
RESOURCE & RECREATION**

# SUMMER



**FEST  
SPECIAL EVENTS  
DAY CAMP  
TRIPS  
& MORE!**



**[WWW.PALOSHILLSWEB.ORG](http://WWW.PALOSHILLSWEB.ORG)**

City of Palos Hills



# TRASH TO TREASURES



Declutter your space and find great deals within your community! This takes place at the same time as Palos Hills Bargain Days. Participants looking to sell must register for a table.

**MAY 16**  
**9 AM - 1 PM**

PALOS HILLS COMMUNITY CENTER

**\$25/TABLE #150042-1**  
**\$10/ADTL TABLE #150042-2**

For more information, call 708-430-4500



CITY OF PALOS HILLS

ANNUAL

# PICNIC IN THE PARK

**JUNE 6**  
**11 AM - 2 PM**  
BENNETT PARK  
10801 S. ROBERTS ROAD

**FREE**

**FOOD, MUSIC,  
AND FAMILY  
FUN!**



FOR MORE INFORMATION, CALL 708-430-4500

CITY OF PALOS HILLS

SATURDAY

**06**

JUNE 2026



# FISHING DERBY

**THORNTONS**

**FREE  
ENTRY**

Please bring own fishing poles. Pre-registration is required to participate. Registration is in-person at the Palos Hills Community Center. Max 50 participants.

**9:00 AM - 12:00 PM**  
**BENNETT PARK (EAST SIDE LAKE)**  
**AGES 3+ (WITH ADULT)**

## SPONSORS

Palos Hills McDonald's,  
Palos Hills Thorntons,  
North Palos Fire Protection District  
& Palos Township Supervisor Colleen Grant Schumann



**2026 PALOS HILLS FRIENDSHIP FEST**  
**107th and 88th Avenue**

**Thursday, July 9**

**6:00 - 10:30 pm**

All Around Amusements 6:00-10 pm  
One Price Day of \$40 from 6:00-10 pm  
Food Court opens at 6:00 pm

**Free Face Painting by**

**Paint on Me Inc.**—6:30-8:30 pm  
**Honor Guard Ceremony** - 6:30 pm  
**Beer Garden Hours** - 6-10:30 pm  
**Music Line-up - Beer Garden**  
Whiskey Road - 7:30-10:30 pm  
(Country)

**Friday, July 10**

**6:00 - 11:30 pm**

\*Special Needs Time - 3:00-5:00 pm  
\*Some rides may not operate during  
this time.

All Around Amusements - 6:00-11:30 pm  
One Price Day of \$40 from 6:00-11:30pm  
Food Court Opens at 6:00 pm  
BINGO 7 - 10:00 pm

**Beer Garden Hours** - 5-11:30 pm

**Music Line-up - Beer Garden**

The Chicago Experience - 6:00-8:15 pm  
(Rock)

Infinity - 9:00-11:30 pm (Rock)

**Mega Passes**

\$70.00 if purchased - July 9th by Noon  
\$80.00 at Friendship Festival

***Advanced purchase of Mega Passes  
available only at Palos Hills Community  
Center.***

***July 8—3-6pm - at Community Center***

Get your physical mega band prior to the fest. Complete paperwork, bring to the Community Center and get a wristband to avoid standing in line at the fest. If you are taking advantage of this early time, every individual getting a wristband early must be in attendance!

**Saturday, July 11**

**Noon - Midnight**

All Around Amusements - 12-11:30 pm  
Pay One Price of \$40 from 12 - 5:00 pm  
\$40 from 5:00pm - close

Food Court Opens at noon

Palos Hills Horsemen Association - 1-4:00 pm

Free Pony Rides & Petting Zoo 1 - 5:00 pm

BINGO 7:00-10:00 pm

***Kid's Entertainment***

The Reptile Den—reptile and bug presentation

Noon-1:00pm—near Bingo tent

**Beer Garden Hours** - 5-11:30 pm

**Music Line-up - Beer Garden**

The Ron Burgundy's - 6:00-8:15 pm  
(80's)

American English - 9:00-11:30 pm  
(Beatles cover band)

**Sunday, July 12**

**1:00 - 10:30 pm**

All Around Amusements - 1:00-10:30 pm

Pay One Price of \$40 from 12 - 5:00 pm

\$40 from 5:00pm - close

Food Court Opens at noon

Palos Hills Horsemen Association - 1-4:00 pm

Free Pony Rides & Petting Zoo - 1 - 5:00 pm

BINGO 7-9:00 pm

***Kid's Entertainment***

Foam Riders—noon—2:00 pm

\*bring change of clothes & towel

**Beer Garden Hours** - 3-10:30 pm

**Music Line-up - Beer Garden**

Ambidextrous - 4:45-6:15 pm

(Pop/Rock)

Anthem (Rock) - 7:00-10:30 pm

**Fireworks at Dusk!**

***DOUBLE K PRODUCTIONS***

***CLASSIC CAR SHOW***

**Sunday, July 12**

**9:00 am - 4:00 pm**

**Registration - 9 am**

**\$25 day of the show**

**[www.doublekproductions.com](http://www.doublekproductions.com)**

## Park Memorial Program

The City of Palos Hills offers an opportunity for you to honor a loved one in a special way through our park memorial program. Opportunities are available to purchase a tree with a plaque or a park bench with a plaque at Bennett Park. For more information, please call Kristin at the Palos Hills Community Center, 708-430-4500.



## 2026 Beautification Contest

With the beautiful days of spring upon us, Alderman Kleefisch, the Beautification Committee and the Community Resource Department want to inform residents that we are preparing to conduct our annual Beautification Contest for residences, businesses, multiple family residences, churches and schools. Over the past 19 years, we have had many positive comments about this friendly competition, which encourages everyone to put their gardening and decorating talents to good use.

Last year, Aldermen nominated at least ten residents in their Ward. In addition, you can choose to nominate your neighbor or local business. You can email your nomination to [recreation@paloshillsweb.org](mailto:recreation@paloshillsweb.org) or either mail or drop off your nomination to the Community Resource Department at 8455 W. 103rd Street, Palos Hills. If you are nominating someone or a business, please provide your name and phone number, as well as that of the person or business you are nominating. A completed nomination form gives that property an opportunity to be judged as a possible winner. However, the judges must determine that the property rates highly in all or a majority of the categories. Upgrading your property from two years ago should improve your chances.

All judging will be conducted by local Aldermen and volunteers. Due to time constraints, the judges will focus solely on front and side yards. Our judges will be rating properties in these categories: **general appearance of buildings, fencing and edging, and overall landscaping including lawns, shrubs, evergreens, trees and color accents.**

All winners will receive a certificate of recognition at an awards ceremony and a lawn sign. Each ward will also have a grand prize winner (multiple in each ward depending on scoring) and will receive a prize.

Start sprucing up your property, and planting your spring annuals as you add to the overall beauty of our attractive city and enhance the quality of life for everyone in Palos Hills. Good Luck to all! **The contest entry form is on the next page.**



# City of Palos Hills 2026 Beautification Contest Entry Form



Homeowner's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Ward property is in: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Nominator's Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Please check the appropriate box:

- Home     Townhome     Condo     Multi-family  
 Retail Business     Religious Building     Banking Institution  
 Service Station     Commercial Building     Restaurant

Our judges will be rating properties in these categories:

1. General appearance of buildings, fencing and edging
2. Overall landscaping
  - Lawns
  - Shrubs, evergreens and trees
  - Color accents
3. Only those properties who have completed an entry form will be judged.
4. Judging will focus solely on front and side yards.
5. Winners from the 2025 Beautification Contest are not eligible to enter until 2027.
6. Judging will take place towards the middle of August.
7. **All entries must be received by August 7, 2026 at 5:00 pm.**

Please read carefully. I understand that by entering the 2026 Beautification contest I allow, should I be a winner, the City of Palos Hills to publish a photograph, my family name and the address of my home in published material, including City website in connection with the contest. I release and agree to hold the City of Palos Hills, its agents, and its contractors harmless from any and all claims, damages, or liabilities resulting from entry into the Beautification Contest and I agree not to bring any such claims against the released parties at any time in the future. If I am not the owner on record I am over 18 years of age and have the full right and authority to execute this Release and Waiver.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Community Resource & Recreation Dept.  
 8455 W. 103rd Street  
 Palos Hills, IL 60465  
 (708) 430-4500  
 Fax (708) 430-8376

Website: [www.paloshillsweb.org](http://www.paloshillsweb.org)  
 Email: [recreation@paloshillsweb.org](mailto:recreation@paloshillsweb.org)

Facebook—**City of Palos Hills Resource and Recreation Department**

**Staff**

Kristin Violante, Commissioner  
 Kelly Schaefer, Youth Supervisor  
 Sophia Alfaro, Community Resources Supervisor  
 Selena Tomas, Administrative Coordinator

**City of Palos Hills Recreation Board**

Mayor Gerald R. Bennett  
 Alderman Mike Price, Chairman  
 Alderman Marty Kleefisch  
 Alderman Pauline Stratton

**City of Palos Hills Community Resource Board**

Mayor Gerald R. Bennett  
 Alderman Mike Price, Chairman  
 Alderman Pauline Stratton  
 Alderman Phil Abed

**Mission Statement**

The Palos Hills Community Resource & Recreation Department (CRRD) strives to maximize its resources to provide the community with high quality, diverse and economic leisure opportunities; through open space preservation, park development, administration and active and passive recreational program offerings.

**Americans with Disabilities Act**

In compliance with the Americans with Disabilities Act, the City of Palos Hills Community Resource & Recreation Department will make reasonable accommodations for individuals with a disability when using facilities or programs to enable participation. If you have any questions about the Park Department’s compliance, please contact the Palos Hills Community Resource & Recreation Department at 430-4500.

**Special Recreation**

The Palos Hills Community Resource & Recreation Department is a cooperative member of the Oak Lawn Park District Special Recreation Agency. Residents of Palos Hills with special needs can participate in programs at Oak Lawn at the resident rate. For more information about Oak Lawn Park District Special Recreation, 708-857-2200, stop by the Palos Hills Community Center, 8455 W. 103rd Street or call us at 708-430-4500.

**Registration Dates**

Because we cannot control when the post office delivers this publication to all of our residents, please call the Community Center to ask when resident and non-resident registration begins.

**TABLE OF CONTENTS**

Fest	1
Beautification	2-3
Playschool	5
SMALLs & Karate	6
Soccer Stars (Tot)	7
Soccer	8
Youth Sports	9-13
Bennett Park	14
Karate	15
Summer Camp	16
Horseback Riding	17
Cooking & Music Instruction	18
Yoga	19-20
Dog Obedience	20
Pickleball	21
Jazzercise	22
Adult Trips	23-25
Seniors	26
Pathlights, PATSE	27
Registration Information	28-30
Park Information	31
City Chipper Schedule	32

# FALL TOT SCHOOL

## TOT-STUFF PLAYSCHOOL

Tot Stuff Playschool is a balanced program designed to meet the educational, social, creative and emotional needs of children. Each class will include pre-academic reading skills; learning games for colors, shapes, and letters; circle time; songs; and play time. **Kids must be potty-trained in order to attend.**

Parents of first time registrants should bring a copy of their child's birth certificate along with their registration form. Due to purchasing supplies in advance, no refunds or credits will be given after the first day of class. In order to provide consistency to our students, no new students will be accepted after the first session. Your child will have to wait until the winter 2027 session to register. Students enrolled in playschool may come in and drop off supplies on Wednesday, August 13 from 10:00 am - noon. **Note: No class September 7, October 12, November 11, 23-27.**

A \$50.00 non-refundable, non-transferable deposit is required to hold your spot for the 2026/2027 school year. Full payment for at least the first session must be paid by July 8 or your spot may be given to the next child on the waiting list.

## **4 & 5 year olds — WAIT LIST ONLY!**

**Location:** Palos Hills Community Center  
**Ages:** 4 & 5 years old (Must be 4 by September 1, 2026)  
**Time:** 9:00 - 11:30 am  
**Days:** Mondays, Wednesdays & Fridays  
**Dates:** **Session 1** August 17 - October 9 (23 classes) **#220704-A** R:\$299.00/\$319.00  
**Session 2** October 14 - December 18 (25 classes) **#220704-B** R:\$325.00/\$345.00  
**Session 1 Balance** **#220704-C** R:\$249.00/\$269.00  
**Session 1 Deposit** **#220704-D** \$50.00  
**Maximum:** 12 students  
**Teacher:** Ms. Kelly  
**Assistant:** Mrs. Hearne

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## **3 & 4 year olds**

**Ages:** 3 years old (Must be 3 by September 1, 2026)  
**Time:** 9:30 - 11:30 am  
**Days:** Tuesdays, Thursdays  
**Dates:** **Session 1** August 18 - October 8 (16 classes) **#220705-A** R:\$192.00/\$212.00  
**Session 2** October 13 - December 17 (18 classes) **#220705-B** R:\$216.00/\$236.00  
**Session 1 Balance** **#220705-C** R:\$142.00/\$162.00  
**Session 1 Deposit** **#220705-D** \$50.00  
**Maximum:** 12 students  
**Teacher:** Ms. Kelly  
**Assistant:** Mrs. Hearne

**Note:** This class will meet on Friday, December 18 for the Winter Show.

# SMALLS & EARLY CHILDHOOD PROGRAMS

## FALL START SMALL - PRE-PLAYSCHOOL CLASS

Join us for SMALLS. This 90 minute class is perfect for those just beginning to leave mom, dad, or other caregivers for a short time or are too young for preschool. We will introduce school skills, math and reading readiness, and have fun doing it. Kids do not need to be potty-trained but parents need to be available by phone. Teachers cannot change diapers.

**Location:** Palos Hills Community Center

**Time:** 9:30-11:00 am

**Day:** Tuesdays & Thursdays

**Dates:** **Session 1:** August 25 - October 15 (16 classes) **#220702-A**

**Session 2:** October 20 - December 17 (16 classes) **#220702-B**

**Not November 24, 26**

**Cost:** **Session 1:** Resident: \$144.00 Non-Resident: \$164.00

**Session 2:** Resident: \$144.00 Non-Resident: \$164.00

**Day:** Wednesdays & Fridays

**Dates:** **Session 1:** August 26 - October 16 (16 classes) **#220703-A**

**Session 2:** October 21 - December 18 (15 classes) **#220703-B**

**Not November 11, 25, 27**

**Cost:** **Session 1:** Resident: \$144.00 Non-Resident: \$164.00

**Session 2:** Resident: \$135.00 Non-Resident: \$155.00

**Age:** 2 - 3 year olds

**Min/Max:** 4/9

**Teachers:** Ms. Liz and Ms. Wanessa

## ILLINOIS SHOTOKAN KARATE

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

In our **Pre-Karate** Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

**Location:** Apollo Recreation Center (12521 S. Kostner, Alsip) - Gym #2

**Day:** Fridays

**Date:** June 12--August 21

**Cost:** \$171.00

**Age:** Pre-Karate - 4 - 6 years

**Times:** Pre-Karate

4:30 - 5:15 pm

Beginner (no prior experience)

**#120220-1**

5:20 - 6:05 pm

Continuing (White w/stripes & up)

**#120220-2**

# SOCCKER STARS

## PARENT & ME (12-24 months)

Parent & Me is a parent-child, pre-soccer, music and movement program designed for toddlers between 12 and 24 months. Our program focuses on nurturing toddlers' physical, cognitive and social skills through fun, engaging activities with our puppet friends, Mimi and Pepe. Dive into a world of stimulating play and physical engagement alongside your little one in our program.

**Ages:** 12-24 months with parent  
**Days:** Saturdays  
**Time:** 10:00-10:45am  
**Location:** Glacier Park—101st & 78th Avenue, Community Center in inclement weather  
**Dates:** June 13—August 8, not July 4 **#140090-1**  
**Cost:** \$120.00/Session  
**Min/Max:** 6/10



## SOCCKER STARS (2-5 years old)

Soccer stars introduces children to the fundamentals of soccer in a fun, educational and non-competitive environment. Our philosophy emphasizes positive reinforcement, individualized attention, and a low child-to-coach ratio to ensure every player thrives. Each week, classes feature creative, imagery-based games built around engaging themes that promote ball awareness, balance and coordination. Through playful dribbling and goal-scoring activities, children develop essential soccer skills while building confidence and positive social interactions.

**Days:** Saturdays  
**Location:** Glacier Park—101st & 78th Avenue, Community Center in inclement weather  
**Cost:** \$120.00/age group  
**Ages:** 2-3 year olds  
**Dates/Times:** June 13-August 8, not July 4 11:00-11:45am **#140093-1**  
**Ages:** 4-5 year olds  
**Dates/Times:** June 13—August 8, not July 4 12:00-12:45pm **#140094-1**  
**Min/Max:** 6/10

# SOCCER FOR KIDS

The Recreation Department is excited to announce that we have partnered with No 23 Futbol and owner/player/coach, Michal Szaflarski, to provide elite soccer training for area youth. Michael is a professional soccer player as well as a coach at Benedictine University in Lisle. He is very excited to partner up with us to provide the Palos Hills area with expert training.

## SOCCER (3-5 year olds)

This class will meet twice a week. The first week will include fun games related to the sport and then each week after will include passing, dribbling and shooting drills. Wear gym shoes and shin guards.

**Ages:** 3-5 years  
**Days:** Tuesday & Thursday  
**Location:** Glacier Park and Palos Hills Community Center (in inclement weather)  
**Dates:** Session 1: June 2—June 25 #121013-1  
Session 2: July 7—July 30 #121013-2  
**Time:** 4:30—5:30 pm  
**Cost** R: \$96.00/Session NR: \$115.00/Session  
**Min/Max:** 4/8

## SOCCER (6-11 year olds)

This class will meet twice a week. The first week will include fun games related to the sport and then each week after will include passing, dribbling and shooting drills. Wear gym shoes and shin guards.

**Ages:** 6-11 years  
**Days:** Tuesday & Thursday  
**Location:** Glacier Park and Palos Hills Community Center (in inclement weather)  
**Dates:** Session 1: June 2—June 25 #121014-1  
Session 2: July 7—July 30 #121014-2  
**Time:** 5:40—6:55 pm  
**Cost** R: \$96.00/Session NR: \$115.00/Session  
**Min/Max:** 4/14

# YOUTH SPORTS WITH SPORT KIDS, INC.

## MONDAY CLASSES

### **PEE WEE TENNIS—NEW! COOP with Palos Park Recreation**

Your child will learn proper grip, basic strokes, and other beginning tennis fundamentals through lots of fun drills and tennis-like games. This class also will help children to develop hand-eye coordination, movement skills, and get a feel for the ball. Equipment will be provided and age appropriate. Boys and girls will have a blast and gain the proper foundation on which they may continue to build and develop their interest in tennis. Please bring a labeled water bottle.

**Location:** Village Green Courts, 8901 W. 123rd, Palos Park

**Age** 4-6 years old

**Day/Date:** Mondays

Session 1: June 8-July 6

#111111-1

Session 2: July 13-August 10

#111111-2

**Time:** 4:30-5:15 pm

**Cost:** \$49.00/session/Resident, \$59.00/session/Non-Resident

**Min/Max:** 4/6

### **JUNIOR TENNIS—NEW! COOP with Palos Park Recreation**

Youngsters enrolled in this class will learn racket face control, ball bounce judgement, receiving skills, space management, rallying skills, and court movement. They will develop the agility and coordination needed for effective tennis play. Players will focus on their power and accuracy to improve their performance. Situational drills and games will help them to establish a solid foundation for future development in the sport and build a lifelong love of tennis. Equipment will be provided. Please bring a labeled water bottle

**Location:** Village Green Courts, 8901 W. 123rd, Palos Park

**Age** 7-9 years old

**Day/Date:** Mondays

Session 1: June 8-July 6

#111110-1

Session 2: July 13-August 10

#111110-2

**Time:** 5:15-6:15 pm

**Cost:** \$65.00/session/Resident, \$75.00/session/Non-Resident

**Min/Max:** 4/6

### **YOUTH TENNIS—NEW! COOP with Palos Park Recreation**

Young players concentrate on stroke development, rallying skills, and learning to play matches at a faster pace. Ball receiving and placement, court movement, and overall tennis strategy will be emphasized. Players will focus on their power and accuracy to improve their performance. Through challenging and exciting drills and matches, youngsters will develop the racket skills, coordination, agility and stamina needed for recreational and competitive tennis play. Equipment will be provided. Please bring a labeled water bottle.

**Location:** Village Green Court, 8901 W. 123rd, Palos Park

**Age** 10-12 years old

**Day/Date:** Mondays

Session 1: June 8-July 6

#111112-1

Session 2: July 13-August 10

#111112-2

**Time:** 6:15-7:15 pm

**Cost:** \$65.00/session/Resident, \$75.00/session/Non-Resident

**Min/Max:** 4/6

# YOUTH SPORTS WITH SPORT KIDS, INC.—Con't

## TUESDAY CLASSES

### **T-BALL SKILLS & GAMES**

Boys and girls can come enjoy America's favorite pastime in this class. Participants will learn the basic fundamentals used in baseball such as running bases, throwing, catching and fielding. They will also learn the skills to hit the ball off a tee and maybe live pitching. Exciting drills and games will help children learn about teamwork and good sportsmanship in an atmosphere where participation and fun are top priority. Players should bring a labeled water bottle and mitt to each class.

**Location:** Indian Woods Park  
**Age:** 4-6 years old  
**Day/Date:** Tuesdays  
Session 1: June 9-July 7 #111115-1  
Session 2: July 14-August 11 #111115-2  
**Time:** 4:15-5:00 pm  
**Cost:** \$49.00/session/Resident, \$59.00/session/Non-Resident  
**Min/Max:** 5/10

### **ADULT & TOT T-BALL**

Parents can enjoy America's favorite pastime with their child. Young children will develop motor skills while having fun throwing, catching, batting and base running like the big kids. Parents and their little athletes will enjoy making new friends and working together to learn the basics of game play in this exciting class! Please bring a labeled water bottle.

**Location:** Indian Woods Park  
**Age:** 2-3 years old with adult  
**Day/Date:** Tuesdays  
Session 1: June 9-July 7 #111116-1  
Session 2: July 14-August 11 #111116-2  
**Time:** 5:00-5:45 pm  
**Cost:** \$49.00/session/Resident, \$59.00/session/Non-Resident  
**Min/Max:** 5/8

### **YOUTH TRACK, FIELD & FITNESS**

This class will get kids excited about exercise and teach them about track and field, one of the oldest sports that continues to grow and is highlighted by the Olympics every four years. Participants will learn the fundamentals involved with improving flexibility, proper stretching, body positioning, developing core-strength, improving balance, cool-down techniques and other fitness concepts as they relate to exercising and the jumping, running and throwing skills involved in the sport of track and field. Boys and girls will participate in sharks and minnows, capture the cones, and other fitness games as well as sprints, relays, long-distance walking, running hurdles, long jump, discus throw and other track and field events. Youngsters will participate in a fun-filled track and field meet on the last day of class. Please bring a labeled water bottle.

**Location:** Indian Woods Park  
**Age:** 6-10 years old  
**Day/Date:** Tuesdays  
Session 1: June 9-July 7 #111121-1  
Session 2: July 14-August 11 #111121-2  
**Time:** 5:45-6:45 pm  
**Cost:** \$65.00/session/Resident, \$75.00/session/Non-Resident  
**Min/Max:** 5/10

# YOUTH SPORTS WITH SPORT KIDS, INC.—Con't

## WEDNESDAY CLASSES

### YOUTH BASKETBALL

Break a sweat and sharpen your skills! Boys and girls get skill instruction in the offensive points of the game of basketball such as ball handling, shooting, passing, and setting screens. They are also introduced to defensive aspects including proper defensive stance and concepts such as zone and man-to-man defense. Players develop their shot using proper form and mechanics to be effective from various distances from the basket. Don't miss out on the opportunity to learn new skills and develop a more thorough understanding of the game of basketball in this exciting program. Please bring a labeled water bottle.

**Location:** Palos Hills Community Center

**Age:** 6-8 years old

**Day/Date:** Wednesdays

Session 1: June 10-July 8

#111113-1

Session 2: July 15-August 12

#111113-2

**Time:** 3:30-4:30 pm

**Cost/Age/Session:** \$65.00/session/Resident, \$75.00/session/Non-Resident

**Min/Max:** 5/20

**Age:** 9-12 years old

**Day/Date:** Wednesdays

Session 1: June 10-July 8

#111114-1

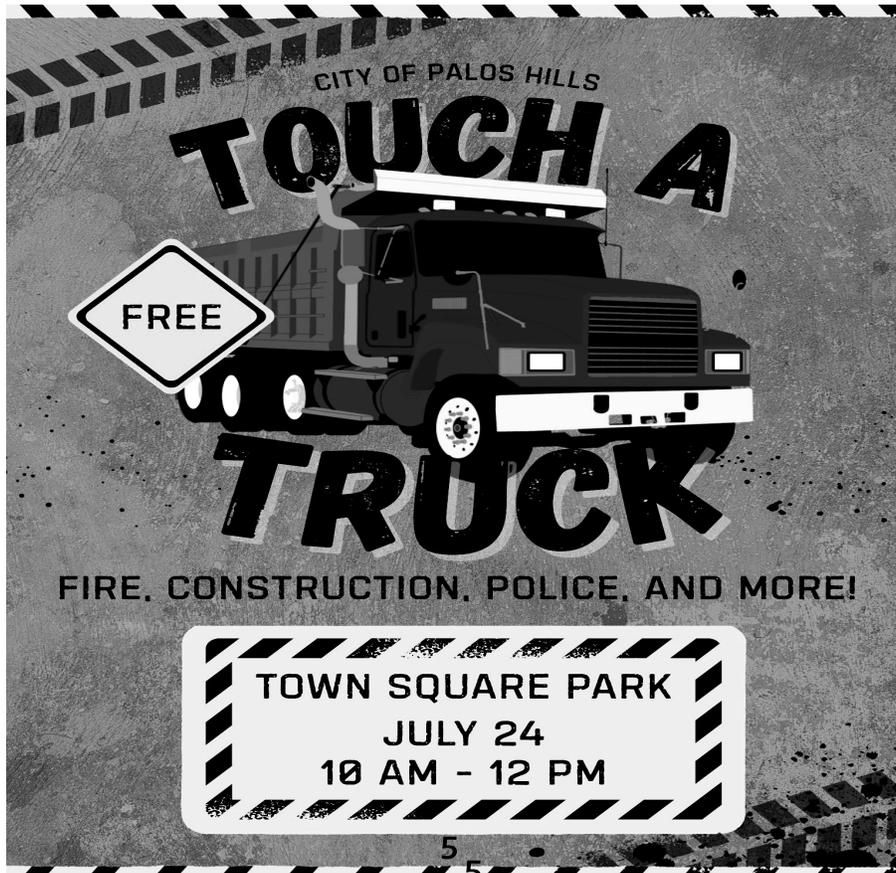
Session 2: July 15-August 12

#111114-2

**Time:** 4:30-5:30 pm

**Cost/Age/Session:** \$65.00/session/Resident, \$75.00/session/Non-Resident

**Min/Max:** 5/20



# YOUTH SPORTS WITH SPORT KIDS, INC.– Con't

## FRIDAY CLASSES

### PARENT & TOT GYMNASTICS

Parents are an integral part of helping their tots participate in basic sports movement through gymnastics. Join a fun, nurturing environment, while exposing your child to a safe and challenging gymnastics experience. Gymnastics equipment in this class is downsized to benefit this age group. Please bring a labeled water bottle.

**Location:** Palos Hills Community Center  
**Age** 2-3 years old with parent  
**Day/Date:** Fridays  
Session 1: June 12-July 10 #111117-1  
Session 2: July 17-August 14 #111117-2  
**Time:** 9:30-10:00 am  
**Cost:** \$33.00/session/Resident, \$43.00/session/Non-Resident  
**Min/Max:** 5/8

### KIDNASTICS

Learn the basics of gymnastics in a safe environment with equipment scaled down to an age-appropriate size. Balance beam, bar, vault and floor equipment will be featured. Other movement and rhythmic gymnastics ideas will also be included. Please bring a labeled water bottle.

**Location:** Palos Hills Community Center  
**Age** 4-6 years old  
**Day/Date:** Fridays  
Session 1: June 12-July 10 #111118-1  
Session 2: July 17-August 14 #111118-2  
**Time:** 10:00-10:45 am  
**Cost:** \$49.00/session/Resident, \$59.00/session/Non-Resident  
**Min/Max:** 5/10

### TUMBLING FOR BEGINNERS

Start our learning the proper way to perform rolls, handstands and cartwheels. This class is a great way to have an introduction to tumbling and to open the door to gymnastics possibilities. Please bring a labeled water bottle.

**Location:** Palos Hills Community Center  
**Age** 7–10 years old  
**Day/Date:** Fridays  
Session 1: June 12-July 10 #111119-1  
Session 2: July 17-August 14 #111119-2  
**Time:** 10:45-11:45 am  
**Cost:** \$65.00/session/Resident, \$75.00/session/Non-Resident  
**Min/Max:** 5/10

# YOUTH SPORTS WITH SPORT KIDS, INC.– Con't

## SATURDAY CLASSES

### **PEE WEE PICKLEBALL-NEW! COOP with Palos Park Recreation**

Join us for a fun, active class where children can learn the basics of pickleball. This class is perfect for younger players who have never played pickleball before or are just starting out. We'll focus on how to hit the ball with a paddle, take turns and move around the court. With easy games and playful activities, kids will practice skills like swinging, bouncing and hitting the ball over a low net. We'll also learn to play together as a team and take turns in a fun, friendly way. This class will be full of games, colorful balls and lots of smiles. Age appropriate equipment will be provided. Please bring a labeled water bottle.

**Location:** Village Green Courts, 8901 W. 123rd, Palos Park

**Age** 4-6 years old

**Day/Date:** Saturdays

Session 1: June 6-July 11, not July 4

#111127-1

Session 2: July 18-August 15

#111127-2

**Time:** 9:00-9:30 am

**Cost:** \$33.00/session/Resident, \$43.00/session/Non-Resident

**Min/Max:** 4/6

### **YOUTH PICKLEBALL-NEW! COOP with Palos Park Recreation**

Ready to try the fastest growing sport in America? Pickleball is a fun sport that combines many elements of tennis, badminton and ping pong. Pickleball can be enjoyed by all ages and skill levels and is a fantastic hobby for young players for the same reason it is great for adults. The nature of the game is a strong equalizer from a skill-based perspective. We will cover pickleball basics such as grip, forehand, backhand and dink shots, serving, and court positioning. Players will also learn scoring and pickleball rules as well as have plenty of time for game play. Equipment will be provided. Please bring a labeled water bottle.

**Location:** Village Green Courts, 8901 W. 123rd, Palos Park

**Age** 7-12 year olds

**Day/Date:** Saturdays

Session 1: June 6-July 11, not July 4

#111122-1

Session 2: July 18-August 15

#111122-2

**Time:** 9:30-10:30 am

**Cost:** \$65.00/session/Resident, \$75.00/session/Non-Resident

**Min/Max:** 4/6

# BENNETT PARK PROGRAMS & EVENTS

The Palos Hills Resource & Recreation Department has a great resource in our backyard, Bennett Park, that provides a truly unique opportunity to experience nature in addition to participating in both active and passive recreation. Join Ms. Liz for some fun this summer

## ART IN THE PARK w/PARENT

Come join Ms. Liz as we do some fun nature-inspired crafts, read stories, and then spend some time together playing at the park. Only children registered for each class will be allowed to attend. Meet under the pavilion by the Public Works Building which is located near the west end of the park.

<b>Day/Date:</b>	Tuesdays	
<b>Ages:</b>	2-4 years old with parent/caregiver	
<b>Time:</b>	9:30—10:30 am	
<b>Location:</b>	Bennett Park, 10801 S. Roberts Road	
	June 16—Nature Hunt & Art	#160010—1
	June 23—Leaf Rubbing Art	#160010—2
	June 30—Sidewalk Chalk Art	#160010—3
	July 7—Bubble Art	#160010—4
<b>Cost:</b>	\$8.00/class	<b>Minimum:</b> 3 kids/date



# YOUTH/ADULT KARATE

## ILLINOIS SHOTOKAN KARATE

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

ISKC's karate classes offer a good mix of strength training, with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth and Adult classes train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

**Location:** Apollo Recreation Center (12521 S. Kostner, Alsip) - Gym #2

**Day:** Fridays

**Date:** June 12—August 21

**Cost:** \$171.00

**Age:** 7 years & up

**Times:** Youth/Adult

6:15 - 7:10 pm

Beginner/Continuer (White-Red Belts)

#130241-1

7:15 - 8:10 pm

Inter/Advanced (Orange belts & up)

#130241-2

**\*Please note that the Youth and Adult classes will train together.**



# SUMMER CAMP

## FULL DAY CAMP

(5 years - 12 years old)

Spend the day participating in a variety of events. Each day will be filled with something different to do: games, crafts, sports, theme days and more. Campers will participate in a special event each session. Those events are listed by session. A parent meeting will be held on June 4 at the Community Center from 6:30-7:30pm.

**Location:** Palos Hills Community Center

**Days:** Monday - Thursday

<b>Dates:</b> Session 1	June 8 - June 18 - Reptile Show	#130651-A
Session 2	June 22—July 2 - Fossils	#130651-B
Session 3	July 6 - July 16, <b>not July 13</b> - Science Heroes	#130651-C
Session 4	July 20 - July 30 - Foam Ryders	#130651-D
Session 5	August 3 - August 6 - End of summer Bash	#130651-E
Whole Summer	June 8—August 6	#130651-F

**Cost:** Session 1 R:\$234.00/NR:\$254.00

Session 2 R:\$234.00/NR:\$254.00

Session 3 R:\$205.00/NR:\$225.00

Session 4 R:\$234.00/NR:\$254.00

Session 5 R:\$117.00/NR:\$137.00

Whole Summer R \$922.00/NR: \$1012.00 (10 % discount is reflected in fee.)

**Time:** 9:00 am - 3:30 pm

**Note:** Children must be 5 years old by June 8, 2026. Those entering 4/5 year old preschool in the fall should enroll in tot camp.

**Maximum/Session:** 60 campers

## TOT CAMP

(3 - 4 years old)

This camp is for those who are 3 - 4 years old. Come and play the summer away with us. **Kids must be potty trained! No exceptions, please.** We will play, make crafts, listen to stories, and play with our friends.

**Location:** Palos Hills Community Center

**Day:** Tuesday through Thursday

**Dates:** Session 1: June 9—July 9 #120645-1

Session 2: July 14-August 6 #120645-2

**Time:** 9:00-11:30 am

**Cost:** Session 1: R:\$178.00/NR:\$198.00

Session 2: R:\$143.00/NR: \$163.00

**Ages:** 3 - 4 years old

**Min/Max:** 8/12

**Note:** Those kids still in preschool in the fall are eligible for this camp. Those kids turning 5 years old by June 8, 2026 should register for full day camp. This camp fills quickly!

# HORSEBACK RIDING LESSONS & CAMPS

HORSEBACK RIDING LESSONS  
PALOS HILLS NEW TRADITIONS RIDING ACADEMY  
10100 S. KEAN AVE. PALOS HILLS  
708 598-7718

New Traditions Riding Academy, LLC is dedicated to provide you with the highest level of horsemanship. Classes for all experience levels, beginner to advanced. Classes available year round (January–December)

- Please Note:
1. Classes are offered for children & adults. Minimum Age: 7 years
  2. All riders must wear long pants and a shoe with a heel no higher than 1 1/2 inches.
  3. All riders must sign a release waiver and wear an ASTM/SEI Certified Riding Helmet. Helmet rental or purchase is available. SALES ON HEADGEAR ARE FINAL!
  4. All lessons are supervised, but riders are reminded that all riding is done at your own risk.
  5. Each participant will register at the Community Center but will need to set up their own riding dates with the academy. Call 598-7718 for lessons.
  6. For more information on all class schedules, go to [newtraditionridingacademy.com](http://newtraditionridingacademy.com) Riding levels are assigned at the discretion of the instructor.

## Beginners Horseback Riding Lessons

Sun: Noon/Adult Beginner Class #170215-G (5)/H(10)

Mon. 4:30pm #170215-A (5) / B (10)

Wed. 4:30 pm #170215-C (5) / D (10)

Sat. 2:30 pm #170215-E (5) / F (10)

COST: (5 Lessons) \$275.00

(10 Lessons) \$540.00

## CAMP

Riding Camps (ALL CAMPS ARE ONE WEEK IN DURATION MONDAY-THURSDAY)

Location: Palos Hills New Traditions Riding Academy 10100 S. Kean Ave., Palos Hills

**BEGINNER** Riding camp for riders with little to no riding experience. All riders will ride one hour per day, as well as have lessons on horse handling techniques. Riders will learn basic control of the horse in the saddle of their choice. There will be exercises in moving the horse forward and stopping, turning and circling, and riding the sitting and posting trot. Participants will develop correct riding positions through guided explanations, exercise techniques and demonstrations. Stable management will also be discussed. Please bring a lunch and water bottle daily!

#170204-A June 22 - 25 #170204-B June 29-July 2 #170204-C July 13-16

Time: 10:00 am - 3:00 pm, Monday-Thursday Cost: \$420.00

**PONY** camp is the pride of our riding academy. A way for the wee ones to get a positive experience on our wonderful ponies and small horses. Riders will have pony rides for the first hour of camp, then to the barn for grooming and brushing. The third hour is lunch (woohoo!) and a special art project each day. Please bring a lunch and water bottle daily!

#170206-A July 6 - 9 #170206-B July 20-23

Time: 10:00 am - 1:00 pm, Monday-Thursday Cost: \$270.00 Ages: 4-8 years old

New Traditions Riding Academy through the New Beginnings Therapeutic Riding Foundation is offering therapeutic riding lessons. Lessons are offered at Palos Hills Riding Stables by a PATH, International Certified Instructor. For more detailed information, please call 708-598-7718 or email [Bitsandpieceschicago@gmail.com](mailto:Bitsandpieceschicago@gmail.com).

# COOKING & MUSIC

## CULINARY CREATORS

Join us for some fun in the kitchen. We will spend the first class searching for fun recipes to make throughout the summer. Let your creativity wander. Please let staff know about any food allergies or restrictions. Please bring a container to bring home any leftovers. **Perfect after camp program!**

**Location:** Palos Hills Community Center

**Dates:** June 9 - July 28

**Day:** Tuesdays

**Time:** 3:45 - 5:00 pm      5-8 years old

**#130927-1**

5:15-6:30 pm      9-12 years old

**#130927-2**

**Cost:** R:\$64.00/NR:\$69.00

**Min/Max:** 4/8

## MUSIC INSTRUCTION

We are happy to be collaborating with Palos Music Instruction in Palos Hills for piano, voice and guitar lessons. All lessons take place at their store located at 10604 S. Roberts Road. After registration, please call Frank at 708—974-8002 to schedule a lesson time and day.

### Piano—NEW!

Lessons are available for students 3 years to adult. Learn fundamentals of sight reading, technique, theory and most of all, play songs! Lesson books are sold separately through Palos Music Instruction for any given age and skill level. This is an 8-week program (1 lesson/week). Monday-Thursday time, 2:00-8:00pm Fridays, 2:00-6:00pm and Saturdays, 8:00am—2:00pm. (30 minute private individual lesson.) Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week in June.

**#140202-1      R: \$184.00/NR: \$194.00**

### Voice —NEW!

Lessons are available for students 8 years to adult. Learn fundamentals of breathing, posture, tone, diction, intonation and most of all sing songs! Sheet music is sold separately through Palos Music Instruction for your song of choice. This is an 8-week program (1 lesson/week). Monday-Thursday time slots available, 2:00-8:00pm, Fridays, 2:00-6:00pm and Saturdays, 8:00am—2:00pm (30 minute private individual lesson.) Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week of June.

**#140203-1      R: \$184.00/NR: \$194.00**

### Guitar —NEW!

Lessons are available for students 7 years to adult. Learn fundamentals of sight-reading, tablature, technique, theory, rhythm and learn to play songs of choice from a variety of styles! Books and sheet music are sold separately through Palos Music Instruction. This is an 8-week program (1 lesson/week). Monday-Thursday time slots available, 10:00am—8:00pm, Fridays, 10:00am-6:00pm and Saturdays, 8:00am—2:00pm (30 minute private individual lesson.) For homeschoolers daytime hours are available. Make up classes are available only during the 8 week program. 24-hour advance notice policy for lesson cancellations. No make up lessons for no shows. Classes begin first week of June.

**#140204-1      R: \$184.00/NR: \$194.00**

# ADULT YOGA

## SENIOR CHAIR YOGA

A gentle class where most poses are done seated or standing with the assistance of a chair. Increase strength and range of motion as well as regain balance. Please bring a small pillow or blanket to class. Wear clothing that allows movement. It is recommended, but not mandatory, that you wear footwear (you may keep your socks on) that can be easily removed and replaced for class. Even the muscles and tendons of the feet and toes need yoga! Breathing techniques to increase awareness and relax the nervous system. **No class May 25.**

**Location:** Palos Hills Community Center  
**Dates:** **Session 1** May 11 - June 29 #150912-A  
**Session 2** July 13 - August 31 #150912-B  
**Day:** Mondays  
**Time:** 4:45 - 5:45 pm  
**Cost:** Session 1: R:\$56.00/NR:\$61.00  
Session 2: R:\$64.00/NR:\$69.00  
**Ages:** 50 years old and up  
**Min/Max:** 8/30 **Instructor:** Kathy Ruiter

## STRONG, STRETCHED & SERENE YOGA

This class is for those (but not exclusive to) previous yoga experience. As you progress, more strenuous postures will gradually increase muscle power and longer holds will increase strength and flexibility. Focus will be on relaxation and meditation in each pose by way of proper breathing. Note: Previous Yoga experience is recommended, but is not required. **No class May 25.**

**Location:** Palos Hills Community Center  
**Dates:** **Session 1** May 11 - June 29 #150917-A  
**Session 2** July 13 - August 31 #150917-B  
**Day:** Mondays  
**Time:** 6:00 - 7:00 pm  
**Cost:** Session 1: R:\$56.00/NR:\$61.00  
Session 2: R:\$64.00/NR:\$69.00  
**Ages:** 16 years old and up  
**Min/Max:** 8/30 **Instructor:** Kathy Ruiter

## YOGA FOR EVERYONE

Rejuvenate and Relax! No previous experience in yoga is necessary. This class will address flexibility, strength, mental focus and most importantly, relaxation. Proper breathing and posture will be emphasized. Bring a yoga mat and a yoga strap to class. **No class May 25.**

**Location:** Palos Hills Community Center  
**Dates:** **Session 1** May 11 - June 29 #150916-A  
**Session 2** July 13 - August 31 #150916-B  
**Day:** Mondays  
**Time:** 7:15 - 8:15 pm  
**Cost:** Session 1: R:\$56.00/NR:\$61.00  
Session 2: R:\$64.00/NR:\$69.00  
**Ages:** 16 years old and up  
**Min/Max:** 8/30 **Instructor:** Kathy Ruiter

## ADULT YOGA - Con't

### GENTLE YOGA—NEW DATE FOR SUMMER

Gentle but effective movements in a chair to increase range of motion, build strength and increase overall well-being. Wonderful for those with arthritis or knee/hip replacements or those who cannot otherwise get on the floor for traditional poses. Bring a small, firm pillow or blanket for back support.

**Location:** Palos Hills Community Center

**Dates:** **Session 1** May 15 - June 26

**#150920-A**

**Session 2** July 10 - August 28

**#150920-B**

**Day:** Fridays

**Time:** 10:30 - 11:30 am

**Cost:** Session 1 R:\$56.00/NR:\$61.00

Session 2 R:\$64.00/NR:\$69.00

**Ages:** 18 years old and up

**Min/Max:** 8/30

**Instructor:** Kathy Ruiter

## DOG OBEDIENCE

### GOOD DOG! DOG OBEDIENCE

How would you like to have a better dog in just a few weeks? Learn training techniques in this affordable class. Dog obedience classes include instruction in basic obedience, manners, socialization and tips on general health. Dog obedience is for dogs ages 6 months and up. The class can also serve as a refresher course for dogs with previous training, and include some tricks and the opportunity to earn the AKC Canine Good Citizen Certificate. The class is designed for adults and, while the children may participate in the class with their parents, an adult must be the primary trainer. Proof of vaccinations is required. Also, please bring a dog waste bag. The names of all individuals attending the class must be listed on the registration form.

**Location:** Palos Hills Community Center

**Dates:** July 15-August 19

**#150815-1**

**Day:** Wednesdays

**Time:** 7:30 - 8:30 pm

**Ages:** 18 years and older with dog

**Cost:** R:\$70.00/NR:\$75.00

**Min/Max:** 5/8

**Instructor:** Tommy Whang

# ADULT PICKLEBALL

## ADULT BEGINNER PICKLEBALL - NEW! COOP with Palos Park Recreation

This class is for those who have never played pickleball before or who have very limited experience with the sport. It will focus on pickleball basics such as forehand and backhand shots, serving and court positioning. Players will also learn scoring and the rules of the game through drills and playing time. The slower pace of this class will give players the opportunity to develop the skills needed to play this fun and energetic game. All equipment will be provided.

**Location:** Village Green Courts, Palos Park  
**Dates:** **Session 1** June 6 - July 11, Not July 4 #111129-A  
**Session 2** July 18 - August 15 #111129-B  
**Day:** Saturdays  
**Time:** 10:30 - 11:30 am  
**Cost:** Session 1 R:\$65.00/NR:\$75.00  
Session 2 R:\$65.00/NR:\$75.00  
**Ages:** 18 years old and up  
**Min/Max:** 4/6

## ADULT ADVANCED BEGINNER PICKLEBALL - NEW! COOP with Palos Park Recreation

This class is for advancing beginners who have some experience and want to move to a faster pace to improve their basic shots and strategy. Players will participate in challenging drills to work on consistency in forehand and backhand shots, serving, volleying, dinks and lobs. Through matches played each week, players will get the chance to take their game to the next level by learning how to play smarter, not harder. All equipment will be provided.

**Location:** Village Green Courts, Palos Park  
**Dates:** **Session 1** June 6 - July 11, Not July 4 #111126-A  
**Session 2** July 18 - August 15 #111126-B  
**Day:** Saturdays  
**Time:** 11:30 am - 12:30 pm  
**Cost:** Session 1 R:\$65.00/NR:\$75.00  
Session 2 R:\$65.00/NR:\$75.00  
**Ages:** 18 years old and up  
**Min/Max:** 4/6

# JAZZERCISE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 am	9:15 am	9:15 am		9:15 am	9:00 am
4:50 pm		4:00 pm	4:50 pm		
6:15 pm	6:15 pm	4:30 pm	6:15 pm		

Jazzercise is the original dance party workout. We are an inclusive woman-owned fitness company dedicated to helping people of all ages, sizes and fitness levels live healthier, happier lives through fitness. We believe that working out is about more than looking great—it should make you feel great. The program fuses dance cardio and strength training in a 55-minute sweat session that burns up to 800 calories per class. You'll leave feeling re-energized and ready to take on the world.

Limited time offer: 2 weeks of unlimited classes for \$59, new customers only, no commitment.

Most popular is our monthly membership (recurring) at \$89.

For more information, check our website at [www.Jazzercise.com](http://www.Jazzercise.com) (type in Palos Hills location) or email Aggie Lubon at [Lubonki@aol.com](mailto:Lubonki@aol.com).



**Jazzercise Palos Hills  
Community Center |  
Dance Fitness Classes**

[www.jazzercise.com](http://www.jazzercise.com)

# ADULT SUMMER TRIPS

## CHINATOWN TOURS, Chicago

Come visit one of Chicago's most unique neighborhoods and be transported straight to Eastern Asia. Established in the 19th Century, Chicago's Chinatown is one of the oldest Chinatowns in the nation. This historic community is filled with stunning architecture, traditional shops, family-owned restaurants, and more. We will start with a guided tour in the comfort of a motor coach bus, followed by a few hours of a solo adventure. You can explore, eat, shop and more at your own pace! Lunch and shopping are paid for on your own.

**Depart/Return:** Palos Hills Community Center #150307-1  
**Day/Date:** Tuesday, June 23  
**Time:** 9:00 am - 3:00 pm (approximately)  
**Cost:** R:\$75.00/NR:\$85.00 (includes tour and motor coach transportation, lunch and shopping are on your own.)  
**Ages:** 18 years old and up  
**Min./Max:** 12/12

**Note:** This trip is a collaborative program between the Village of Palos Hills, the Village of Palos Park, and the Worth Park District. Throughout the tour, there will be optional stops to get off the bus and explore, but participants are welcome to remain on board and enjoy the full experience from the comfort of the bus.

## WIND CREEK CASINO, East Hazel Crest

Win big at a player's paradise! Take a seat at one of the 56 different table games, spin one of the 1400 slot machines, or bet on some of the biggest games of the season. We will grab lunch at The Spot for classic American cuisine between your winnings. Gambling and lunch are paid for on your own.

**Depart/Return:** Palos Hills Community Center (Transportation in CRRD Bus)  
**Day/Date:** Thursday, July 16 #150924-1  
**Time:** 9:00 am - 2:30 pm (approx.)  
**Cost:** R:\$10.00/NR:\$15.00 (transportation only, lunch and gambling on your own)  
**Ages:** 18 years old and older  
**Min/Max:** 6/14

## STARVED ROCK LAND & WATER TOUR, Oglesby, IL

Take in Starved Rock's beautiful waters and stunning canyons! Enjoy a delicious lunch at the Lodge Restaurant, ride on a historical trolley tour, and relax on a river cruise. You may even learn about some of the local legends! This trip is in collaboration with Palos Park and Worth.

**Depart/Return:** Worth Park District, 11500 S. Beloit, Worth #150904-1  
**Day/Date:** Monday, August 17  
**Time:** 8:30 am - 5:15 pm (approx.)  
**Cost:** R:\$85.00/NR:\$95.00 (includes lunch, trolley tour, boat tour and transportation.)  
**Ages:** 18 years old and older  
**Min/Max:** 9/9  
**Note:** This trip departs and returns at the Worth Park District.

# ADULT SUMMER TRIPS-cont.

## SCENIC SHOPPING TRIP—DOWNTOWN NAPERVILLE & RIVERWALK , Naperville, IL

Come explore what is consistently voted as one of the best suburban downtown areas. Whether you're browsing one of its 150+ shops or sightseeing at the Riverwalk, there is a little something for everyone! We will have lunch at Lou Malnati's before you go on your solo adventure. Trip cost includes transportation only, shopping and lunch are on your own.

**Depart/Return:** Palos Hills Community Center  
**Day/Date:** Thursday, September 10 **#150227-1**  
**Time:** 11:00 am - 4:30 pm (approx.)  
**Cost:** R:\$10.00/NR:\$15.00 (includes transportation in CRRD vehicle, lunch and shopping are paid for on your own.)  
**Ages:** 18 years old and older  
**Min/Max:** 6/14

## LUNCH BUNCH— NEW day in the summer—Fridays!

Stay Active, Stay Social!

Don't miss the Lunch Bunch! Join us as we head to different lunch locations. Perhaps you want to check out a new restaurant, but are looking for a lunch buddy to go with you. We will explore new restaurants and enjoy some old time favorites. Spots are limited, don't wait to sign up. The fee includes transportation only; lunch is on your own. **Note: Please bring cash on the trips so it is easier to pay with one check.**

**Location:** Depart from Palos Hills Community Center  
**Day:** Fridays  
**Time:** 11:00 am - 2:30 pm  
**Cost:** R:\$10.00/NR:\$15.00  
**Ages:** 18 years old and up **Min/Max:** 6/14

## June 19 - Uncle Bub's BBQ, Westmont **#150423-1**

Uncle Bub's specializes in slow-smoking meats-such as brisket, ribs, pulled pork, and chicken—using hardwood fires for an authentic, smoky flavor. Featuring a rustic, casual atmosphere, serving comfort food sides like mac n cheese, coleslaw, and baked beans. From their pit to your plate-no shortcuts, just real BBQ bliss.

## July 17 - Chef Klaus, Frankfort **#150425-1**

A German hearty and diverse restaurant, focusing on meats, potatoes and rich sauces, with iconic dishes like Sauerbraten, Schnitzel, various Bratwursts, tangy Sauerkraut, and comforting potato dumplings. Come and join us for one of our favorite places to eat..

## August 21 - Avanzare, Lombard **# 150427-1**

A cozy upscale spot with a bar dishing up Italian fare like wood-fired pizza and homemade pasta. They take pride in offering an authentic Italian culinary experience, where guests can indulge in fresh, old-world Italian cuisine. Quality is evident in every dish, as they prepare their food using handmade and brick-oven baked bread and pasta.

# ADULT SUMMER TRIPS & SUMMER CONCERTS

## MIX N MINGLE—NEW!

Looking for a place during the week for an early dinner? We are thrilled to invite you to an evening of exciting new restaurants and their special offers. Join us as we have picked restaurants that will feature a variety of foods and great ambiance, at special prices. Whether you are winding down from a busy day or looking to make new friends, this is a perfect opportunity to kick back and enjoy some time together. **Note: Please bring cash on the trips.**

**Location:** Depart from Palos Hills Community Center

**Day:** Thursdays

**Time:** 3:15 - 6:00 pm

**Cost:** R:\$10.00/NR:\$15.00

**Ages:** 18 years old and up

**Min/Max:** 4/8

**July 30 - Fox's Restaurant & Pub, Oak Lawn**

**#150428-1**

Help keep the Irish tradition alive at this Southside pub! Having been in the family for generations, they've curated a select menu of old-style and new-style dishes. Try the shepherd's pie, the array of sandwiches, or famous pizza recipe that started it all.

**September 3 - North & Maple Kitchen + Bar, Tinley Park**

**#150429-1**

Experience classic dishes and cocktails with a modern vibe. A restaurant so comfortable and laidback, it has been endearingly nicknamed "NOMA!" Come try the NOMA specialties, including their signature wings, salads, burgers and desserts.



**City of Palos Hills**

**SUMMER  
CONCERTS**

**FREE at BENNETT PARK**

**Bring chairs or blankets. No alcohol allowed in the park.**

<b>JULY 23</b> <b>Jimmy Carroll</b> <b>6:30 - 8:30 PM</b>	<b>AUGUST 13</b> <b>Magical Keys</b> <b>6:00 - 7:00 PM</b>
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## 39'ers SENIOR CLUB

The Palos Hills Seniors Club is looking for new members. Join us for some fun! It's a place to meet new people and get together with old friends. Laughter is the best medicine and this group loves to laugh and have a good time. There is always something exciting happening at the Palos Hills Community Center for seniors - luncheons, entertainment, bingo and informational workshops are offered. Activities are held at the Community Center located at 8455 W. 103rd Street, 12:00 - 2:00 pm on the 2nd and 4th Wednesdays of the month to Palos Hills residents, age 55+. If you can't make every event, that's ok, we would love to see you when you do. Activity Fee for events and luncheons must be paid at least one week in advance. Sorry no walk-ins or refunds. If you have any questions, or would like a list of upcoming activities call Sophia at the Community Center at 708-430-4500. **Boxes shaded in gray will take place at the Palos Hills Golf Course.**

<p><b>May 13 — \$5.00 per person</b> <b>Cinco de Mayo</b></p> <p>We will be having a taco party! Bring your appetite and your music knowledge because we are going to play NAME THAT TUNE!</p> <p><b>Mexican Food</b></p>	<p><b>May 27 - \$4.00 per person</b> <b>Jeopardy</b></p> <p>Let's test our knowledge today. We will play to see who can think fast and be the winner. Only one can win, will it be you?</p> <p><b>Sloppy Joes &amp; Cole Slaw</b></p>	<p><b>June 10 - \$2.00 per person</b> <b>Sports Day &amp; Bingo</b></p> <p>Today we will play trivia with each table making a team. Wear your favorite team jersey. <b>Takes place at the Palos Hills Golf Course.</b></p> <p><b>Nachos &amp; Toppings</b></p>
<p><b>June 24 - \$3.00 per person</b> <b>Picnic and Bingo</b></p> <p>Summer is here and we will be enjoying some delicious food and great weather. <b>Takes place at the Palos Hills Golf Course.</b></p> <p><b>Fried Chicken, Potato Salad, &amp; Fruit</b></p>	<p><b>July 8—no meeting today</b></p> <p>We will be back on July 22. Don't forget stop by the Friendship Festival, amazing fireworks on Sunday, July 12, at dusk.</p> <p>Mark your calendars for National Night Out on Tuesday, August 4.</p>	<p><b>July 22 - Free Day!</b> <b>Price is Right</b></p> <p>Enjoy a variety of ice cream novelties and a few salty snacks.</p> <p>Game on! Let the fun begin! <b>Takes place at the Palos Hills Golf Course.</b></p> <p><b>Salty sweet treats</b></p>
<p><b>August 12 - \$2.00 per person</b> <b>White Elephant Sale and Auction</b></p> <p>Its that time of year to clean out your closets and get ready for a fun filled afternoon with lots of laughs and bargains. .</p> <p>Tickets to buy items—10 tickets for \$ 1.00.</p> <p><b>Chicken Salad &amp; Lemonade</b></p>	<p><b>August 26 — \$3.00 per person</b> <b>Summer Bash—Casino</b></p> <p>Get ready to experience the thrill of the game. We will be playing a few casino games and see who will be the lucky winner.</p> <p><b>Charcuterie board and seasonal fruit</b></p>	

### Palos Hills New Horizons Senior Club

Membership is open to adults and their guests 60 years of age and older residing in Palos Hills. Enjoy BINGO, Casino Trips and Parties. Meetings are held on the 1st and 3rd Wednesday of the month at 6:00 pm at the Community Center, 8455 W. 103rd St. New members can join anytime. Yearly dues are \$3.00 payable at the start of the 1st meeting.

Call the Community Center at 430-4500. A club member will return your call.



# Pathlights

Enriched by experience.  
Empowered in life.

## Supporting Our Community as We Age

As we age, our needs evolve — and having the right support can make all the difference. Our mission is to inform, support and empower individuals and families as they navigate aging.

### How Can We Help?

- Information and Assistance – Connect with knowledgeable staff who can help you understand your options and link you to resources – including referrals for in-home services such as meals, personal care, and housekeeping.
- Caregiver Support – Tools, education, and respite for those caring for a loved one.
- Benefits Assistance – Help applying for programs like Medicare, Medicaid, SNAP, and more.
- Supportive Programs – Educational workshops, caregiver events, and support groups

Call us at 708-361-0219  
Visit us at [www.pathlights.org](http://www.pathlights.org)

### PATSE Bus Service



The PATSE Bus services provides bus service for individuals 60 and older who live within the Palos Township or are physically disabled. Bus service is available Monday - Friday from 8:00 am - 1:30 pm for rides to doctors, medical appointments, stores and beauty shops. For more information about PATSE bus, please call 708-430-3822.

# REGISTRATION INFORMATION

## How to Register

1. The only way to register for programs is to come into the Community Center, 8455 W. 103rd Street. We take cash, check or charge. Complete the registration form; be sure to include the program number and signatures. Please read all registration instructions carefully because some programs have special registration requirements.
2. If mailing in and paying by check, please include the registration form with check for the correct total fee. Please include your phone number on the check and make check payable to the Palos Hills Community Resource & Recreation Department.
3. The Community Resource & Recreation Department will check proof of residency.
4. The Palos Hills Community Resource & Recreation Department does not mail confirmation cards to confirm program registration. You may assume that you are enrolled in your first choice of programs for which you have registered unless you receive a phone call from our staff.
5. Telephone registration is not accepted.
6. Proof of residency must be shown at time of registration. Non-Residents may enroll in any program for an extra fee.

## When does registration begin?

Please call the Community Center at 708-430-4500 to determine when resident registration begins. Non-resident registration will begin one week following resident registration. Mail in and drop off registrations will be placed in open program slots in the order they are received. Registrants will be notified of any class conflicts at the time of registration.

## Registration Policies

1. Fees for late registration will not be prorated.
2. The Palos Hills Community Resource & Recreation Department reserves the right to cancel or postpone programs due to insufficient participation numbers.
3. Registration fees are transferable if requested prior to the first day of class.
4. It is the registrant's responsibility to record times and locations of programs they are enrolled in.
5. The Palos Community Resource & Recreation Department is not responsible for lost or late mail or drop off registrations.
6. By registering for Community Resource & Recreation Department programs, each registrant realizes the inherent risks involved in the program and appreciates the nature of these risks. The applicant holds the Palos Hills Resource & Recreation Department harmless for any damages caused by participation in these programs.
7. Participants or their parents (if participant is under 18) permit the taking of photos, audio and videotapes during Palos Hills Community Resource & Recreation Department activities for publication and use as the department deems necessary.
8. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.
9. Signatures on registration forms are mandatory. Forms without signatures will be returned to registrant thereby jeopardizing their registration.
10. Individuals registering for other family member and friends or neighbors must complete a separate registration form and make sure it is signed by the person who is participating in the program.

## Typographical Errors

Our staff has made every effort to prepare this brochure as accurately as possible; however errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. All typographical and printing errors are subject to correction.

# Program Registration Form

## Assistance Required

If you or your child require some type of physical assistance due to a special need or condition, please indicate special need and the assistance and/or accommodation needed:

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**8455 West 103rd Street  
 Palos Hills, IL 60465  
 Phone (708) 430-4500  
 Fax (708) 430-8376  
 Website: [www.paloshillsweb.org](http://www.paloshillsweb.org)**

Last Name: \_\_\_\_\_ Adult First Name: \_\_\_\_\_

Email: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Emergency Name: \_\_\_\_\_

Home( ) \_\_\_\_\_ Work/Cell( ) \_\_\_\_\_ Emergency( ) \_\_\_\_\_

Please read this form carefully and be aware that signing up and participating in this program you will be waiving and releasing all claims for injuries you might sustain arising out of this program. As a participant in the Palos Hills Community Resource & Recreation Dept. program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages, or loss which I may sustain as a result of participating in any and all activities connected with or associated with such Programs. I agree to waive and relinquish all claims I may have as a result of participating in the program against the Palos Hills Resource & Recreation Dept. and its offers, agents, servants, local sponsors, and employees. I agree to allow the Palos Hills Resource & Recreation Dept. to use my family and I in any photo, audio and/or videotape for any publicity used by the City of Palos Hills. I do hereby fully release and discharge the Palos Hills Resource & Recreation Dept. and its officers, agents, servants, and employees from any and all claims sustained by me and arising out of, connected with, or in any way associated with the activities of the program. I understand that no refunds can be made for any reason unless a program or event was canceled by the Palos Hills Resource & Recreation Dept. Any individual or group, which submits a non-sufficient check for payment of a registration fee, will be charged a \$15.00 processing fee. I have read and fully understand the Program details on the reverse side. I have read and fully understand the Waiver and Release of all claims information.

**X**

\_\_\_\_\_  
 Participant SIGNATURE (All Adults 18 Years and Older)

\_\_\_\_\_  
 Date

Activity Number	Activity Name	Registrants Last Name	Registrants First Name	Sex	Birth Date Mo./Day/Yr..	Fee

**See Registration Information on the back of this form**

TOTAL FEE \_\_\_\_\_  
 CHECK # \_\_\_\_\_

# REGISTRATION INFORMATION

## Refund Procedures

1. A prorated in house credit will be issued to the family household account if the application for refund/credit is received prior to the start of the third class.
2. Any cash or credit refunds issued after the start of class will be up to the discretion of the Commissioner.
3. All requests for refunds must be made through an official refund/credit application form..
4. Refunds typically take two to three weeks to process if the original payment was by cash or check. All other refunds will be done after they are approved by the Commissioner.
5. There may be an \$8 administrative fee assessed to each refund.
6. No telephone or email refunds.
7. It is the responsibility of the participant to attend the class/trip/program he/she is registered for. No refunds will be given for failing to attend a class/trip/program. **No refunds or credits will be given for missing a trip unless a replacement is found.**
8. Medical credit situations will be handled individually with a doctor's note.
9. All day camp field trips have a non-refundable fee unless canceled by the department.
10. Credits must be used within six months of issue date.
11. Cancellations for day camp and playschool must be received in writing on the credit/refund form, two (2) weeks prior to the beginning of the class/camp session. No refunds/credits will be given after that date.
12. All other contracted camps and classes will follow the policy of day camp.
13. There will be no prorating of programs due to late starts, early withdrawals or failure to attend class(es).

## Behavior Policy

The Palos Hills Community Resource & Recreation Department has an established behavior policy relative to inappropriate behavior. Inappropriate behavior is defined as that which disrupts a recreation program and which requires a program leader to call for a stop of the behavior due to its effect on other participants or on the leader's ability to conduct the program. Such behavior may call for an immediate and/or permanent dismissal of the participant. Additional rules may be developed for individual programs and athletic events as deemed necessary by staff. No credits or refunds will be given for behavior dismissal.

## Waiting Lists

If a program is full, a waiting list will be started. When this is possible, individuals on the waiting list will be called in the order they are placed on the waiting list. However due to schedule restrictions, it is not always possible to accommodate all individuals on waiting lists and in such cases those individuals will not be called.

## Credit Card Information

Program registrants are able to pay for program fees with a Discover Car, Visa, Master Card or American Express. If paying by credit card, you may need to provide photo identification.

## NSF Checks

Any individual or group which submits a non-sufficient funds check for payment of a registration fee will be charged \$20.00.

## We Love Parents But...

Please do not remain in the classroom or gym after dropping off your child. Continual interruptions tend to affect the children's participation levels. You are more than welcome to sit and relax in the lobby.

# PALOS HILLS PARK SITES & FACILITIES

## GUIDELINE FOR PARKS

### LOCATION INFORMATION

City of Palos Hills - City Hall  
10335 S. Roberts Road  
Palos Hills, IL 60465  
(708) 598-3400

Palos Hills Community Center  
8455 W. 103rd Street  
Palos Hills, IL 60465  
(708) 430-4500

Palos Hills Municipal Golf Course  
7301 W. 105th Street  
Palos Hills, IL 60465  
(708) 599-0202

Palos Hills Riding Stables  
10100 Kean Avenue  
Palos Hills, IL 60465  
(708) 598-7718

Apollo Recreation Center  
12521 S. Kostner  
Alsip, IL 60803  
(708) 389-1003

Palos Park Recreation Center &  
Village Green Courts  
8901 W. 123rd Street  
Palos Park, IL 60464  
(708) 671-3760

City of Palos Hills Ordinance Section 2.48.070  
For a complete list of rules visit our website at  
[www.paloshillsweb.org](http://www.paloshillsweb.org)

### For All Parks

1. All Dogs Must be on a leash.
2. Dog Waste - must be picked up and removed by the owner.
3. No person shall be allowed to swim, bathe, wade or enter into any water feature located on any City property. A water feature is any pond, lake, retention/detention pond or waterfall.
4. Ice skating is allowed on City made ice skating areas only.
5. No person may sleep overnight or camp in any park.
6. No person shall enter an area posted as "Closed to the Public" nor shall any person use any area in violation of posted notices, included but not limited to parking areas designated for the handicapped.
7. The City of Palos Hills reserves the right to close a park for City held functions.

### Bennett Park Lake Rules

No Swimming, Boating, Ice Skating, or Camping.  
Fishing is catch and release only.

## PALOS HILLS PARKS

Town Square - 8500 W. 103rd Street

Indian Woods - 100th Street & 82nd Avenue

Michael Park - Michael Drive & 105th Street

Loveland Park - 8500 W. 106th Street

Aspen Park - 105th Street & Aspen

Calvary Park - 111th Street & Roberts Road

Krasowski Park - 104th Place & Tod Drive

Volunteer Park - 99th Street & 88th Avenue

Bennett Park - 10801 Roberts Road

Glacier Park - 101st Street & 78th Avenue

Check Our Website for Additional Information at  
[www.paloshillsweb.org](http://www.paloshillsweb.org)

**City of Palos Hills**  
**CHIPPER TRUCK SERVICE GUIDELINES & SCHEDULE**

The chipper truck service is provided to single family homes within the City of Palos Hills. The service is not available to commercial businesses, townhouses, condominiums, apartments, new construction, not approved for occupancy properties and vacant lots. **The chipper service will not pick up branch materials cut or placed at the edge of the roadway by any contractor or professional / commercial tree trimming /removal companies.**

Service cycles normally begin on Monday unless there is a Monday holiday. **To ensure a timely branch pick up please place your branches, in your front parkway, at the edge of the roadway by Monday morning.** Please avoid placing branches out before your pick up week or after the truck has serviced your street/address. The branch pile may cause storm water drainage problems or block the view of motorist and pedestrians creating a safety concern.

Branches should be cut between 4 feet long and 6 feet long with a minimum diameter of ½ to 1 inch and a maximum diameter of 10 inches. **Please no vines or vine like materials.** Branches larger than 10 inches in diameter must be cut into logs 18” to 24” long. **A fee is charged for log and root ball pick up.**

For safety reasons the chipper service only takes branches cut to the proper length. Any materials other than properly cut branches will be left for the resident to dispose.

Branches should be neatly stacked and placed three feet from the edge of the roadway with the cut ends of the branches facing the roadway. Improperly stacked branch piles (cross stacked or bird nest stacked piles) will be passed by and will not be picked up until they are properly restacked.

**Root balls and logs will be picked up upon request.** Call City Hall at 598-3400 to request this service. Logs must be cut between 18” and 24” in length. A fee of \$5.00 per log and \$10.00 per root ball will be added to your water bill for each root ball and log picked up.

<b>Section #1</b>	<b>North side of 99<sup>th</sup> St. going north to 95<sup>th</sup> St. West side of Roberts Rd. going west to Kean Ave.</b>	<u>03/16/2026</u>	<u>05/04/2026</u>	<u>06/22/2026</u>	<u>08/10/2026</u>	<u>09/28/2026</u>
<b>Section #2</b>	<b>North side of 103<sup>rd</sup> St. going north to south side of 99<sup>th</sup> St. West side of 86<sup>th</sup> Ave. going west to Kean Ave.</b>	<u>03/23/2026</u>	<u>05/11/2026</u>	<u>06/29/2026</u>	<u>08/17/2026</u>	<u>10/05/2026</u>
<b>Section #3</b>	<b>North side of 103<sup>rd</sup> St. going north to south side of 99<sup>th</sup> St. 78<sup>th</sup> Ave. going west to east side of 84<sup>th</sup> Ave.</b>	<u>03/30/2026</u>	<u>05/18/2026</u>	<u>07/06/2026</u>	<u>08/24/2026</u>	<u>10/12/2026</u>
<b>Section #4</b>	<b>North side of 107<sup>th</sup> St. going north to south side of 103<sup>rd</sup> St. West side 84<sup>th</sup> Ave. going west to Kean Ave.</b>	<u>04/06/2026</u>	<u>05/26/2026</u>	<u>07/13/2026</u>	<u>08/31/2026</u>	<u>10/19/2026</u>
<b>Section #5</b>	<b>North side of 107<sup>th</sup> St. going north to south side of 103<sup>rd</sup> St. Vicky Lane going west to east side of 84<sup>th</sup> Ave.</b>	<u>04/13/2026</u>	<u>06/01/2026</u>	<u>07/20/2026</u>	<u>09/08/2026</u>	<u>10/26/2026</u>
<b>Section #6</b>	<b>North side of 107<sup>th</sup> St going north to south side of 103<sup>rd</sup> St. West side of Harlem Ave. going west to Michael Dr.</b>	<u>04/20/2026</u>	<u>06/08/2026</u>	<u>07/27/2026</u>	<u>09/14/2026</u>	<u>11/02/2026</u>
<b>Section #7</b>	<b>South side of 107<sup>th</sup> St. going south to city limit West side of 76<sup>th</sup> Ave. going west to Kean Ave.</b>	<u>04/27/2026</u>	<u>06/15/2026</u>	<u>08/03/2026</u>	<u>09/21/2026</u>	<u>11/09/2026</u>

CITY OF PALOS HILLS

# TOUCH A TRUCK



**FREE**

FIRE, CONSTRUCTION, POLICE, AND MORE!

TOWN SQUARE PARK  
JULY 24  
10 AM - 12 PM



## NATIONAL NIGHT OUT

CITY OF PALOS HILLS  
10<sup>TH</sup> ANNUAL  
NATIONAL NIGHT OUT  
\*\*\*  
**AUGUST 4TH**  
6:00 - 8:00 PM

**FREE**

FACE PAINTER - POLICE VEHICLES - BAND  
FOOD (WHILE SUPPLIES LAST)

TOWN SQUARE PARK  
8455 W. 103<sup>RD</sup> STREET



City of Palos Hills



# SUMMER CONCERTS

**FREE at BENNETT PARK**

Bring chairs or blankets. No alcohol allowed in the park.

<p><b>JULY 23</b> Jimmy Carroll 6:30 - 8:30 PM</p>	<p><b>AUGUST 13</b> Magical Keys 6:00 - 7:00 PM</p>
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Sponsored by Angelika Kipta  **State Farm**  
For more information, call 708-430-4500

Palos Hills Community Resource & Recreation Department  
8455 W. 103rd Street  
Palos Hills, IL 60465

PRSR STD  
U.S. POSTAGE  
PAID  
PERMIT #254  
Worth, IL 60482

ECRWSS  
POSTAL CUSTOMER  
PALOS HILLS, IL 60465

*Providing a Healing Experience*

# Palos-Gaidas

## FUNERAL HOME

The Gaidas family has been serving families for over two generations in the Chicago land area. With humble beginnings in Chicago's Back of the Yards and Brighton Park communities, we have been taking care of families by providing a "healing experience."

Over the years, Palos-Gaidas Funeral Home has continually provided dignified and compassionate service to the many families who call upon us. Our commitment to our family and community is reflected in our involvement with various organizations. We support many community endeavors, including church and civic groups, schools, and charitable organizations.



Let us show you how our commitment to excellent care  
can help your family when you need it most.  
We look forward to hearing from you.

Dave and Loretta Gaidas

*11028 Southwest Highway, Palos Hills, IL 60465*

*Phone: 708-974-4410*

*[www.palosgaidasfh.com](http://www.palosgaidasfh.com) • [palosfh@comcast.net](mailto:palosfh@comcast.net)*

